

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

VOLUME 11, NO. 9 • WWW.MYFAIRFIELD.NET • WWW.EMMITSBURG.NET • MYTHURMONT.NET • SEPTEMBER 2019

NEWS

Sign Ordinance Narrowly Passes
Commissioner Ritz questions why town needed such an onerous ordinance. **Page 2**

HVAC Project On Schedule
With students ready to return, school district rushed to finish \$10.3 million HVAC project. **Page 3**

Thurmont Approves Zoning Changes
Changes allow feather signs, increase parking & building height and covered decks. **Page 4**

Town Council Candidates Speak Out
The three candidates make their case for why they deserve your vote. **Page 6 & 7**

COMMENTARY
Words From Winterbitt
The facts behind the Iran deal versus what we are told. **Page 10**

Down Under
A comparison between Trump and the newly elected Prime Minister of Australia. **Page 11**

ARTICLES
The Book Of Days
September is a time to gather the golden harvest. **Page 13**

Ecology
Take some time this fall to watch the wildlife as they begin their migration. **Page 14**

In The Country
By practicing the "leave no trace" principle in our outdoor affairs we can assure everyone will enjoy what nature has to offer. **Page 15**

Real Science
A look back at America's first trip to the moon. **Page 16**

Pets
We live in such a disposable society – don't let pets be disposable too. **Page 20**

World War I
September 1919 – The Austrian-Hungarian Empire ceases to exist. **Page 26**

Cooking
Try some of these South Mountain Fair award winning pie and cake recipes! **Page 30**

Four Years At The Mount
Our writers discuss the value of hard work, goals, and what hard work means to them. **Page 34**

Complementary Corner
The importance of words and how they affect our mind, body and soul. **Page 42**

Thurmont readies for 6th Gateway to the Cure

Thurmont is gearing up for the Sixth Annual Gateway to the Cure Campaign, which will be held throughout the entire month of October. In 2014, the town of Thurmont began the Gateway to the Cure Campaign to spread awareness about breast cancer to support the Patty Hurwitz Fund at Frederick Memorial Hospital.

Jeff and Patty Hurwitz established the Patty Hurwitz Fund in 1999 soon after Patty was diagnosed with breast cancer. The goal of the fund is to provide patients with the best options in early detection and treatment of breast cancer without having to travel long distances. Thus far, funds raised for the Patty Hurwitz Fund have made the new James M. Stockman Cancer Institute a reality for cancer patients in the community. Additionally, 3D and CAD Mammography Systems have been purchased to assist in the detection of breast cancer and a healing space for patients and families at the Center for Breast Care at FMH Crestwood was created.

Since the beginning, the town's residents and businesses jumped into the campaign enthusiastically raising \$5,390 in 2014, \$10,000



Last year's Think Pink Events raised a record \$18,000 for breast cancer research at FMH. This year they hope to set another record.

in 2015, \$14,400 in 2016 and \$15,000 in 2017 and \$18,000 in 2018 for a total of approximately \$60,000. The town hopes to raise even more during this year's campaign.

In order to top last year's number, Thurmont staff decided to get a jump-start this year. A ZumbaThon was held at the Thurmont American Legion on April 7. Led by Zumba Instructor Kellie Bevard, this initial event raised \$900 in just two hours, both surpassing last year's funds raised and increasing its attendance. New this year was the Gateway to the Cure Golf Classic coordinated by Missy Zook-Grimes, held on June 21. This brand new event raised \$1,900 and was well attended by 44 golf-

ers. Thurmont Economic Development Manager Vickie Grinder commented, "We knew our first year we would not clear a large amount of proceeds because we had many expenses. We wanted to deliver a primo event for the golfers to provide a great experience while helping the cause. We know this event will grow based on the positive feedback received from the golfers and the golf pro at Maple Run Golf Club."

As in prior years, pink light bulbs will be sold to allow residents to show their support by turning on their Pink every evening from 6-8 throughout the month. Pink light bulbs will be available at Hobbs and Ace Hardware, and the town office for \$4 each. In addition, the Town

Office will be selling Gateway to the Cure tote bags, pink pinwheels, magnets, T-shirts, cookbooks from the FMH Hurwitz Breast Cancer Fund and water bottles. Many businesses throughout the community will also have "pink" specials to help raise funds.

The campaign has grown over the past few years, and will surely continue to grow as residents and businesses have continuously shown overwhelming support for the cause. Last year 40 businesses stepped up and showed their support through their "pink" specials and donations. Without their support, Thurmont's Gateway to the Cure campaign wouldn't be possible. So join Thurmont and "Turn Your Pink On!" this October.

Pippinfest turns 39

Fairfield's 39th Annual Pippinfest will be held September 28 and 29. A twelve member group from the Fairfield Borough's Pippinfest Committee spend months planning and organizing this event every year. Organization for the festival typically starts in February, but really kicks in during the month of June, when Committee members begin setting the schedule and organizing vendors.

Dating back to 1980, the Pippinfest festival holds its roots firmly in community togetherness. The festival was started as a way to promote local non-profits, which has been a continued tradition ever since. As a way to bring townspeople together, David Thomas, the owner of Fairfield Inn in 1980, invited local clubs and school groups to participate in a community-wide celebration of the apple harvest. As a small town with a strong sense of community, the citizens of Fairfield were eager to support the idea and an all-day street festival was planned.

Local Boy Scout troops, high school groups, churches and many others are able to sell food, drinks and other goods in order to help raise money for their organization.

The Pippinfest brings people into the community, fosters an environment of fun for everyone, and brings neighbors together. Additional funds made during Pippinfest go into a reserve and can be used by the Borough for community enhancement. Within the past few years, funds from this reserve were used to purchase new conference tables and chairs for the Borough Hall office, restoration, framing and matting of the town map, the purchase of a complete Pippinfest pottery collection, and pottery display cases.

Pippinfest 2019 has many events, activities and entertainment planned this year. As always, yard sales, craft and food vendors from all over the region will be set up on Saturday. Additionally, there will be a quilt show and a self-guided walking tour of 1860 Fairfield.

Sunday is always the big day at Pippinfest with entertainment from eleven bands, street entertainment, children's games, pony rides, and inflatable rides. Antique autos, hot rods, vintage race and muscle cars, street rods, motorcycles and trucks will be on display during the "Cruise-In Car Show



Once again, Fairfield's Pippinfest will be overrun with a plethora of craft vendors offering their best creations.

and Swap Meet." Enjoy a root beer float whose proceeds benefit the local food bank and don't miss the apple dessert contest back by popular demand! New this year is Colonial Corner; where Colonial/folk art crafters will demonstrate and sell their wares. With close to 100 craft and food vendors, no one will go home without having a treat!

For over three decades, Pippinfest,

which literally means "apple festival," is still going strong. The festival has grown and offered attendees a memorable weekend full of fun and entertainment for all ages. Volunteers from the local community work year round to bring this event to people all throughout Adams County and even Frederick County. For activity, event times and locations, visit www.pippinfest.com.

Postal Customer

PRE-SORTED
STANDARD
U.S. Postage
PAID
Gettysburg, PA
Permit No. 53

EMMITSBURG NEWS

Sign ordinance narrowly passes

Emmitsburg's new sign ordinance was approved, though barely, during the August 5 town meeting. The new ordinance has undergone months of revision after its original presentation to the board back in February of this year. According to Town Planner Zachary Gulden, the new ordinance looks to include, and be favorable towards, modern-day signage while being in compliance with Supreme Court cases, in order to protect the town from future litigation.

After the initial meeting in February garnered the attention of business owners, town staff did their due diligence in reaching out to members of the Emmitsburg community, holding multiple meetings for members of the business and residential community to provide feedback on the proposed changes. Flyers were mailed with the sewer/water bill, meeting dates were placed on all social media outlets and at the town office and all EBPA members received emails regarding these meetings. Only 23 members of the community attended.

After the conclusion of these meetings, with input from business owners, some changes were made. The originally proposed ordinance prohibited neon and internally illuminated signs in businesses, however, after much discussion between town staff, the Mayor and several business owners in favor of using these signs, it was decided that neon signs would be permitted. Each business may only have one neon sign,

in size up to two square feet and must be a steady and stationary light source. Time and brightness restrictions are also in place for these signs. All who choose to utilize these signs must be in compliance with these restrictions.

Another change included the fines associated with any violations of the ordinance. Offenders may receive a fine of up to \$1,000 per day. Gulden said that the increase in fines is due to increased town staff costs and legal fees associated with enforcing the ordinance. However, any fine related issue has to be approved by the town manager and the Mayor first. Town staff would send two warning letters prior to issuing a fine.

Once the Planning Commission approved the ordinance at the end of June the ordinance then had to undergo approval by the town's Board of Commissioners after the conclusion of a public hearing. The only business owner who spoke during this public hearing was Ken Kacmarski, owner of the Exxon gas station. Kacmarski's remarks concerned corporate mandated signage and displays and the lack of regulation for rotating signs on the bollards at the gas station. Town staff noted that Exxon would be in compliance with the new sign ordinance, albeit the rotational inserts on the bollards.

Although it was agreed that staff spent much time preparing this ordinance, two Commissioners proved to be in disagreement with the ordinance as a whole. In discussion after

the approval of the ordinance, Commissioner Joe Ritz stated: "The last time the sign ordinance was revised, there was a lot of animosity in our community. I feel it may be more this time. This ordinance is full of 'you can't do this,' 'this sign is not allowed.' And then there are the excessive fines for violations we didn't even talk about tonight. If passed, I know this will be enforced no ifs, ands, or buts. If a revised sign ordinance was really needed, then why couldn't it have been kept simple? Just list what's allowed. We are Emmitsburg, a small community in northern Frederick County. Why can't we consider and pass ordinances that are more community friendly and yet provide reasonable safety? I want a solution that's best for our current residents and business owners, and future residents and business owners. To me, this sign ordinance as written is not that solution." Fellow Commissioner Elizabeth Buckman simply stated her agreement with Ritz's comments.

Town Manager Cathy Willets retorted by stating: "This ordinance is far less stringent than the previous ordinance, it is upsetting to me to think that a commissioner would believe that we are so unreasonable that we are going to fine somebody for a 1/4 inch. Staff has made every effort to work with people in this community and give them extra time to resolve the complaints." Both Buckman and Ritz noted that there is a lot said in the

Emmitsburg NEWS-JOURNAL

P.O. Box 543
Emmitsburg, Maryland 21727

301-471-3306

www.emmitsburg.com

emmitsburg.net, taneytown.net, woodsboro.net
mythurmont.net, myfairfield.net, & mygettysburg.net

News, events, history; and culture for the Historic Toms Creek Hundred geographical area; Emmitsburg, Zora, Carroll Valley, Fairfield, Greenmont, Harney, Rocky Ridge, Detour, St. Anthony's, Zentz Mill, and Thurmont. The *Emmitsburg News Journal* is published the first day of every month by Toms Creek Hundred LLC.

Senior Advisors:

Eric Glass, Taney Corporation
Dan Reaver, Emmitsburg Glass
Bo and Jean Cadle, Former Publishers of the Emmitsburg Dispatch
Shea Rowell, MSMU Class of 2019

Executive Editor: Michael Hillman, editor@emmitsburg.com

Managing Editor: Morgan Rooney, MSMU Class of 2020

Assistant Editor: Angela Guiao, MSMU Class of 2021

News Editor: Danielle Ryan, PSU Class of 2015

Sports Editor: Grace Kovalcik, Catocin Highschool, Class of 2021

Graphic Design and layout: Brian Barth, timebombstudios.com

Advertising: Sharon Graham, advertising@emmitsburg.com

Photographer: John Zuke

Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

community in regards to this ordinance and fear there may be further animosity towards its approval. Commissioner Cliff Sweeney commented that these people "should have been

here tonight for the public hearing. This should have been a full room."

The ordinance was passed with a vote of 3-2, Buckman and Ritz against. It will go into effect immediately.

Emmitsburg area news-briefs...

Flat Run Bridge completion date pushed back

During a progress meeting held between town staff and representatives from the State Highway Administration (SHA) it was discussed that Flat Run Bridge completion is now slated for December. According to Town Manager Cathy Willets, minor delays on the project have occurred this summer and she believes "SHA overshot their schedule." The bridge had been slated for completion by the end of August.

Willets also noted that SHA recently replaced their primary contact. Commissioner Glenn Blanchard requested that the new representative be asked to attend the next town meeting to update Commissioners and residents on the status of the project.

Renovations coming to pool house

Emmitsburg's new community pool has officially been open for two years now and Commissioners and staff noted that attendance has skyrocketed. People come from all over Frederick County and even Adams County to enjoy the pool because it is clean, pool staff is friendly and the view is beautiful. In order to "match" the town's new pool, town staff requested Commissioners to consider accepting a bid to renovate the pool house.

The pool house is aging, in dire need of repair and is not currently ADA compliant. Renovations after this pool season ends would remedy these concerns. The project was bid out three times due to the low number of bid-

ders during the first two rounds of RFPs. On the third round, seven bids were received.

Town looked at the four lowest bidders: Omega, Wormwald, Gettysburg Construction and General Contractor. After checking references staff recommended accepting the lowest bid from Omega Contracting and Consulting, who bid \$66,329. The project's scope of work will include: demolition of the inside, installation of all new water lines, new electric hot water heater, painting and patchwork as needed, electrical work, new partitions for new changing rooms, new toilets, ADA accessible changing rooms/toilets, new sinks, hand dryers, shower fixtures etc. All work will be done that was requested by town, a one year warranty is included, and

pool houses and clubhouses are one of this company's specialties.

This majority of this project will be funded through a Project Open Space (POS) grant that was awarded for a total of \$71,066. The POS program requires a 25% match by the town.

Town receives Chesapeake Bay Grant

A \$5,000 grant was awarded to the town of Emmitsburg as part of the Chesapeake Bay Trust's Community Engagement Mini Grant program. The grant funding will be used to start a rain barrel program in order to educate the community about storm water runoff's direct connection to the health of local streams, ponds, lakes, and the Chesapeake Bay. The

partnership formed by the Town and Chesapeake Bay Trust will allow the town to subsidize 50 percent of the cost of rain barrels and also hold two educational workshops.

A complete rain barrel system will cost residents \$40. This system includes a pre-made terra cotta colored 55/60-gallon barrel, overflow hose, and spigot. The first rain barrel workshop will be held on October 1 from 6-7 p.m. at the Emmitsburg Town Office. Participants must register and pay for the barrel by September 13th to reserve a spot and a barrel.

Please contact Emmitsburg's Town Planner, Zach Gulden at 301-600-6309 if you would like to attend the workshop and/or purchase a rain barrel.

EAST PARK AUTOMOTIVE, INC.
1 Creamery Way, Emmitsburg • 301-447-3560
FULL SERVICE AUTO REPAIR - PREVENTIVE MAINTENANCE SPECIALISTS

- Major & Minor Vehicle Service and Repairs • A/C Repairs and Maintenance
- New Tire Sales - All Brands & Sizes - Mounting & Balancing
- BG Products and Service - Vital Fluids Flush & Refill
- Coolant - Transmission - Brakes - Power Steering
- Hydraulic Hoses & Fittings • Custom Battery Cables



**We Now Offer
Maryland State Inspections!**
Schedule Your Inspection With Us!

**FREE PICKUP & DELIVERY
LIGHT DUTY DIESEL REPAIRS
ALL MECHANICS ARE ASE MASTER CERTIFIED**

Hours: Monday - Friday - 8 a.m. - 5 p.m.
www.eastparkautomotive.com • Check us out on Facebook 

**TOWN OF EMMITSBURG
ELECTION DAY
TUESDAY
October 1, 2019
22 East Main Street
7:00 a.m. - 8:00 p.m.**

The last day to register to vote with Frederick County is August 30, 2019.

Registration applications can be obtained at the Town Office located at 300A South Seton Avenue Emmitsburg, Maryland or by visiting www.elections.maryland.gov.

Candidates must file written application for candidacy and their Financial Disclosures with the Town Clerk no later than August 30 at 4:00 p.m.

All candidates will be posted on the Town bulletin board in the order they are received.

The write-in deadline is September 24, 2019 at noon.

The two commissioner seats are up for election.

For more information visit www.emmitsburgmd.gov or call the Town Office at 301-600-6300.

FAIRFIELD/CARROLL VALLEY NEWS

HVAC project on schedule for start of school

Classes will be starting a little later this year for Fairfield Area School District (FASD) as the district quickly finishes up the HVAC project that has been in the works all summer long. Students will arrive back to school on September 3, while some teachers arrived on August 20 to begin preparation for the upcoming school year.

The 10.3 million project includes an upgrade to the current HVAC system that has lived beyond its life cycle. The project came to a head last summer when a few weeks before school was to begin a mold outbreak was discovered. At the time the district cleaned the ventilation system, carpets, ceilings, curtains etc. and approximately 300 pieces of furniture ruined by mold were replaced. As part of the remediation con-

tract dehumidifier equipment was rented and ran until the buildings were switched over to the heating system. The project cost an excess of 1.5 million.

Mike Rader from Barton Associates, an engineering firm engaged by the district, reviewed and recommended changes to the district's mechanicals including the demolition of much of the existing systems in both the elementary and middle/high school buildings, replacing them with high efficiency equipment that has the capacity to dehumidify. Existing lighting will also be replaced with efficient LED lighting, promised to be more cost effective in the long run. Any existing equipment recently installed and updated will be preserved wherever possible. Dennis Rumsey, a representative from Trane (the heating and cooling company pro-

viding new equipment) noted that the new system will provide 100% dehumidification, while being the least obstructive option educationally, and the best option regarding cost and energy efficiency.

During the August 12 School Board meeting, Howie Kessel, the district's Director of Buildings and Grounds updated the board on the project. The project did see some minor setbacks including delivery delays, manpower and mis-delivery of equipment, but Kessel noted that the project manager from Trane kept things moving and kept the project on schedule. All HVAC units are in place at both buildings but Kessel noted that some storage containers will remain on the property for the remainder of the year to store additional equipment. Middle School teachers and most of the High School teachers came

back on August 20 while Elementary School teachers started back the week of the 26. The last two weeks were a bit of a push to get everything cleaned up and ready for the start of school, but ease of transition was promised.

In other school-related news, the school board approved a "fair share classroom," a shared agreement between Lincoln Intermediate Unit (LIU) and the FASD. A fair share classroom is a classroom allocated for children with special needs and/or learning disabilities such as autism, hearing and visually impaired etc. The classroom as well as some supplies, including desks and computers, will be provided by the school district while LIU will supply the teachers and aides. The district currently has six students who require this type of classroom, two of which the district has been

bussing to other schools that offer this type of program.

This specialized classroom for kids with autism will incorporate both Fairfield's curriculum plus curriculum geared towards their special needs. Typically these classrooms provide emotional support, intensive learning support, psychologists and therapists, all supplied by LIU. A representative from LIU noted that these kids will not be segregated from the rest of the school. Although they will have their own classroom, they will also share recess and lunch with the rest of the student body and may even share some classes such as art or music.

"Having a classroom like this at your local school is so important," noted one Board member. All members seemed on board and voted unanimously to approve this program. As part of the agreement, the district is committed to this program for three years.

Liberty Township reimbursed for financial irregularities

It has been three years since Liberty Township began the investigation of past Secretary LeeESta Shaffer, but the township has finally received word that they will be granted partial payment from the scandal.

In the fall of 2017 a forensic investigative report showed that the financial irregularities garnered from past Township Secretary Shaffer totaled close to \$90,000, a number that at the time was more than triple the amount of the originally estimated \$24,000. Karen Frey, PhD at Gettysburg College who conducted the investigation at the time found several examples showing misuse of the Township's money during Shafer's

time employed by the Township. Money was misspent, misused and stolen over the course of a decade. Residents noted that this investigation was not comprehensive enough and wouldn't serve as a solution to the problem.

In April 2018, the Township was advised to bring Zachary Mills on board as a special counselor to represent Liberty Township specifically in regards to the Shaffer investigation. The next month the Board voted to authorize Mills to finally move forward with the claim to the bond/insurance company and to prepare a complaint against Shaffer for losses she cost the township. Additionally, the motion allowed Mills

to negotiate with the bonding company as appropriate. Liberty filed a claim to the Cincinnati Bond Company in the amount of \$96,719.11, and filed a claim to the Travelers Bond Company for \$181,272.07. Mills had discovered a grand total of \$277,991.18 worth of missing funds, almost ten times the original estimate of \$24,000.

During their August 7 meeting, Liberty Township Supervisors convened to an executive session and reemerged with news for residents. Partial payment was received from the Travelers Bond Company and Cincinnati Bond Company. A check for partial payment in the amount of \$61,937.59 was received

from the Travelers Bond Company, and a \$5,503.64 check was received from the Cincinnati Bond Company. According to Township Solicitor John Lisko, Cincinnati Bond Company agreed to pay for undocumented mileage, improper credit card charges and credit card interest late fees. Although the Township only received a third of the Cincinnati Bond Company Claim and a minute fraction of the claim from the Travelers Bond Company, the Township reserves the right to continue to pursue the claim for additional amounts.

Earlier during the meeting, Supervisor Bob Jackson asked Solicitor John

Lisko to consider opening up some of the records and files regarding the Shaffer matter to the public. "Every week I get calls from residents asking what we're doing about this issue, are there any updates. As it stands right now members of the public don't know what is going on. I think it may be time to open some of these files to the public," stated Jackson. In response Lisko simply noted that there would be an executive session at the end of the meeting, at which time action may be taken. No decision regarding opening up detailed information pertaining to any executive sessions was released during the meeting.

Borough receives \$975,000 RACP reimbursement

On July 1, Carroll Valley Borough received a check for \$975,000 from the Office of the Budget for the reimbursement of the new borough building.

The new building, which was completed at the beginning of 2017, cost approximately \$3.6 million. The Borough incurred savings through several avenues, including a \$1 million Redevelopment Assistance Capital Program (RACP), which was received in October of 2016. This money covered the \$70,000 annual appropriation from the general fund that had been budgeted for the building project.

Now, the Borough will await contact from a representative of the Office of the Budget in order to schedule a closeout audit. This may take a few months to schedule. The remaining \$25,000 held as retainage will automatically be released once the closeout audit report is approved.

In other Borough news, Council members voted to approve the purchase of a new backhoe. The old backhoe, purchased in 2006, has mechanical issues, noted Borough Manager Dave Hazlett. The backhoe could be fixed, however the Borough would have to take the piece of equip-

ment back to the dealer in order to have work done and an exploratory estimate noted a cost in excess of \$20,000 to repair it. "Even if it was repaired," explained Hazlett, "the trade-in value would not be improved."

The Borough received four bids. Staff recommended the purchase of a JCB 3CX-15 Backhoe with the Wainroy Swing Coupler. Their

bid came in at \$101,160, with a trade-in value of \$32,500, bringing the Borough's cost to \$68,660. Of the bids, this was the lowest, but also offered the best warranty: two year/2,000 hour full machine warranty and a five year/5,000 hour power train warranty.

Although the Borough did not specifically budget for the pur-

chase of this piece of equipment this year, Hazlett explained that the Borough had intended on purchasing a new street sweeper this year, which would have cost significantly more to purchase.

The backhoe was slated for purchase two years from now. The street sweeper will be bumped to another year in order to accommodate this higher priority piece of equipment.

Village Book & Table Restaurant

• BREAKFAST
• LUNCH
(Including Platters)

29 W. Main St., Fairfield, PA
717-642-5650

Open
7 Days
A Week!



EMMITSBURG GLASS COMPANY

A reflection of quality
Emmitsburg Glass

Residential Service Center

Located At:
100 Creamery Court,
Emmitsburg

Contact Ken Simmers at: **301-447-2245**
Proud Sponsor Of The Emmitsburg News-Journal

We offer service in:

Residential & Commercial Replacement Glass	Custom Mirrors
Storm Doors & Windows	Custom Furniture Tops
Shower and Tub Enclosures	Insulated Glass Units
Wood Slave Glass	Heavy Equipment Glass
Repair/Replacement screens	Tempered, Lexas & Flexiglass

A&T TAG & TITLE SERVICE

New Tags & Registration
Tag Renewal
New-To-State Registration
Duplicate Titles
Tag Return
Insurance Compliance
Notary Public

Open Saturday - 9 - 2 p.m. for your convenience!

Monday 9 a.m. - 2 p.m.
Wednesday 9 a.m. - 7 p.m.
Friday 2 - 7 p.m.
Saturday 9 a.m. - 2 p.m.

132 West Main Street, Fairfield
717-457-0551
We are a proud supporter of the Emmitsburg News-Journal!




THURMONT NEWS

Thurmont approves zoning changes

After months of discussion by the Planning Commission and input from local businesses and residents, Thurmont's Board of Commissioners voted to approve twelve amendments to the town's zoning ordinance.

Changes to the sign ordinance back in 2017 initially spurred discontent among some business owners in town who were once allowed to utilize feather flags, banners, or A-frame signs to attract the attention of those passing through Thurmont. Those who utilized these types of advertising strategies, especially, were those businesses that were located in the Thurmont shopping center, or those whose storefronts do not directly abut the street. The revised sign ordinance in 2017 only allowed feather flags and banners to be up for a limited number of days. Many business owners noted this change negatively affected their ability to be seen by passing cars and their customer base decreased.

After back and forth discussion between business owners and members of the Planning Com-

mission, an amendment to the sign portion of the zoning ordinance was proposed, and accepted. Feather flags were defined as "a free-standing, temporary sign typically constructed of a single shaft or pole driven into the ground with an attached pennant set vertically." Feather signs will now be permitted in the General Commercial District but only as accessory to those establishments in a shopping center that do not directly front or face a public right of way. Several conditions apply including: signs can't be displayed beyond the daily close of business; they can't exceed the dimensions of eight feet by two feet, and may not be above ten feet tall; and no more than one sign per 50 linear feet of the shopping center may be in place.

Along with the amendment to the signs, other amendments to the zoning ordinance were approved on August 13. These amendments address parking, building height, back yard accessory structures and covered decks.

The maximum building height in the General Business Dis-

trict was changed from 30 feet to 45 feet. Increasing the maximum height would encourage hotels, professional offices and would provide more flexibility for those looking to build. Additionally, within the General Business District, staff recommended increasing the side yard adjoining a residentially zoned property by one foot for every three feet of building height above 30 feet.

Another amendment made it allowable for residents to cover their decks or enclose a deck provided certain conditions were met in the rear yard of their lots; this only applies to the R5 district. The area of the deck may be no larger than 400 square feet and the height from the grade to the floor of the deck may not exceed 48 inches. Construction shall not go any further than ten feet into the rear yard. Additionally, an amendment was made to change the distance between accessory structures in a property owner's back yard to six feet in between and six feet from the principal structure.

Lastly, an amendment was

Two Commissioner seats up for election

Thurmont's election is coming up fast as two seats for Commissioner are open for election this fall. Compared to other local elections, Thurmont's election runs a bit differently in comparison. The Thurmont election process begins with a nominating convention, which will be held on September 24 at 7 p.m. at the Municipal office. All those who wish to run in the election are invited to attend. Self-nomination will be accepted at the convention as long as second nominations are present.

Following the nominating convention, approved candidates face election on October 29 at the Guardian Hose Activities building. Polls will be open from 7 a.m. - 8 p.m. Last day to register to vote is

October 1, and absentee ballot applications will be available starting on October 4.

Positions open in Thurmont are two Commissioner seats currently held by Commissioners Bill Buehrer and Wes Hamrick. To be eligible for Commissioner, a candidate must be a registered voter in Thurmont, and must have lived in the town for at least one year. Thurmont Commissioners serve four-year terms, meet every Tuesday, and are paid \$5,500 per year. No official word has been received concerning potential candidates running in the Thurmont election this fall.

We will carry more details next month on the Thurmont election once official candidates have been announced.

made to address parking concerns within town home complexes. A garage that is physically attached to or built within a townhouse unit shall no longer be counted toward meeting the minimum-parking require-

ment of that complex. The number of overflow parking spots within a townhouse unit was also increased. Now there must be two parking spaces per dwelling unit plus an additional two overflow spots.

Thurmont news-briefs...

Town discusses improvements to Carroll St. & Woodside Ave.
During the August 27 town meeting Doug Smith, from ARRO Engineering presented a probable cost for streetscape rehabilitation of Carroll Street and Woodside Ave. Both streets are in dire need of repairs, noted Smith. Approximately 20%-30% of all pavement is in need of full depth rehabilitation.

In addition to repaving and full depth rehabilitation of portions of the roads, the project scope, as discussed, would include new storm drains, the construction of one continuous sidewalk on the west side of Woodside Ave., ADA accessible ramps, signs, new curb and gutter, new concrete entrances, topsoil, seeded mulch, surveys and permitting. Two project estimates were provided, based upon 30% contingency: \$5.3 million with storm drains or \$3.149 million without storm drains. Smith described the storm drains

located along these streets were paved over, increasing their rate of deterioration, so new storm drains would be recommended. The design work would take six to nine months to complete and construction may take twelve to fifteen months.

Commissioners seemed torn on their opinions of this project. "We have been remiss in the past for not putting in sufficient storm water management facilities," noted Mayor John Kinnaird. "If we're going to do this roadway and do it right, I think a critical part of the equation is that we make sure we take care of storm water management." Commissioner Marty Burns asked why the project couldn't be broken into smaller sections to spend less at a time, noting his concern that the town may not be able to afford this project with their current budget.

Burns also commented that there are other roads in town in need of

rehabilitation too, including Frederick Road and Apples Church Road. Commissioner Bill Buehrer expressed that it would not make sense to continue patching these roads, the town will spend more money in the long run patching, rather than doing the project right.

Commissioners approved a more in depth study of the roads to include a traffic study and pavement study. This will give Smith a better answer in regards to more specific costs and the severity of some portions of the road.

Street paving approved

Paving and street repairs of South Center Street and Park Lane were approved unanimously during the August 6 Thurmont town meeting. Work will include milling, overlay and leveling of portions of these streets.

Last fiscal year \$90,000 was taken out of the Highway User Revenue Fund to allow the town

to do some road repairs. Patching and paving work was done recently costing approximately \$41,000. With the remainder of the funds, town staff elected to move on to the next priority project.

Three bids were received. American Asphalt Paving Co., LLC bid \$42,400; Tibbs Paving, Inc/bid \$43,189; and ECM Corp. bid \$69,509. Town staff recommended the lowest bidder for the project after checking all references for this company.

Another great year for Thurmont's Summer Rec Program

The Town of Thurmont sponsored the second "A Day in the Park" program this summer and it proved to be another successful year. Last year, the program ran for two weeks and the registrations more than doubled the second week. In answer to this, the program ran for three weeks this year and accommodated approximately 40 children, with most chil-

dren registering for all three weeks.

Program Director, Michele Maze and her assistant, Dick Lee, developed diverse programming that took advantage of willing partners like Catocin Mountain Park, Cunningham Falls State Park and the Thurmont Regional Library.

Local artist Yemi led the children on a two-hour art extravaganza that mesmerized every child. The children got to experience a fitness day that included Nick Tester from Anytime Fitness, Gretchen Smith of Well-Fit, Jon Phebus of Yoga to You and an obstacle course. Barry Burch, from the Catocin and Frederick Soil Conservation District, brought soil samples from all over the country on Environmental Day and Reuben Moss, VP and Curator of the H&F Trolley Association, discussed the history of train and trolley travel in Thurmont.

Town staff and camp organizers hope for another successful camp next year.

 <p>FRANZIA BAREFOOT BLACK BOX Single Serving WINE Several Varieties 500 ML</p>	 <p>SARANAC BEER 12 PAK Variety 6 PAK Pumpkin Ale</p>	 <p>JIM BEAM PEACH All Sizes Available</p>	 <p>RITAS SPRITZER VARIETY 12 PAK</p>
 <p>LINDEMANS Moscato or Merlot WINE 750 ML \$4.99</p>	 <p>Budweiser SELECT 55 Now Available! 18 PAK</p>	 <p>BAREFOOT WINE WINE SPRITZERS 4 PAK CANS</p>	 <p>ALL FALL BEER Now Available In House!</p>
 <p>CORONA REFRESCA ALL VARIETIES 12 PAK CANS</p>	 <p>Paul's Pit Stop DISCOUNT BEER, WINE & LIQUOR Website: m.paulspitstop.net 150 S. Seton Ave., Emmitsburg 301-447-6262</p>		 <p>SMIRNOFF INFUSIONS Several Varieties 750 ML</p>

100 YEARS AGO THIS MONTH

September 1919

September 5

New Garage For Emmitsburg

Glenn and Charles Ohler have purchased a building lot of 60 x 165 feet from Edward Brown's Trucking farm at the east end of Emmitsburg on which they will build an automobile garage. The building will be one of metal, 50 feet by 70 feet. They expect to have it all ready to operate by November 1.

Automobiles Crash

Mrs. Audrey Barry's automobile struck Mrs. Howard Smith's as she attempted to pass her on the bridge near Thurmont on Sunday. Mrs. Audrey Barry was arrested and fined for reckless driving and ordered to pay for the damages she had done. Both machines were crossing the bridge near Thurmont when Barry attempted to cut in front of Smith. She struck the front wheel of Smith's machine and forced it against the side of the bridge. Mrs. Smith was thrown out and sustained a bruised side. Mr. Smith reported the accident to the sheriff's deputy, who located Mrs. Barry's machine at a local garage, whereupon he placed Mrs. Barry under arrest and fined her \$15 for reckless driving.

Flames Decimate Adjoining Farms

Smelling smoke for about fifteen minutes without stopping to investigate proved very costly when the barn and all its contents on the farm of Lamerial Bowers, near Thurmont, was destroyed by one of the worst fires of the season. The men were engaged in threshing this season's crop of wheat and the engine was situated about 50 feet from the building. The men were working in the barn when someone smelled something burning, but remarked that it was probably something that had been put into the firebox of the engine. Nothing was done until a burst of flame was noticed in one of the back corners of the mow.

Since the fire started on the opposite side of the building from the engine, it is thought that if the fire, which is of unknown origin, did start from a spark from the

machine, it would have been a freak act of nature. The wind was blowing in the opposite direction and the spark would have had to travel over the barn and fly almost perpendicular between the silo and the barn, where the burst of flames was first noticed.

By the time the fire was discovered it had gained sufficient headway that nothing could have been done to save the buildings on the farm. Workmen hardly had time to get the threshing machine out of the barn before the flames had spread to the entire interior of the building, which was a roaring furnace. The fire rapidly spread and by the time the men reached the ground floor the fire had eaten through the floor and the rescuers barely had time to get out before it collapsed.

The fire quickly spread to the outbuildings. The wagon shed, corncrib, hog pen and buggy shared the same fate as the barn. So quickly was it all over that three hogs in a pen could not be saved. Two small goats in a pen a greater distance from the barn were saved. In the barn, at the time of the fire, were about 40 or 50 tons of this year's hay, about 200 bushels of wheat that had been thrashed in the morning and about 344 bushels that were to be thrashed, some oats and a small amount of rye. None of the forage crops could be saved.

Sparks from the fire fell on adjacent fields and caught the barn on the farm of Joseph Isanogle and destroyed it, along with his wagon shed, hog pen and all the buildings. It left nothing but the Isanogle residence. Nothing could be done to save the doomed barns on the Issnogle farm.

September 12

Another Car Upset

As Isaac Weichert, Of Highland Township, was driving through Fairfield with a load of peaches, he reached back to close the doors on his machine, but in doing so, he ran to one side of the road and overturned. While Isaac was unhurt, his peaches went in all directions and many of them were ruined.

Crime Wave In Emmitsburg

The Grand Jury is busy investigating the crime wave that swept through the northern part of the county, in and around Emmitsburg, during the past several months. One of the local authorities said everything from a shoe button to a Ford machine had been stolen during the past few months in this area. The Emmitsburg robberies are terrorizing the residents in the area. Robbers have attempted to take everything that looks like it could be sold - from eggs, money, stamps, bonds, hay, corn, watches, rings, stick pins, in fact enough things to start a secondhand store - or for that matter a first rate store.

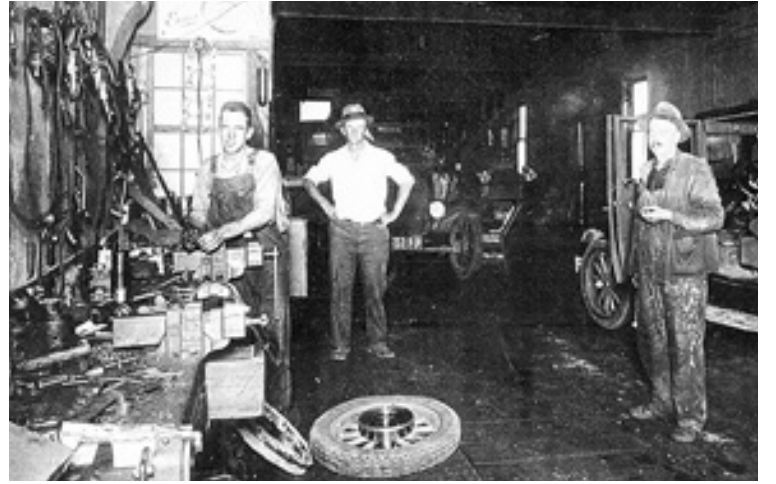
September 19

Injured By Auto

Mrs. Isaac Downey, a well-known colored woman of near Emmitsburg, was struck by an automobile while crossing the Square last Tuesday afternoon. She had just stepped from the curb when a car, which it seems, she did not hear, struck her. She was thrown violently on the concrete street, while the machine passed over her. A small dog, which she was leading, was killed instantly. She arose after being struck by the car and walked to the post office, which was just across the street, and from which place she was taken to her home. Dr. Stone was called and found the woman was suffering from a broken jawbone and a very badly sprained ankle, also a series of lacerations and bruises about the head and face. The automobile was owned and driven by Ashbury Fuss, of Emmitsburg, who offered assistance. Several persons who were witnesses to the accident agreed that it was unavoidable.

Stolen Auto Found In Woods

What is believed to be a stolen automobile was recently located in the jungles, near the Catocin Furnace Mine, two miles south of Thurmont. When first found, Mr. Reid took little interest in it, as it is a well-known area where moonshiners hid their cars while retrieving their 'shine' from local stills, but he became interested in it being that no license tags were on the car. A few days later, two Ohio state tags were found along the Thurmont



Deerfield Road, and upon hearing of that discovery, he told the local deputy about the car and they began to investigate. It turns out the car had been stolen earlier in the month from Ohio.

Emmitsburg Girl Wins

John Cramer was found guilty of assault and battery against Goldie Hough of Emmitsburg. The evidence in the case indicated that young Cramer, age 16, accompanied by two other young men, stopped their car in which they were riding and Kramer jumped out and asked Miss Hough to enter the car for a ride. When the girl refused, Cramer grabbed her by the arm, whereupon she called him a name and he retaliated by telling her "to go to hell." The sentence of the court was a fine of \$10 and cost, for a total of \$55. The judge expressed regret that the time of the Circuit Court was consumed by such a case, stating that he felt that the Justice of the Peace in Emmitsburg should be granted jurisdiction over such cases and that boys like Cramer, instead of being fined, would be more effectively persuaded to not pursuing this type of action in the future by being publically horsewhipped.

September 26

Farmerettes Destroy Boozer's Still

A silent vigil was held in Emmitsburg Saturday night when word reached the members of the Former Former Boozer's that the still of Jack "stinky" Deathridge had been found by Emmitsburg's new Farmerettes in the woods on their property and destroyed. Word was that

the girls had gotten wind of the still by the smell Deathridge would leave as he crossed their property, even when the wind was blowing away from their house. Upon hearing of his still's demise, Deathridge broke down in tears, claiming the old land owner had allowed him to locate the still on the property and he saw no need to ask some upstart women folk if it was still ok. "No kin of mine will ever ask a women for permission to do anything. If they do, that rumble you ill feel will be me rolling over in my grave." Said Deatheridge. During the vigil, Boozer's drank what remained of the still's 'rotgut' until such time as no one could recall what they were mourning.

Eels Stop Power plant

On several occasions during the last few days, eels have caused considerable trouble at the Thurmont electric power plant. Coming through the big feed pipe to the building, they got into the water gates and stopped the flow of water. The largest eel taken out weighed six pounds and a number of others weighed three pounds.

Newsboy Stuck

Lawrence Porter, of Fairfield, was arrested Monday afternoon in Emmitsburg, and was charged with assault and battery of Richard Irving, our young newsboy. The charge was brought forward by the boy's father. Locals say that the attack on the little boy was cowardly and the prosecution should take up the advice of the Judge in the Cramer case and called for a public horsewhipping of Porter.

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.

THE BEST PARTS... LOW PRICES... FAST SERVICE.

Save on the parts you need for your car, truck, van, suv or tractor. If you can't find what you need for your foreign or domestic vehicle, we'll get it.

PREMIUM BRAND NAME PARTS
BATTERIES • SHOCKS
SPARK PLUGS • WIPER BLADES
AIR & OIL FILTERS • MOTOR OIL
MUFFLERS AND MORE!

We Rebuild Starters, Alternators & Generators Full Service Machine Shop

TANEYTOWN AUTO PARTS
11 FRANKLIN STREET, TANEYTOWN
410-756-2611
Daily 8 a.m.-5:30 p.m. • Sat. 8 a.m.-2 p.m. • Closed Sun.

Tony Little & Jane Moore
"Don't Settle For Less... Get A Little-Moore!"
Call: (301) 662-2468
Email: Littlemoore@Littlemoore.com or www.littlemoore.com

Real Estate Teams LLC Broker: (301) 695-3020

30 Robinson Dr., Emmitsburg
Very well maintained Duplex with 4 BR and 1.5 BA. Family room addition. New HVAC.

SOLD For \$192,500

Don't Settle For Less Get A Little-Moore info on buying and selling your next home.

FROM THE DESK OF...

County Councilman Phil Dacey

The County Council has been on a break so far for the month of August but that doesn't mean that the issues stop. The big issue when we return will be whether to adopt the Livable Frederick Plan that will set forth a new vision for Frederick County for twenty years.

However, the main issue that I am hearing from constituents on is the Sheriff's participation in the federal program for 287(g). I should begin with a bit of background in that the 287(g) program is a federal program where immigrants who are arrested in Frederick County without lawful status in this country are upon federal request transferred to Immigration and Customs Enforcement (ICE) for appropriate action. I support Sheriff Jenkins' participation in this program

for our community. The program seems to have become a political flashpoint that represents a much larger cultural divide on how America can and should deal with the broader issue of immigration and illegal immigration.

While this is a federal government issue, the divide is so deep that there appears to be little hope of broad immigration reform at the national level. Therefore, we are left to deal with the ramifications of inaction on a state and local level.

Sheriff Chuck Jenkins is a duly elected, independent Sheriff who has the right to enter into agreements to keep Frederick County residents safe as he sees fit. He has a longstanding agreement with the federal government that when an individual is

arrested for a crime and booked at the jail, the Sheriff's office will contact ICE to see if the arrested individual is somebody who ICE has determined needs to be transferred to ICE custody for further action such as deportation. It needs to be pointed out that Frederick's participation in this agreement was a major issue in the general election campaign for Sheriff 10 short months ago. It was then that voters re-elected Sheriff Jenkins on this platform, so the will of the electorate here cannot be ignored.

It is undeniable that Frederick County's participation in this program has made the County safer. Sheriff Jenkins has identified over 100 criminal gang members who have been deported from our community through this program. Removal of criminal aliens

from Frederick County obviously prevents those people removed from being able to victimize others.

There are those who believe that Frederick should become a sanctuary county and should not take any adverse action with regard to immigration. I respectfully disagree. The County Council has regularly heard from these folks that make up the vocal minority that is opposed to the 287 (g) program. There has been such pressure from these groups that the County Executive has put forth a budget request for an independent audit of the Sheriff's Office. This is not because of anything wrongdoing is suspected, or any allegations have been made with regard to the funding utilized, but rather because of political pressure from opponents of the program.

County taxpayer funding should

not be utilized to 'audit' this program to try to find something that could be utilized by opponents of the program to use against the Sheriff. Audits should not be used as a political tool.

The proper place for the policy debate of whether or not Frederick County should continue to participate in this program is during the election. This is a policy difference that can only be settled at the ballot box. In 2018, voters supported a Sheriff who was outspoken in his advocacy for this program over a candidate who was outspoken against this program. If Frederick County citizens no longer want the County to participate in this program to remove criminal aliens from our community, it should not be a politically driven audit forcing change; it should be the will of the voters in the next election.

Candidates for Emmitsburg Town Council

Frank Davis

After living in Emmitsburg all of my life, I've been thinking that this might be a good time to bring a fresh perspective to the town office. Some major town projects have recently been completed, such as the "Main Street" project, with the East Main Street Bridge project soon to follow. With these projects coming to a close, I feel that planning for the future should be a priority. I want to prioritize what is needed in Emmitsburg, ahead of items of lesser importance. I understand that the appearance of the town is important; however sometimes there are issues that are more imperative that need to be addressed.

If elected some areas of concern that I would like to see addressed are as follows:

- Build a better working relationship between the town office and the citizens to solve

problems. "No" should not always be the answer.

- Take an in-depth look at the town's infrastructure, and develop a plan for improvement.
- Review fees that are being assessed to the citizens, and find ways to lessen the burden on them.
- Think "outside the box" to attract new businesses and jobs to Emmitsburg.
- Continue the partnership with Mt. St. Mary's University to make this a great "College Town".

Currently, I live with my wife and daughter on Main Street. I retired as a Fire Chief in 2014 after working 38 years for the Federal Government. Since 2018, I have been serving on the Maryland State Licensing Commission for Frederick County. I have been a mem-

ber of the Vigilant Hose Company for 42 years, currently serving as the department's President. As Emmitsburg Town Commissioner, my goal would be to make a difference to improve the lives of everyone in the town, and to ensure that Emmitsburg will continue to be a great place to live for generations to come.

Glenn Blanchard

I am running for Town Commissioner to continue the good work of the board. I believe that the town is moving in the right direction, and I want to continue this work into the future. I like serving the citizens of Emmitsburg and taking on the challenges of this community. I bring to the board almost 14 years of elected service. This time on the board has given me experience on the different issues facing the town and its citizens. I feel that I have seen the town change over the last couple of decades and I have a pretty good idea on where we have been, and where we should be going. I think there is a value in continuity.

My top priority in running for

office is to keep the town moving in a positive direction. This goes for both the citizens of this town as well as the businesses in town. To do this, I feel that we need to invest in our parks, infrastructure, and an expansion of both our business community as well as residential development. Another one of my goals as commissioner is to continue to have civil discussions at the meetings and to avoid division and distrust among its members.

I feel that I can achieve my goals as a commissioner by doing the same things that I have done in the past. One, working with the town staff and the mayor to get the correct information on projects and purchases. Two, have the ability to work with my fellow commissioners to get the job done. Find common ground. Division and conflict might make headlines, but the citizens and businesses of this community are not being served by that kind of behavior. Putting the Town of Emmitsburg above any personal interests is important.

Remembering who I work for

has been a critical part of my service to this community. People should vote for me if they want someone who will continue to listen to them and help keep moving the town into the future. People should vote for me if they want civil discussion at meetings, and someone who is willing to compromise when necessary. I moved to Emmitsburg 28 years ago along with my wife. I have raised my two children in this town and have educated them in the local schools. I have roots in this town and I believe in Emmitsburg.

Elizabeth Buckman

I am running for reelection for commissioner because I want to be part of a community of which I am proud. I believe I have the experience, skills and energy to be on the frontline to ensure that Emmitsburg is governed not only well, but also governed with empathy for the needs and concerns of all its residents.

Empathy and pragmatism are my guiding principles that govern the way I carry out my responsibilities as Commissioner. Empathy, because of my active involvement with Emmitsburg Cares. Commissioners need to understand the concerns of even the least of these and be sensitive understand that all of us face life challenges. And our town government needs be sensitive to the needs and feelings of our neighbors and always treat them with the dignity, respect and understanding. Pragmatism because we in government must always be on the alert for the best solutions for the issues we face. We have always done it this way can never be the standard by which we are judged.

With three years of experience, I have learned the ways and means of our local government and working and collaborating with my fellow commissioners to strive for economic sustainability and our safety and quality of life.

In those years I have strengthened my understanding of the municipal needs of a small town but more so I have become open to the unique needs of the whole community.

As a school teacher, a founder

Continued on next page.

TOWN OF THURMONT ELECTION NOTICE

Notice Is Hereby Given Of The Upcoming
Town Of Thurmont Election
For Two (2) Commissioner
Seats

September 24, 2019

Nominating Convention 7P.M.
Thurmont Municipal Office
615 East Main Street
Thurmont, Maryland 21788

October 1, 2019

Last Day To Register To Vote (Close of Business)

October 4, 2019

Absentee Ballot Applications Will Be Available

October 29, 2019

General Election To Be Held At
The Guardian Hose Activities Bldg.
123 East Main Street
Thurmont, Maryland 21788

Polls Will Be Open From 7 A.M.—8 P.M.
Persons In Line At The Time Of Closing Shall Be
Permitted to Vote

For More Information Contact the Town Office at
301-271-7313



MELISSA M. WETZEL
CPA, PC
— Certified Public Accountant —
**Individual, Business &
Non-Profit Tax Preparation**

**Payroll, Notary &
Bookkeeping Services**

**301 W. Main Street
Emmitsburg • 301-447-3797**





Kim Mills
ABR, SRES
Associate Broker

RESIDENTIAL BROKERAGE

C. 717.752.4340
O. 717.762.7111

kim.mills@cbhomes.com

KimMillsHomes.com

1814 E. Main Street, Waynesboro, PA 17268
PA-AB068344 | MD-5000279



Owned by a subsidiary of NRT LLC

County Executive Jan Gardner

Autumn Highlights the Bounty of Our Agricultural Heritage

The cool days of autumn are right around the corner! That means it's time for community shows. These longstanding traditions are a great time to bid on some tasty baked goods, watch the FFA students show their livestock, and catch up with old friends!

This year's festivities kick off with the Thurmont & Emmitsburg Community Show from September 6th through the 8th at Catoctin High School. This is the largest community show in Maryland! The 2019-20 Catoctin FFA Chapter Ambassador will be announced Friday evening. There will be special recognition of two important community institutions, the American Legion, which is celebrating its 100th anniversary, and the Seton Center, which

is marking 50 years. The weekend is full of fun family activities, including log-sawing and peddle tractor contests.

The following weekend is the start of the 157th Great Frederick Fair. Bring the family to see the animals, enjoy the rides, food, and fun. More importantly, help to promote agriculture in Frederick County! Fair Day on September 20th is an excellent opportunity to educate the next generation about our rich agricultural history.

Once the fair wraps up, there is still one more opportunity to display crafts, food, and animals. The Glade Valley Community Show takes place from September 25th through the 27th at Walkersville High School.

Powered by the Sun!
Frederick County is powered

by the sun and leading the way on renewable energy! A few weeks ago, we commissioned a new solar array at the Reichs Ford Road Landfill that will generate enough renewable energy to supply nearly 20% of the county's general electric usage.

We are using that electricity to power seven county-owned facilities, including the building that houses the Emmitsburg Library, Senior Center, and Town Offices. The coolest part is that our electric buses are being charged using solar energy from the array. That means the buses are running on 100 percent renewable energy! We are the only county in the region doing this.

The array is also providing power for Winchester Hall, the Frederick Senior Center, the landfill's scale house, and two additional public libraries: the C.

Burr Artz Library and the Urbana Regional Library.

With 7,776 panels sitting on nearly 14 acres, we expect the solar array to produce more than 3 1/2 million kilowatt hours of electricity a year. For the next 20 years, we can access the renewable power at a fixed rate, saving the County between \$248,000 and \$500,000. TESLA Energy is responsible for the operation and maintenance of the array.

The project is a win-win-win for Frederick County! We are using a closed section of the landfill that can't be used for other projects. TESLA paid to construct the array. And taxpayers are saving money on the cost of energy.

This project ensures that Frederick County is poised for a bright future for generations to come!

Vote for Adventure

Two Frederick County communities are in the running to be

named top spots for adventure. Cast your vote in Blue Ridge Outdoors' 9th annual Top Adventure Towns showdown. Thurmont is competing in the Small Town category, and the City of Frederick is in the Medium Town category.

Some of the activities that the contest features are hiking to Cunningham Falls, bicycling through covered bridges, soaring through a zipline course, picking fruits at Catoctin Mountain orchard, and walking along Carroll Creek Park.

The contest runs through September 23rd. Winners will be featured in the November issue of Blue Ridge Outdoors. You can cast a vote every 24 hours by going to <http://contests.blueridgeoutdoors.com/>.

Whether you enjoy exploring outdoors, in a library, or at the local fair, September in northern Frederick County promises fun for everyone!

Continued from previous page.

of Emmitsburg Care, being an active in the Council of Churches, Seton Center Inc., and our community's civic associations, I am regularly out in the community ready to listen to the concerns of our residents. I consider myself to be a 24/7 commissioner. When I am home or even at Jubilee I am approached by folks alerting me to problems they feel need attention, in need of a helping hand, or just wanting to know what their town government is up to.

I believe that being always assessable to our residents is a vital function that I perform. If anyone reading this article are among the very few people who does not already have my cell phone number you can always call or text me at 301-801-8711.

Being a commissioner is hard work, but it is rewarding that so many of our citizens feel comfortable to come to me with their concerns. Moreover, as the only woman and mother on the board I believe I

have greater sensitivity to represent the views and concerns of women and children in Emmitsburg.

Emmitsburg is a small town but has similar problem as urban areas. We have roads and parks that need to be maintained, poverty, homeless, addictions, and health issues. Solutions are often beyond the capacity of our resources to solve. As I did during my first term I will continue to seek county, state and federal resources.

An important goal of mine is to help support Mount Saint Mary's building of an urgent care center. I will continue working on this. Going forward, while Emmitsburg is a safe place to live and raise a family, I would be more comfortable if the police coverage was expanded from two deputies to three to provide coverage seven days a week.

People of Emmitsburg who know me know that I never give up. I will never give up being alert to the needs of my community. I will never give up on seeking more efficient and sound ways of govern-

ing. I will never give up seeking outside resources for our community. I will never give up on Emmitsburg Cares. I will never give up on promoting cooperation between our religious and civic institutions, and I will never give up on seeking way to help the people and businesses in Emmitsburg.


I love Emmitsburg. Daily I am honored to serve my community. You are my friends and my neighbors and I hope to continue pressing for our quality of life, safety, and well-being.

Lock in a great auto rate with Erie insurance



Barnes Drager Insurance
464 E. Baltimore Street
Taneytown
www.barnesdrager.com

Erie Insurance **410-751-0001**



Get ready to
Turn Your Pink On!
Thurmont's 6th Annual Gateway to the Cure!

Turn on your outside Pink Light every night in October from 6-8 p.m. to support Breast Cancer Awareness and Treatment at Frederick Memorial Hospital via the FMH Hurwitz Breast Cancer Fund!

Get your Pink Light Bulbs at:
Cousins Ace Hardware (215 North Church Street),
Hobbs Hardware (15 East Main Street), &
Thurmont Municipal Offices (615 East Main Street).

PINK LIGHT BULBS WILL BE FOR SALE STARTING SEPTEMBER 6TH

Proceeds from light bulbs are contributed to the FMH Hurwitz Breast Cancer Fund at FMH/James Stockman Cancer Institute.

Thurmont Community Ambulance Service
Proudly Serving Northern Frederick Co. for Over Half a Century

Money and Coach Bags BINGO!
Sunday, September 22nd
Doors Open: 11 a.m.
Bingo Starts: 1 p.m.
\$25 Per Person
28 Games Total ~ 12 \$100 Games
14 Coach Bags Games
1 Jackpot \$500 ~ 1 Jackpot \$1,000
Tickets: 717-420-0290 or 717-642-5075



Great Food! New Pay Outs!

	Under 80 Players	Over 81 Players
Bonanza	\$ 40.00	\$ 75.00
Early Birds	\$ 50.00	\$ 75.00
Regular	\$ 75.00	\$ 100.00
Specials	\$ 100.00	\$ 125.00
JackPot	\$ 750.00	Guaranteed Pay Out \$ 1,000.00

Bring Your Friends & Family
Doors Open @ 5 p.m.
Bingo Starts @ 7 p.m.
Tip Jars - Buingo Balls
ATM Available

THURMONT EVENT COMPLEX
13716 Stafford Drive, Thurmont
Just 4 miles south of Thurmont on Rt. 15
301-271-7550 • thurmonteventcomplex.com

FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

On August 6th, the 2019 National Night Out event was held at Carroll Valley Commons. The purpose was to strengthen the relationship between the citizens and police officers, and other first responders. Over 391 adults and children were in attendance. Special thanks to our Carroll Valley Borough Police Admin Assistant, Jo Ann Myers, our Police Chief Richard L. Hileman II, and the Carroll Valley Municipal Services. I would like to thank the following who met with our residents: Senator Doug Mastriano, Representative Dan Moul, Barbara Jestes (the Greeter), Adams County Constables Association, Adams County Sport Handgunners Association, Cub Scout Pack#76, Adams County Community Cats, Adams County Library, Gettysburg Young Marines, Service Collaborating for Youth, Children's Advocacy Center, Healthy Adams County, PA Game Commission and the Boy Scouts, who handed out approximately 91 free hot dogs to children.

Adams County SPCA gave rabies shots to 15 dogs and 10 cats. Two dogs were microchipped and one cat. Also, special thanks go to our first responders: Fairfield Fire & EMS, Fountaine-dale Fire Department, ARMS, Fish and Boat Commission, Rotohed Pro-

ductions, PA National Guard Transitions, Civil Air Patrol, State Constable K-9 Unit, Growing Patch Pre-School, Senior Benefit Services, Inc. Adams County 911, Adams County Children and Youth Coalition, South Central Community Action Program Mediation Services of Adams County, Strawberry Hill Nature Center, Fairfield Fire Police, Western Maryland Search & Rescue K-9 Unit, Wellspring, Donate For Life, Home Comfort Bluegrass Band, Adams County YWCA, Fairfield Youth Sports Mothers of Preschoolers and the police departments of Carroll Valley Borough, and Liberty Township. If you are interested in seeing the pictures of the event, go to www.ronsphotos.net.

On August 10th at 10 am, seventeen cadets graduated from the Adams County Junior Firefighter Cadet Camp held at the Adams County Emergency Services Training Facility. This week-long instructional camp is conducted in a "career fire academy" atmosphere and includes physical training, uniform inspections, classroom lectures and discussion, along with practical exercises to include team building activities integrate with hands on activities pertaining to the emergency services trade. The young cadets were housed in bunkrooms converted

from classrooms at the Adams County Emergency Training Center. Days started at 6:30 a.m. with physical training prior to breakfast. Each night ends with lights out at 11 p.m.. During the training week, the Academy Chief David Martin, Lead Instructor Dustin Poist and a host of other firefighters from throughout York and Adams County share their knowledge of the emergency trade. Chief Martin shared the following week's schedule. Basic firefighting skills were taught daily until about 4:30 p.m..

Cadets traveled to the SAVES fire department on Monday evening for a meal and a tour of their modern station. An evening of bowling followed the meal and tour. Tuesday was dinner at the New Oxford Fire Station of the United Hook & Ladder Co. This was followed with a bus trip to Gettysburg for a team building skill at Escape Gettysburg. Cadets practiced their team skills but were unsuccessful with neither group escaping within the one-hour time allotment. Wednesday evening was the traditional pasta night meal with ice cream sundaes provided by the Arendtsville Fire Company. This followed with a fast-paced game of kick ball. Thursday morning was a trip to the National Fire Academy in Emmitsburg. Training on fire behavior along with a tour of

the National Academy was held before a hearty lunch at the National Fire Academy dining hall.

Thursday evening was family night with demonstrations provided by the Cadets on the skills they had learned. Cadets families, friends, and fellow fire department members were hosted by the staff to a meal before the demonstrations. Friday morning was EMS training on CPR and AED. Friday afternoon concluded the weeklong training with exercises in rural water supply. Friday night was graduation practice. Saturday morning was more practice along with setting up for the graduation which was held at 10 on Saturday morning. In this year's graduation, there were the following local area cadets: Emily Holland, Grant Chesko, and Colby Wivell from Fairfield Fire Co. and from Fountaine-dale were Zachary Haines and Isaac Lowe.

On August 21st, a special meeting of the Carroll Valley Council was held. Mr. Steve Sites was appointed by council to finish Jared Huster's term of office ending in December. Steve is a life-time resident of the Fairfield area and a resident of Carroll Valley for past 10 years. He has served on the Planning Commission and will be on the ballot in the November election. Child Passenger Safety week runs from September 23rd thru 29th. Under Pennsylvania's primary child passenger safety law, children under the age

of 4 must be properly restrained in an approved child safety seat anywhere in the vehicle. Children under 2 must be secured in a rear-facing car seat until the child outgrows the maximum weight and height limits designated by the car seat manufacturer. Children from age 4 up to age 8 must be restrained in an appropriate booster seat. Children from age 8 up to age 18 must be in a seat belt. Free inspection being performed by the State Police. Call 717-334-8111 for an appointment. If you have any questions, call the Carroll Valley Police Department for information.

Join fellow residents on Friday, September 20th for a great time at Carroll Valley's Movie Night In the Park! The September movie will be "A Dog's Way Home". Carroll Valley Yard Sale is scheduled for September 28th from 8 am to 2 pm in the Ski Liberty parking lot. Get ready for Fairfield's annual Pippinfest! Head to Fairfield on the September 28th and 29th to enjoy arts and crafts exhibitors, music, and food. Carroll Valley Borough meetings to be held in September are: Joint Meeting of Council and the Planning Commission (Sept 3rd), Tree Board (Sept 5th) Borough Council (Sept 10th), Finance Committee (Sept 23rd) and Parks/Recreation (Sept 26th). If you have any questions call me at 301-606-2021 or email me at MayorRonHarris@comcast.net.

State Senator Doug Mastriano

Thank you for your overwhelming support during the special election in May, where you gave me a record-setting mandate of nearly 70% of the vote. This is unprecedented for a political outsider and I owe that victory to you. This article is my introduction for those who do not know me. Future pieces will address policies and issues that

impact you and your family. A little about me: my dad was a career Navy man and he personified respecting our country, with hard work and taking care of family. Growing up with his example, I worked diverse jobs that included being a paperboy, janitor, security guard, short-order cook and dishwasher. I was blessed to become an

Eagle Scout, as well. Upon entering Eastern College (now Eastern University) in St. Davids, PA, I joined the Army ROTC. While at Eastern, I met Rebbie Stewart and we married after finishing college. I was commissioned in the U.S. Army in 1986 and assigned to the 2nd Armored Cavalry Regiment in

West Germany. The 2nd Cavalry patrolled the Iron Curtain borders of East Germany and Czechoslovakia. It was an amazing time and beginning in 1989 we witnessed the end of the Cold War and the reunification of Germany.

With the end of the Cold War, my unit deployed to the Middle East for Operation Desert Storm to participate in the liberation of Kuwait. The 2nd Cavalry was given the mission of leading the

Continued on next page



5580 Fairfield Rd., Fairfield, PA 17320
717-642-5844
mountainviewrealty@gmail.com
www.mountainviewrealty.com

 Jale Dalton Broker Licensed in PA & MD 717-420-0743	 Charles Dalton Realtor Licensed in PA 717-420-0744	 Alexandra Welty Realtor Licensed in PA 717-420-0728	 Cheryl Freeman Realtor Licensed in PA 717-496-3013	 Karin Miller Associate Broker Licensed in PA 717-334-8148	 Brendon McCalla Realtor Licensed in PA 612-281-8677	 Doris Normanc Office Administrator 717-642-5854
--	---	--	---	--	--	--

THIS IS A GREAT TIME TO BUY AND SELL REAL ESTATE!
Put our 35 years of excellent service to work for you.
Broker is licensed in Pennsylvania and Maryland.

365 D Boy Scout Rd., New Oxford, PA 5 BR, 1 BA getaway on 1.85 acres. Elevated creek front. \$88,900	UNDER CONTRACT! 3 Otter Tr., Fairfield, PA Delightful chalet nestled in a very gorgeous rustic setting. 3 BR, 2,1 BA, partially wooded. 1.55 acres, up to date. \$265,000	3 Skyline Tr., Fairfield, PA 4 BR, 3 BA, rustic rancer near ski slopes & golf course. 2.78 acres & many more amenities. \$339,900	
17 Lakeview Tr., Fairfield, PA Does living in a round house appeal to you? 5 BR, 4 BA, 2 stories, full walk-out basement. Near park, creek, library, skiing & golf. \$225,000	UNDER CONTRACT! 9 Lakeview Tr., Fairfield, PA 3 BR, 2 BA, 0.46 ac., move-in condition, lovely landscaped gardens, great floor plan. \$219,900	5015 St. Simon Ct., Frederick, MD 4 BR, 3.5 BA, deck, HOA amenities include playground, community pool, club house. Finished basement, walk-out to fenced yard. \$425,000	
15 Brown Tr., Fairfield, PA 0.54 ac., level lot with a few trees, low perc rate, near skiing & golf courses... \$19,000	11518 Old Route 16, Rouzerville, PA 4 BR, 1 BA, nice older home w/lots of potential. Plenty of room to spread out. \$115,000	15844 Manahan Rd., Fairfield, PA 1.22 ac. beautiful home site, well included, conventional perc... \$67,500	
64 Meadowlark Tr., Carroll Valley, PA Lovely double lot, perc approved, near skiing and golf... \$25,900	Lot A Cold Springs Rd., Gettysburg, PA - 1.48 ac., perc approved, level lot, great building site... \$64,900	2 Hilltop Tr., Fairfield, PA - Well, perc appr., septic design done, 1.76 ac., close to Ski Liberty and golf courses... \$88,900	
46 Snowbird Tr., Carroll Valley, PA Ready to build? 0.52 acre lot is prepared to go! Public sewer... \$33,500	6 Shirley Tr., Fairfield, PA - 1/2 acre, perc approved, building lot at a great price. Seller is a licensed PA realtor... \$7,900		

Pippinfest

Old Fashioned Street Festival In Historic Fairfield, PA!

Saturday & Sunday
Sept. 28th & 29th
9 a.m. - 4 p.m.

Saturday Community Yard Sales Crafts & Vendors

Pony Rides!

Sunday Crafts & Vendors

Inflatables Rides & Activities For The Kids

Quilt Show!

Sunday Live Music Apple Dessert Contest

Rain Or Shine!

Free Parking!

Sunday Cruise-In Car Show Colonial Corner

Fun For All - Come Join Us



For more information:
www.pippinfest.com
www.facebook.com/pippinfest
717-642-5649

GOVERNMENT—NORTH OF THE BORDER

County Commissioner Marty Qually

In the beginning there was a garden. No matter your personal belief or your religion's origin story, it is fair to say that the start of civilization and gardening go hand in hand. When our gardens are successful, so are we. Fast-forward to today and you will still find gardens wherever people live. From vegetable gardens and ornamental landscaping to houseplants, we like to surround ourselves with plants. In every place people live, you will find plants. We even have a garden at our local jail. Hopefully, soon that garden will get a significant meaningful boost in Adams County.

I've been working with some local experts to create an Adams County Jail Nursery. Our intention is not to just have inmates tend a pretty garden. Our plan is to create a multifaceted educational program, wherein inmates are taught marketable horticultural skills, learn basic gardening, and work towards improving our local and regional environment. Along the way I hope inmates and our community learn that through the act of gardening, life grows and improves. It is a lesson still with us from the dawn of civilization.

With the help of Penn State Extension, the Conservation District, the Adams County Adult Detention Cen-

ter, local horticultural and environmental groups, we are developing an action plan and funding plan to create four unique nursery programs, each with its own benefit to the inmates and our community.

Before I get too far along, I want to make clear that all of these projects are predicated on receiving funding. We are currently in the planning phase and have yet to sit down and research funding opportunities. Once we have an approved plan, then we will seek local, state, and federal funds to get the project off the ground. We still have a ways to go before asking the prison board for approval. This article is intended to give you a heads up on an idea that may grow roots.

The first and most basic nursery will be to improve the existing jail vegetable garden. Anyone who gardens knows that even an average vegetable garden can produce a fair amount of food. A well-run garden can be a cornucopia. With the assistance of our local Penn State Extension we will design a course on basic vegetable gardening, the produce from which will be used in the prison. If this project is successful, it may also help to reduce the cost of food in the prison, as well as improve the quality

and nutritional content of the meals.

The second nursery will house flowers for pollinator and rain gardens. Three-fourths of the world's flowering plants and about 35 percent of the world's food crops depend on animal pollinators to reproduce. Based upon the 2016 Adams County Fruitbelt Economic Impact Analysis our fruit industry represents \$580,000,000 in annual impact to Adams County. Our fruit industry no longer relies solely on native pollinators, instead orchard owners must import honey bees to make sure fruit trees are pollinated. There are even state and federally funded programs to create pollinator habitat and plant native flowers to attract pollinators. Hopefully, we can tap into some of those funds for this project.

Growing plants for rain gardens will also have practical local effects on our community. Many of you have heard about efforts to clean up the Chesapeake Bay. Since we are within the Chesapeake Bay watershed, we have a part to play in these efforts. While it seems a small thing, making sure our rainwater has adequate time to absorb into the soil is critical to keeping the bay clean. This is why we have retention ponds at all newer housing devel-

opments and beside large parking lots.

Growing the right plants within these areas and along our waterways can further enhance our efforts to keep phosphorus, nitrogen, and sediments from reaching the bay. In working with the Adams County Conservation District and local garden clubs, we will create a curriculum that both educates inmates on the environmental efforts of storm water and nutrient run-off and teaches inmates the skills necessary to design, grow, and plant rain gardens.

Just as rain gardens help protect the bay, so too does the fourth nursery program, Riparian Buffer plants. This nursery will focus on the growth of trees and shrubs intended to improve riparian buffers along Adams County creeks and waterways. A riparian buffer (or stream buffer) is a vegetated area near a stream, which helps shade and partially protect the stream from the impact of adjacent land uses, such as homes and farms. Riparian buffers play a key role in improving water quality. For the past few years Pennsylvania, Maryland, Virginia, West Virginia, New York, and Washington DC have been engaged in efforts to improve the Chesapeake Bay. Engaged may be a bit of a watered down expression, the Environmental Protection Agency has

ordered these states to create plans to improve the water quality of the bay. In fact if we don't clean up our act by 2025, we can expect some hefty fines from the federal government.

Each state is creating a plan to address their effects on bay water quality. In Pennsylvania and Adams County our efforts are focused on created wooded riparian buffers. These have proven to be the most cost effective way to improve water quality. This aspect of the jail nursery project is perhaps the most exciting and impactful. We will work with the PA Department of Conservation and Natural Resources and the Conservation District to create an educational plan that includes learning about watersheds, land use practices, water quality, and a practical component of learning to grow, design, plant, and maintain riparian buffers.

A program that helps inmates and our local environment is a win-win for all of us. Over the coming months I will continue to meet with state and local stakeholders to create a program for full review by the Adams County Prison Board. For now I am just planted the seed.

If you have any questions about this project or any other county business, do not hesitate to contact me at mqually@adamscounty.us or give me a call at 717-339-6514.

Continued from previous page

main attack to fight Saddam Hussein's elite Guards. We encountered stiff resistance from Iraqi units and I nearly lost my life during a counterattack by Saddam's 12th Armored Division. I believe I was saved by God, who answered the prayers of Pennsylvanians. Rebbie played a significant role in leading those prayer efforts.

In the 1990s, I continued my military service in various units, but everything changed after our nation was attacked on September 11, 2001. I was given the task of developing the plan to invade Iraq via Turkey in 2003. Shortly thereafter, I served with NATO's Land Forces Headquarters and was deployed three times to Afghanistan. I volunteered for the first two deployments, because I felt a strong urge to do my part for our country in the aftermath of 9/11. While in Afghanistan, I discovered a decrepit orphanage and my unit did all we could to help 150 destitute children.

I completed my military service in 2017 as a Colonel at the Army War College in Carlisle, PA. As I concluded my time in the Army, I reflected on the deployments, the years away from home, and the sacrifices my family and I had made and it gave me pause. My heart was broken that after 30 years of service, the Pennsylvania I would be handing off to my son was less prosperous, less secure and less free than when I received it from my father. Crippling taxes are driving retirees out of their homes, the 2nd Amendment is under assault, and the precious lives of the unborn are eliminated without concern, while free speech is under attack by Orwellian-like ideologies that are taking over our public institutions.

I decided I could not stand aside while radical ideologues and greedy bureaucrats run our state into the ground. After much prayer, I stepped forward for public office so that I could continue to serve. My goal is to take back our government and to safeguard the freedoms that so many have died for. Too much is at stake and I will not stand aside as faceless bureaucrats create regulations that crush our families, farmers and businesses, or while Harrisburg thinks of new ways to take more of

your hard earned money.

South-central Pennsylvanians deserve representation that personifies the values of our people – faith, family, and the freedom to pursue our dreams. I will defend the right to life, protect the 2nd Amendment, fight for lower taxes, and roll back government regulations that crush our families, famers and business owners.

As President Ronald Reagan said, we need "to get the government off of our backs and out of our wallets." Most of us just want to live our lives

as we deem fit and do not want the government telling us what we can and cannot do or think. There are so many issues and challenges that face us. I look forward to addressing some of these in future articles. Until then, I ask for your continued support and especially for your prayers.

We are at a flex point in our history and everything is at stake. This reminds me of a remark made at the Constitutional Convention ended in 1787. Benjamin Franklin was asked what the outcome of the con-

vention was and he answered, "A Republic, if you can keep it." It is our turn to defend this republic and to preserve the freedoms that we have been given. It is an honor to continue the fight for freedom here in Pennsylvania, and with your support and God's help we will restore the light of liberty to our land.

Senator Mastriano represents the 33rd District in the Pennsylvania Senate. The district includes Adams County, and parts of Franklin, Cumberland and York counties.

RE-ELECT

CHAIRMAN

RANDY
PHIEL



VICE-CHAIRMAN

JIM
MARTIN

ADAMS COUNTY COMMISSIONERS

Proven

✓ LEADERSHIP

✓ VISION

✓ RESULTS

✓ EXPERIENCE

✓ COMMON SENSE

Paid for by friends of Phiel/Martin

COMMENTARY

Words From Winterbilt

Iran - do the facts matter?

Shannon Bohrer

Before Trump was elected president he criticized the Iran deal that was made under the Obama administration. He said the deal did not cover other weapons, and when elected he would cancel the agreement and seek regime change.

The history of the Iran deal is well documented. In 2015, the Obama administration was one of several countries that made an agreement with Iran for the purpose of deterring the proliferation of nuclear weapons. Just prior to the agreement there was a consensus that without the agreement, Iran could build a nuclear weapon in about three months. After the agreement, the consensus was that if Iran cheated, it would take them one year to build a weapon. However, with the required monitoring and access, the world would know if the agreement were violated.

The other countries involved in the agreement included; England, France, Russia, Germany and China. Additionally, over 100 countries from around the world expressed their support for the agreement. Nuclear physicists' non-proliferation experts and even military officials, from around the world also supported the agreement. In statements they believed it was "the best solution available to prevent Iran from obtaining a nuclear weapon with-

out taking military action."

After being elected Trump continued to criticize the agreement saying the agreement did not go far enough. He repeated that the agreement left open the ability for Iran to develop and construct other weapons. On May 8, 2018 he announced the U.S. would withdraw from the deal. Trump said "Giving \$1.8 billion in cash [to Iran] in actual cash carried out in barrels and in boxes from airplanes," added to the bad deal. The National Security Director added that the administration would add new sanctions to force Iran back to the negotiations and the U.S. would be seeking regime change. The other countries involved in the deal, have not withdrawn.

Trump's claim that the United States gave Iran 1.8 billion in cash, is incorrect. The agreement to not build nuclear weapons lifted some of the decade's old economic sanctions that had been placed against Iran after the 1979 Iranian revolution. The sanctions had prohibited Iran from collecting their own monies and other assets from around the world that had been frozen. The monies were estimated to be "tens of billions of dollars in oil revenue and frozen assets." The majority of the monies that Iran would eventually receive would come from commercial banks from around the world.

The history of Iran, related to the

president's actions is relevant and important. From November 4, 1979 to January 20, 1981, Iran held fifty two American hostages, after a group of Iranian college students, who supported the Iranian Revolution, took over the U.S. Embassy in Tehran. After numerous negotiations the hostages were released. Part of the negotiations included an international arbitration, to resolve how monies, that had been frozen, would be returned to each country.

The international arbitration (the Iran-United States Claims Tribunal) has been in existence since January 1981. Both the United State and Iran returned assets to each respective country as early as 1983. However, there were still private claims outstanding. The claims included refunds for military parts that Iran had paid for, but never received, as well as the interest on those payments. The parts were ordered under Iran's monarch Shah Mohammad Reza Pahlavi.

In 2015, when the Iranian deal was made, the U.S. paid Iran around \$400 million, as part of the international arbitration agreement going back to 1981. At that time the U.S. was accused of paying for prisoners, since Iran had just released five Americans being held in Iran. However, the 400 million was for military parts that we never delivered. After the Iranian deal in 2015, the sanctions were lifted and monies were returned. However,

third party claims still existed. Two days after paying the 400 million, the U.S. paid Iran 1.3 billion, for interest related to the undelivered military parts going back to 1979. The U.S. paid what they owed.

Now our government wants to revisit the deal and has imposed more sanctions. Those are the facts, but not the whole story. The other countries that were involved the 2015 deal, are not in agreement to withdraw from the deal. Literally, it is a mess and because of military movements on both sides there are Middle East experts predicting that we could end up in another war. Even, if Iran agreed to re-negotiate and they gave up additional demands, they won't agree to regime change, according to the experts.

In the 1979 revolution the Shah, who was a monarch, was overthrown. The Shah had been the ruler of Iran, since 1953, when he came to power in a coup, against the former government. At that time the coup deposed the elected Prime Minister of Iran, Mohammad Mosaddegh. The prime minister had been popular because of social reforms and progressive economic policies that he instituted. His problem, as it turned out, was that he nationalized the Iranian Oil industry. Prior to the nationalization of the oil industry, it had been controlled by Great Britain through the Anglo-Iranian Oil Company.

The British and Prime Minister Mosaddegh had been in talks for months over the Iranian oil industry.

The negotiations ceased when Iran refused to allow the British any ownership or control of Iranian oil. The British complained to the United States and it was the United States and the British intelligences services that orchestrated the coup that overthrew the Iranian government.

An elected leader, who believed in the rule of law, in a limited democracy was deposed and a dictator was installed. The dictator, the Shah, installed a secret police and ended Iran's limited democracy. Iranians knew the history; that in 1953 we orchestrated a coup that ended their limited democracy. That information was front and center in the 1979 revolution that ousted the Shah. Since the ouster Iran has gone back to a limited democracy.

The real story is that we helped to eliminate a limited democracy in the Middle East. We then supported a dictator, with a secret police. The country overthrew the dictator and has since re-instated their limited democracy. They signed an agreement not pursue the building of a nuclear weapon, along with the U.S. and five other nations. They were in compliance with the agreement and we withdrew from it, demanding more sanctions - and we are seeking regime change?

The regime change we should be looking for should be our own.

To read past editions of Words From Winterbilt, visit the Author's section of Emmitsburg.net.

Common Cents

Climate crisis—a crime against humanity

Mel Gurtov

The President of the United States is a criminal. I'm not referring to the twenty-odd investigations of him currently underway for violations of the Constitution, obstruction of justice, and collaboration with the Russian election attack, among other misdeeds. No, I'm referring to his and his administration's intentional and reckless pursuit of national policies that condemn American and the world's citizens to environmental destruction and the end of life as we know it.

Specifically, I suggest that Trump should be charged with crimes against humanity. Ordinarily, these are violent crimes on a large scale, such as torture, enslavement, forced deportation, murder, and ethnic cleansing. But policies that not merely ignore but increase the threat of climate change might be read—and I believe should be read—as creating conditions for mass removal of populations, unprecedented destruction of species and natural resources, mass starvation, and other kinds of suffering on a previously unknown scale. The International Criminal Court statute in fact specifies "Other inhumane acts of a similar character intentionally causing great suffering, or serious injury to body or to mental or physical health." No wonder the US is not a party to the court.

Nathaniel Rich's *Losing Earth: A Recent History* points out that we have known about the causes and

consequences of climate change, and the remedies for it, for over fifty years. Yet time and again politics and corporate interference have trumped science: Scores of reports, many hours of testimony before Congress, and numerous international meetings have resulted in minimal steps that were known in advance to be inadequate. All administrations share in this indictment, but only one—Trump's—has very deliberately sought to sabotage its own and the world's scientific community in order to satisfy the climate denying ideologues and their corporate partners.

In Trump's world, facts are the enemy of truth. This man, who once said he had "a natural instinct for science," holds to only one truth: money talks. "What I'm not willing to do is sacrifice the economic well-being of our country for something that nobody really knows."

"Nobody knows"? Sure, when you drastically limit the role of scientific inquiry in climate change. Not only was the office of the science advisor eliminated; media access to the tens of thousands of scientists working for the government was severely restricted, as was their ability to present their research at scientific meetings. Playing politics with science has a long history, during which specialists on climate change have come and gone in Washington. Even in the best of times their reports have never created the sense of urgency necessary for a national effort to prevent worst cases. Under Trump

science itself has a bad name, and any government report suggesting a crisis is sure to be buried.

Nobody knows? Trump is trying his best to by giving the fossil fuel industry, and climate-change deniers, new life by appointing first Scott Pruitt and then Andrew Wheeler to head the EPA, and Ron Zinke and then David Bernhardt to lead the interior department. They and their pro-industry staffs, riddled with conflicts of interest, are the gateway to oil, gas, and coal industries' lobbyists, lawyers, and financial backers (such as the Koch brothers' foundation), all of whom seek to soften or roll back Obama-era environmental regulations and carve up public lands to suit energy interests. Together, the two agencies have been doing as their sponsors wish—opening the Arctic National Wildlife Refuge and national monuments to oil drilling and mining, loosening restrictions on methane emissions, promoting a dying coal industry at the expense of Obama's Clean Power Plan, weakening safety regulations for offshore drilling, reducing protections for wetlands, wiping out endangered species, and rolling back auto fuel efficiency rules.

While Trump fiddles, the world burns. Some recent disturbing findings:

The Amazon rainforest, the world's largest carbon sink, is on the verge of catastrophic deforestation now that Jair Bolsonaro, Brazil's new president, is in charge. What was once thought to be a victory over the forest destroyers has turned into a nightmare. Protective mechanisms for both trees and indigenous people are being removed and, as with Trump, documentation

of the startling pace of deforestation by Brazil's own government agencies is being dismissed by Bolsonaro as "lies."

Within the Arctic Circle, ice is melting at a terrifying rate, starting with 60 percent of Greenland's ice sheet. It poured 197 billion tons into the Atlantic in just one month (July), enough to raise sea levels 0.02 inches. The ice is literally melting before one's eyes. But for this administration, the Arctic can't melt fast enough. Want to know you know why Trump wants to buy Greenland? Secretary of State Mike Pompeo has provided the answer. Speaking at an international meeting in Finland, he said: "The Arctic is at the forefront of opportunity and abundance." Citing the oil and mineral resources it holds, Pompeo said: "Steady reductions in sea ice are opening new passageways and new opportunities for trade. This could potentially slash the time it takes to travel between Asia and the West by as much as twenty days."

A UN report on biodiversity, Bill McKibben writes, "serves as a kind of pre-obituary for all of the creatures now on the way out—the current global rate of extinction is estimated as 'already at least tens to hundreds of times higher than it has averaged over the past 10 million years.'"

Food production patterns are going to have to change dramatically if there is any chance to halt global warming. A draft study by the Intergovernmental Panel on Climate Change reminds us that reducing carbon emissions in our daily lives is less than half the solution. The rest must come from reversing deforestation, soil erosion,

cattle grazing, and meat consumption, among other practices.

With every passing day it seems less likely than ever that global temperatures can be kept below the 2-degree C. threshold. Already, several areas of the US have reached or exceeded the threshold. Yes, here and there is good news: the resurgence of the Greens in Germany, local-level activism (especially in California and the Pacific Northwest) on energy conservation, and successful lawsuits against the Trump administration's environmental protection rollbacks by NGOs such as the Natural Resources Defense Council.

But I fear that these sporadic displays of common sense and grit are not enough. By the time large numbers of citizens are aroused to protest, coastal cities will be on the verge of inundation, the polar ice cap will have melted, and populations of dispossessed people will be too busy fleeing to march. In his book, Nathaniel Rich concludes that Trump & Co. are guilty of crimes against humanity—and Rich is not alone. Jeffrey Sachs, director of Columbia University's Center for Sustainable Development, has said the same, pointing out the many ways in which Trump and other climate crisis deniers have failed to protect the public though fully apprised of the facts of climate change. Their crimes should not go unpunished.

Mel Gurtov is Professor Emeritus of Political Science at Portland State University. To read other Common Cents articles visit the Authors section of Emmitsburg.net.

The American Mind

A house divided cannot stand

William Hillman

Today, everywhere you turn, Progressives are pushing this idea of “diversity”. It’s in our school curriculum, in every TV show and movie, and now even in corporate commercials. But within the era of “New Speak”, what is now called “Diversity”, is actual progressive dogmatic orthodoxy. The only permitted diversity is in the narrow, acceptable Progressive doctrine. It is acceptable to hold any opinion on the number of human genders as long as that number is greater than 12. The current politically acceptable number is 112. But to say there are only 2 genders will get you sent to re-education camp (diversity training) and subjected to “two minutes of hate”.

The Progressive movement today is a bastardization of what it once was. A good friend who is Dean at a prominent university is one of the first people I know who described himself 30 years ago as a Progressive. Today, he shuns the term, saying it has been corrupted.

Professors lose or are denied tenure and teaching positions for thinking outside of the approved dogma. Social media posts outside of the acceptable progressive doctrine will get you gagged and shut down. In true Kafkaesque form, you will not be told what your crime is, what the rules are, and who are the judge and jury. My account was suspended months ago for a post I made on the Fed-

eralists position on gun control. Almost every day, someone I follow is de-platformed and suspended for posts that question the progressive doctrine. At the same time outrageous posts encouraging the killing of republicans, beating people who don’t follow the approved doctrine, or in the case of Peter Fonda, who said, “Donald Trump’s 12-year-old son should be put in a cage with pedophiles”, are all perfectly acceptable.

In nature, diversity is a strength, it is the foundation of evolution, it is how life evolves in a changing environment. For an economy, like nature, diversity is at the heart of success. It allows the economy to grow and change with advancements in technology and the economic environment. Without organic diversity, life would end. Without economic and industrial diversity, we would still be living in the dark ages. Without diversity of thought, we would be teaching that the Earth is flat.

The Progressives are not interested in diversity of thought or expression, but in promoting divisions in society with the ultimate goal of tearing it apart in the hopes of rebuilding based on their doctrine.

Diversity of thought only works when there is mutual respect and a common goal. Take for example a football team. A successful team will have players with a wide variety of skills. But they work together for a common goal.

How successful would they be if players were taught to be jealous and resentful of each other and the idea of “team” was evil and the quarterback believed that all team success belong to him alone?

The Progressives want division. In school, our children are taught division and victimhood. The progressive controlled media is on a propaganda campaign sowing racial, ethnic, and sexual divisions. We are being conditioned to see everything in the light of race, sex, and ethnic divisions. What is not permitted is the promotion of the symbols of unity, like our Flag.

All over my son’s high school hang signs promoting diversity. “Diversity Is Our Strength” the signs proclaim. But it is not diversity they teach, but division. Classes are filled with curriculum that teaches social divisions and victimhood. Children are taught to look at themselves and each other in classifications of race, sex, religion, and as victims of the American society. American history no longer includes any notion of American exceptionalism. Today, it is a study of how this country has done little more than oppress people. They feed a propaganda in which our nation is fundamentally an evil society. Why are the schools doing this to our children? One thing we learn from history is the simplest way to conquer a people is to divide them and turn them against themselves.

We are, and always have been, a diverse nation. We come from different families, towns, religions with different levels of cognitive abilities and skills. Our ancestors

came from different parts of the world. The strength of a nation is its ability to bind its people together for the common good.

Society cannot survive without diversity. But, diversity without unity leads to divisions. Division leads to tribal war.

The history of our country is filled with fights and skirmishes between factions, from the border wars between Maryland and Pennsylvania, to the civil war.

The strength of a nation is its ability to unify the diversity of its people. It’s when that unity fails that we are at our weakest. The history of our country is filled with fights and skirmishes between factions, from the border wars between Maryland and Pennsylvania, to the Civil War.

Society needs something to bind us people together. In some societies it is a person, the King or Queen, an Emperor, etc. The problem with humans is we are corruptible, subject to failure and death. Symbols and ideas are much stronger. Flags, songs, and legends throughout history have proven to be the greatest of social bindings.

The surest way to destroy a society is to attack its points of unity. The acceptable Progressive social narratives today aim at destroying those points of unity. For example:

- The American Flag is now a symbol of a racist nation and of oppression.
- All the founding fathers are evil.
- The Constitution and Bill of Rights are documents of hate written by bad dead white men.

- Betty Ross is evil because she is credited with the first design of the American Flag, (never mind that she was a member of the first abolition society in America)
- George Washington is evil and Colin Kaepernick is a hero.
- There is nothing great or special about this nation.

Granted, our country has some stains and low points in our history that should stand as lessons. But what should be taught and promoted is how we have overcome, corrected, and continued to improve. American exceptionalism is our ability to confront our weakness and failures, and move on.

Promoting American exceptionalism does not help the progressive agenda of destroying the fabric of our society. Like the Jacobins, they believe the nation must be destroyed to be rebuilt, History proves that such revolutions do not end well for anyone, including the revolutionaries.

As I finish this article, I’m watching a video of the militant progressives, who are called antifa, brutally attack people in Portland Washington including a young girl and a disabled veteran in a wheelchair. The Progressive Mayor of Portland, Ted Wheeler, orders police to stand down and allow the progressive militants to continue their attacks. So much for “Diversity is our strength” and “Hate has no home here”.

To read past editions of *The American Mind*, visit the Authors section of Emmitsburg.net.

Down Under

The age of miracles

Submitted by Lindsay Melbourne, Australia!

How long, I wondered, could this thing last?

But the age of miracles hadn’t passed.

- Ira Gershwin, ‘A foggy day’

We in Australia have just elected a new Prime Minister who has remarkably similar properties to your president. He believes in miracles, literally, as he used the M word in his acceptance speech. And he’s not a pedant – he simply said, “I believe in Miracles.” And he’s not a liar, because he knew it would take one to win.

So his Pentecostal faith once more brought him to his knees, then to his feet, arms raised, as he allowed the TV cameras to zoom onto him, possibly speaking in tongues. His Hillsong church burst into song, the followers knew they were truly justified, literally and spiritually, that they could now preach the gospel of superiority to the unbelievers, and all would be right in the heaven of the Australian parliament.

This is definitely a first any-

where in the world, something we all looked at with a degree of astonishment – was this guy real? Well, it turns out that so far, he is. He is a true believer, but what this means in the long term we just have to wait and see. Australians are a skeptical bunch, but we have been strangely quiet on this subject, as we’re wary of rubbishing sincerity.

President Trump probably doesn’t call his win a miracle, because he knows he was entirely responsible for it. In fact he has no use for them, (yet), egoists having faith in themselves alone, but he does talk in tongues, every hour of every day it seems – he calls them tweets – but fails to interpret them because they fall into a new category of logic – they are both true and untrue, depending of the nuance needed. Apart from that, they are as unlike as it is possible to get. Morrison is quiet, a man of the people eating pies and hot dogs, with no alcohol ever; he’s considered, no off-the-cuff pronouncements, a courteous listener who so far has not shouted, sworn or disparaged anyone.

He would be horrified if anyone suggested sexual misdeeds, business

chicanery, or cheating his employees. He runs his caucus in ways unheard of – ministers are advised not to go on camera or speak off-the-cuff except for a policy update. Gone is the braggadocio, the rubbishing of the opposition, or the rhetoric of former years. Parliament is almost quiet, much to the chagrin of the press gallery.

The oddest thing of all is that from the very first appearance in the election campaign until now, no mention of policy has been made. Yes, tax cuts to big business were essential, the books had to be balanced etc., none of it new or controversial. The opposition, meanwhile, went overboard with policies running out of its ears, leaving them wide open to attack and misunderstanding. He stuck to slogans: Jobs and growth, no new taxes, Australia first and so on. He took every opportunity to bag the Labor party, to visibly brush off criticism as if it was beneath his notice. Against every prediction, it worked. That’s how the miracle was crafted.

There is, however, several areas that the two leaders have in common. They are ultra-conservative, are anti-climate change, pro big business, anti refugee, and for the privatisation of government businesses. They appear to have got on well at the G20, and may do so at the G7 to which Morrison is going

as an observer, having been invited by Macron. This honour affirms Australia’s standing as an important mid-level democracy, and will allow the most powerful nations to see this man of faith close up.

President Trump has reiterated his high regard for Australia, and we have felt it necessary to honour this again by sending a warship to the Gulf to help protect oil tankers, but it is how we deal with the president’s lunacy that really matters, both to us and the rest of the world.

No one has ever experienced anything like his total lack of morality, or his unbelievable foreign policy. The trade war that he embarked on, and is now ramping up, will bring commerce to its knees if it goes on. It’s obvious that he is out of his depth in this area. No, depth is not the word – he has inverted reality, and is trying to fix a delicate situation with a sledgehammer. He accuses China of currency manipulation and unfair trade practices. They are simply doing what America has done itself in the past and which they knew no one could challenge, them being the guy with the biggest stick.

Now the other guy has an even bigger stick and is not going to fold. The world is now so interconnected that a war on the freedom of trade will produce no

winners, and America will suffer the most. His blinkered pronouncements are the last thing needs. Anyone with a vision of the whole will see that ignoring the consequences of idiocy like this will be the end of the world as we know it.

Of course, he may know this already, and just doesn’t care. He may know that within fifty years climate change will destroy most of us, that the Brazilian fires with do for oxygen levels what greenhouse gases are doing for sea levels.

Maybe he feels that this is not quick enough, so he better get moving and start the train wreck by killing trade. That’s possible, of course, but of this I am certain – someone will have removed him from office before then.

He may after all believe in miracles, that his actions will cauterize the self-inflicted wounds, that China will say, ‘sorry, Sir’ and climb back in its box, but it ain’t going to happen.

The real miracle will be getting the world back onto the road of prosperity again. Come on, all you faithful pray-believing people, get cracking. Morrison is.

You’re needed as never before

To read past editions of *Down Under*, visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

A good work

Pastor John Talcott
Christ's Community Church

Today, if you've got a job, work a 40-hour work week, get a lunch break and have weekends off, not to mention paid vacation, these are all benefits that can be attributed to years of battles by the labor unions in the late 1800s. The resulting legislation brought about liberation for a working class that was groaning under the weight of 18 plus hour workdays, poor working conditions and low pay. Now, for most of us today, Labor Day is just a day off, summer's last fling, but it began in 1894 as a good work when Matthew Maguire of the Central Labor Union and Peter J. McGuire of the American Federation of Labor were burdened by the plight of the American worker. You see, it wasn't until after the labor unions brought about many of the most basic benefits that we enjoy today that it was designated that the first Monday of September would be a day set aside to pay tribute to all the working men and women who have made America great.

And so, Labor Day, isn't just a celebration of something in the past, it's a celebration of the working class today and there is still a good work to do. In fact, we can learn from the past and we must, just as Matthew Maguire and Peter J. McGuire saw an American workforce that was struggling through an economic depression with little hope that things would ever get any better; it broke their hearts and both

men knew that something needed to be done. They saw the hard work of the American people and recognizing the abuses and the liberties that were taken by many employers, they realized it was a cause worth fighting for and they did.

My question for you is, "What's the injustice in the world that burdens you and is actually breaking your heart?" Maybe for you it's those with no voice, the plight of the unborn, or maybe it's those children with special needs, those who've been bullied, neglected, or abused. Today as you look around the community, for some of you it's those who are bound by addiction, the homeless, the elderly, or those who've been trafficked and abused their whole life. What is it that creates a righteous anger deep inside of you, breaking your heart, and burdening your soul? I'd like to encourage you to let it move you until you can't take it anymore and you've got to do something.

There's an incredible story in the Old Testament about a man named Nehemiah who found himself in a similar predicament. He was just an ordinary guy, he wasn't a priest or a prophet, but he was a man who had a divine burden, something that disturbed him, something that upset him on behalf of God and moved him in a significant way. This burden weighed upon him so heavily that he was compelled to quit his job and do something about it. And so, to give you a little bit of background, many years before the Babylonians

had attacked the Jewish people and completely destroyed Jerusalem. Not only that, but they took Jewish people captive, taking them away from their homeland and holding them as exiles in a foreign land. Well, now it's many decades later and thousands of the Jews had returned to Jerusalem to rebuild the city, but Nehemiah remained in Susa because he had a really good job. In fact, he was working for the king and so life was really good for him; but one day his brother came by and told him about the conditions at home in Jerusalem. He told Nehemiah, "Those who survived the exile and are back in the province are in great trouble and disgrace. The wall of Jerusalem is broken down and its gates have been burned with fire" (Nehemiah 1:3).

Nehemiah had hoped that things were going well, that his people had been successful in rebuilding, but now to hear that they were defenseless and discouraged, he didn't just feel sorry for them, he genuinely cared, because this was his heritage and these were his people. And so, he sincerely cared about the traditions of the past, his homeland, the ancestral city, and the glory of his God. In fact, he was so moved in his spirit that it became a burden in his soul that he couldn't ignore and he testified, "When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven" (Nehemiah 1:4). And for some of you, this is exactly where you are, you're bothered by something, you see a need, an injustice, and you're wondering what you can do. You're thinking about it, you know that you should do something, but you really have no idea what to do.

As Nehemiah's burden increased, his first response is what our first response should be and he went to God in prayer. This is so important and I hope that you'll remember that there's nothing too small or too big to take to Him in prayer. God cares about it all and so you just give all of your worries and cares to Him in prayer. This is what Nehemiah did, he prayed, and God showed him great favor. He went to



his boss, King Artaxerxes with this burden on his heart and obtained permission to return to Jerusalem with an escort and the authority to rebuild its walls. Upon arriving in Jerusalem, Nehemiah inspired the people as he told them about the gracious hand of God and what the king had said to him. Encouraged, they replied, "Let us start rebuilding." And so, they began this good work" (Nehemiah 2:18).

There are some of you today who have a burden, a passion about something that matters to the heart of God, and so I want to encourage you to seek God in prayer and begin the good work knowing that God will direct you and that he is always with you. Like Nehemiah, you can inspire the people around you to believe that God is for you, that he's given you favor, and he's empowering you to do a good work. In fact, just before Labor Day seven years ago, we opened Christ's Community Church in the Up-County Family Center in Emmitsburg with

nothing but a vision. We dreamed of a place where people from all walks of life, the broken, the hurting, and the discouraged could come together and find hope as they encountered the power of the Living God. Today Christ's Community Church is a spiritual hospital where people are being encouraged, healed, and saved by the grace of our loving God. But I believe God still wants to do a greater work; not because we care about numbers, but because God cares about people who are lonely, disconnected, hurting and discouraged. Wherever you are, would you join us in this good work, believing that all things are possible with God?

To learn more about Christ's Community Church them at www.cccaog.org or better yet, join them for Sunday service at 303 W. Lincoln Ave, Emmitsburg.

To read more Pastor's articles visit the emmitsburg.net.

GRACE BIBLE CHURCH



2430 Tract Rd. Fairfield Pa.
Sunday Services 10 a.m.

"For where two or three are gathered together in my name, there am I in the midst of them."
Matthew 18:20

Join us in praising God's word
All are welcome in the house of the Lord!



Pastor: Walter (Mickey) Barlow



CHRIST'S COMMUNITY CHURCH

Connecting God & Community

Please Join Us!

Contemporary Worship
Relevant Biblical Teaching
Dynamic Kids' Ministry

Celebrating Sundays at 10:30 am
& Wednesdays at 7:00 pm

www.cccaog.org
301-447-4224

303 West Lincoln Avenue
Emmitsburg
(Next to the town pool)



John Talcott
Senior Pastor

Dana Talcott
Children's Ministry



CHECK US OUT ON
FACEBOOK



Emmitsburg
Community Baptist Church

EmmitsburgCBC@aol.com • www.EmmitsburgCBC.org

Sunday Worship

10 a.m.

Seton Square Office Complex
17750 Creamery Road
Emmitsburg
240-397-1700



Pastor Joe Engel

Come, be a part of our family! We welcome you to worship with us as often as you can! God loves you and made you one of a kind! He has great plans for you, He wants the best for you. Come, discover His goodness!

THE BOOK OF DAYS

September - A golden harvest



There is now a busy movement, for men and maidens are out, with their beaded sickles, to gather in the golden harvest. To get his harvest in quick, while the weather is fine, is the study of the great corn-grower; and such a far-seeing man scarcely gives the cost a consideration, for he knows that those who delay will, if the weather changes, be ready to pay almost any price for reapers; so he gets in his corn 'while the sun shines.'

If well got in, what a price it will fetch in the market, compared with that which was left out in the rain, until it became discoloured and sprouted!

It is an anxious time for the farmer. He is continually looking at his weather-glass, and watching those out-of-door signs which denote a change in the weather, and which none are better acquainted with than those who pass so much of their life in the fields.

Unlike the manufacturer, who carries on his business indoors whatever the changes of the season may be, the farmer is dependent on the weather for the safety of his crop, and can never say what that will be, no matter how beautiful it may look while standing, until it is safely garnered. Somehow he seems to live nearer to God than the busy city dwellers, for he puts his trust in Him who has promised that He will always send 'seed-time and harvest.'

How gracefully a good reaper handles his sickle, and clutches the corn—one sweep, and the whole armful is down, and laid so neat and level, that when the band is put round the sheaf, the bottom of almost every straw touches the ground when it is reared up, and the ears look as level as they did while growing!

It is a nice art to make those corn-bands well, which bind the sheaves—to twist the ears of corn so that they shall all cluster together without shaking out the grain, and then to tie up the sheaves, so round and plump, that they may be rolled over, when stacking or load-

ing, without hardly a head becoming loose.

Who has not paused to see the high-piled wagons come rocking over the furrowed fields, and sweeping through the green lanes, at the leading-home of harvest? All the village turns out to see the last load carried into the rick-yard; the toothless old grandmother, in spectacles, stands at her cottage-door; the poor old labourer, who has been long ailing, and who will never more help to reap the harvest, leans on his stick in the sunshine; while the feeble buzzes of the children mingle with the deep-chested cheers of the men, and the silvery ring of maiden-voices—all welcoming home the last load with cheery voices.

Some are mounted on the sheaves, and one sheaf is often decorated with flowers and ribbons, the last that was in the field; and sometime a pretty girl sits sideways on one of the great fat horses, her straw-hat ornamented with flowers and ears of corn. Right proud she is when hailed by the rustics as the Harvest Queen!

Then there are the farmer, his wife, and daughters, all standing and smiling at the open gate of the stack-yard; and proud is the driver as he cocks his hat aside, and giving the horses a slight touch, sends the last load with a sweep into the yard, that almost makes you feel afraid it will topple over, so much does it rock coming in at this grand finish.

Rare gleanings are there, too, for the birds, and many a little animal, in the long lanes through which the wagons have passed during the harvest, for almost every overhanging branch has taken toll from the loads, while the hawthorn-hedges have swept over them like rakes.

The longtailed field-mouse will carry off many an ear to add to his winter-store, and stow away in his snug nest under the embankment. What grand subjects, mellowed by the setting suns of departed centuries, do these harvest-fields bring before a picture-loving eye!

Winged seeds now ride upon the air, like insects, many of them balanced like balloons, the broad top uppermost, and armed with hooked grapnels, which take fast hold of whatever they alight upon. We see the net-work of the spider suspended from leaf to branch, which in the early morning is hung with rounded crystals, for such seem the glittering dew-drops as they catch the light of the rising sun.

The hawthorn-berries begin to show red in the hedges, and we see scarlet where, a few weeks ago, the clustering wild-roses bloomed. Here and there, in sunny places, the bramble-berries have begun to blacken, though many yet wear a crude red, while some are green, nor is it unusual, in a mild September, to see a few of the satin-like bramble blossoms, putting out here and there, amid a profusion of berries.

The bee seems to move wearily from flower to flower, for they lie wider asunder now than they did a month ago, and the little hillocks covered with wild-thyme, which he scarcely deigned to notice then, he now gladly alights upon, and revels amid the tiny sprigs of lavender-coloured bloom.

Beautiful are the fern and heath covered wastes in September—with their bushes bearing wild-fruits. One may lie hidden for hours, watching how beast, bird, and insect pass their time away, and what they do in these solitudes. In such spots, we have seen great gorse-bushes in bloom, high as the head of a mounted horseman; impenetrable places where the bramble and the sloe had become entangled with the furze and the branches of stunted hawthorns, that had never been able to grow clear of the wild waste of underwood—spots where the boldest hunter is compelled to draw in his rein, and leave the hounds to work their way through the tangled maze.

Every here and there are sunny spots, and open glades, where the turf rose elastic from the tread, and great green walls of hazel shot up more like trees than shrubs. There were no such nuts to be found any-

where as on these aged hazels, which, when ripe, we could shake out of their husks, or cups—nothing to be found in our planted. Nuttries so firm and sweet as those grown in this wildwood, and Nutting Day is still kept up as a rural holiday in September in many parts.

Towards the end of the month, old and young, maidens and their sweethearts, generally accompanied by a troop of happy boys and girls, sally out with bags and crooks, bottles and baskets, containing drink and food, pipes and tobacco for the old people, and all that is required for a rough rustic repast 'all under the greenwood tree.'

A fashionable picnic is shorn of all that heart-happiness which is enjoyed by homely country-people, for, in the former, people are afraid of appearing natural. Pretty country girls were not called 'young ladies' at these rural holidays, but by their sweet-sounding Christian names; and oh what music there is in 'Mary' compared with 'Miss!'

What merry laughter have we heard ringing through those old woods, as some pretty maiden was uplifted by her sweet-heart to reach the ripe cluster of nuts which hung on the topmost bough, where they had been browned by the sun, when, overbalancing himself, they came down among the soft wood-grass, to the great merriment of every beholder!

Then what a beautiful banquet-hall they find in some open sunny spot, surrounded with hazels, and overtopped by tall trees, where the golden rays, shining through the leaves, throw a warm mellow light on all around! Nothing throws out smoother or more beautifully coloured branches than the hazel, the bark of which shines

as if it had been polished. And who has not admired its graceful catkins in spring that droop and wave like elegant laburnums, and are seen long before its leaves appear?

Nor does autumn, amid all its rich coloured foliage, skew a more beautiful object than a golden hued hazel-copse, which remains in leaf later than many of the trees. When this clear yellow tint of the leaves is seen, the nuts are ripe, and never before—one shake at a branch, and down they come rattling out of their cups by scores—real 'brown sheelers,' as they are called by country, people. Wood-nuts gathered at the end of September or the beginning of October, have the true 'nutty' flavour, which is never tasted if they are gathered before.

Historical

When the year began in March, this was the seventh of its months; consequently, was properly termed September. By the commencement of the year two months earlier, the name is now become inappropriate, as is likewise the case with its three followers—October, November, and December.

When Julius Caesar reformed the calendar, he gave this month a 31st day, which Augustus subsequently took from it; and so it has since remained. Our Saxon ancestors called it Gerst monat, or barley-month, because they then realized this crop; one of unusual importance to them, on account of the favourite beverage which they brewed from it.

Published in England in 1869

To read other stories associated with a particular day of the year in Robert Chambers' *The Book of Days* visit Emmitsburg.net.

Every Thursday thru the month of September

Stack of

RIBS

Onion Straws
Cole Slaw

\$17

4 p.m. to Close

SHAMROCK RESTAURANT

301-271-2912

Rt. 15 North of Thurmont
~ Closed Tuesdays ~

www.ShamrockRestaurant.com

Is Now the time to refinance your **Current Reverse Mortgage?**

With property values increasing in your area, I am sure that you've received mail, stating that you may be eligible for additional cash, but is it **true?** Is right now the best time to **refinance your current Reverse Mortgage?**

Get the truth from a local, experienced, Reverse Mortgage Professional...
Call today for your complimentary in person consultation!
p/t: 877-756-5996 c: 419-804-4898

JAMES MCCARRON, CSA NMLS #134401
Home Equity Retirement Specialist
Serving Maryland
p/t: 877.756.5006 c: 410.804.4898
jmccarron@rfslend.com
4 York Street, Suite 3
Taneytown | MD | 21787

RETIREMENT FUNDING SOLUTIONS
A Mutual of Omaha Bank Company
Mutual of Omaha Bank

Shamrock One Lending Inc. 6781 Retirement Funding Solutions, NMLS 1425804, 3831 Camino Del Rio N 192 San Diego, CA 92108. These materials are not from HUD or FHA and the document was not approved by HUD, FHA or any Government Agency. Subject to Credit Approval. www.mutualofomahabank.com

ECOLOGY

A closer look...

Danny Stoner
Strawberry Hill trainee
in Conservation Science

September - a time where summer weather slows down and begins to creep into the cooler fall weather. Take a moment to look outside and listen. There are no wild animals being born, flowers showing their brilliant colors have disappeared, there are no more frogs calling, and the pollen that makes so many of us sneeze is no longer piling on our cars. To most, things seem quiet in the temperate forests of Pennsylvania where the leaves are turning to reds and yellows in fall. However, if you look closely there is an explosion of activity.

Young and old together in massive numbers are on the move from their breeding grounds to escape the inevitable onslaught of snow that blankets the forest floor. Some of this you can see as the animals migrate in large groups during the day, while others like to travel in smaller numbers during the night. Migration is our chance to catch a glimpse at different animals and their amazing journeys.

Let us first take a look in the sky. There are two different paths for the sky, which are transcontinental and transoceanic. Transcontinental takes them over land, whereas transoceanic takes them over the ocean for one non-stop flight. Soaring high above us during the day, using updrafts of

air to aid them in their flights, are the birds of prey. Broad-winged Hawks are the best of them when it comes to numbers. Thousands can fill the sky in a single day, providing a mesmerizing sight that blankets the sky. On a rare occasion one might be able to see a Golden Eagle with its brilliant golden neck, which is typically a western species, and rivals the Bald Eagle in size.

If you take a look in the trees you might catch a glimpse of small birds, songbirds, jumping from branch to branch eating all the bugs they can catch. These small birds went through a metamorphosis, or molting in bird terms, from dazzling yellows, oranges, reds, and blues that we all love to their more drab colors, which makes them all appear somewhat the same. These are a challenge and a sight to behold. Unlike the birds of prey that migrate during the day, songbirds, like warblers, migrate during the night and land to feed during the day. You may only have a single day to witness certain bird species that migrate.

Birds, of course, are not the only species that rule the sky during migration. A certain butterfly has to travel 3,000 miles from North America to Mexico in order to survive. This butterfly is the Monarch. Monarchs are one of the only butterflies to migrate and do so typically in large groups. Even though they migrate they still hibernate once they get to their wintering grounds. The most

unique aspect about a monarch's migration is that they will return to the same trees as last winter, even though they are not the same butterflies.

Flight is the best way to travel long distances quickly, but when we take a look at the ground level, some species find migration a bit too difficult. Instead, they must find other means to survive the impending winter. These animals must battle it out to store or eat as much food as they can before it is gone. This helps to build up their fat stores to keep them warm throughout the cold winter months. By doing this they are getting ready for hibernation. Hibernation is when an animal's heart rate, breathing rate, and metabolic rate slows down to survive long periods of sleep. They only have a couple of months to do so and September is the start.

Most think of mammals as the only ones to hibernate, however there are many more that do so. Bears are one of the best examples of prime hibernators. They start by foraging for food and eating whatever they can find. Once they are filled to the brim they will search for a hibernaculum, a place that they use to hibernate in, and go into a deep slumber to wait out the winter when there is nothing to eat. They use the fat they built up as food for almost six months while they are hibernating. Once the snow and the chill of winter fades and the forests come to life, they re-emerge with offspring that are born in January.

The lesser-known hibernators are the frogs and snakes, which go



The local Wood Frog burrows beneath the leaves to wait out winter. There it will freeze - no heartbeat or breathing - however it is still alive.

through a process similar to hibernation called brumation. Brumation is used by cold-blooded species, and each have their own unique methods. One species of frog, the Wood Frog, will start to burrow beneath leaves to wait for the cold bite of the winter frost. When the frost penetrates deep into the ground it also penetrates into the frog and freezes it. There is no heartbeat nor breathing. Everything is still. However, there is life. The frog's organs are intact with their natural antifreeze in the form of sugar and special cells. Once the frost thaws, so do the frogs, which hop into spring for a new start. Unlike the Wood Frog, snakes do not freeze. Snakes will go deep underground into caves or holes in large numbers to escape the cold. They don't go in

search of their own species either. All different types of species can be found within a hibernaculum huddling and waiting out the cold.

September - a time of action. Take a walk outside and if you pay close attention you will see and hear the commotion of animals scurrying around and the shadows of birds soaring above you to collect food or move south. September is the last month or so before most life in our forests takes a break or leaves for the winter, so take one last glimpse at the brilliant colors and animals that surround you, or you will have to wait out the cold just like the animals to get your next chance.

To read past Ecology articles, visit Emmitsburg.net.



PEAK

BENEFITS GROUP

Help make someone else's future better while planning for a better future yourself

SEPTEMBER thru NOVEMBER

Step 1 Review

MEDICARE & MAJOR MEDICAL INSURANCE POLICIES

Step 2 We Donate

\$5 TO TOYS FOR TOTS OR A CANCER FOUNDATION OF YOUR CHOICE

Step 3 G-I-V-E

FAMILY & COMMUNITY PROTECTION AND PROSPERITY THROUGH PLANNING

301-304-3249

WWW.PEAKBENEFITSGROUP.COM

Land Conservancy partners with farming family to preserve 142 acres in Cumberland Twp.

Ask Barb Wolf about farming, and she goes directly to the heart of the matter: "It's what we do, and who we are."

The Wolf family has been farming their 142 acres in Cumberland Township for 98 years, and three generations. Phil and Barb are full-time farmers, and they can't imagine a future in which their hay and wheat fields are paved over to make room for a housing development. So they recently chose to ensure that their family is able to farm the land for generations to come—by preserving their farm with the help of the Land Conservancy of Adams County.

Like the Wolfs, Sarah Kipp, the conservancy's land conservation coordinator, was among many who recognized the importance of preserving the farm. "This farm adjoins two other properties that we've preserved," she said. "It has almost a mile of road frontage, and it's visible from parts of the Gettysburg National Military Park. So, understandably, we were thrilled about the opportunity to protect such a scenic working farm that contributes to the agricultural and historic landscape around Gettysburg. In fact, its importance is also shown by how many partners contributed to purchase the easement—the USDA's Agricultural Conservation Easement Pro-

gram, the Adams County Office of Planning and Development, and the American Battlefield Trust all helped make this project possible."

The American Battlefield Trust was intrigued by the Wolf farm preservation project in part because the farm played an important part of the Battle of Gettysburg, though it was owned by the Plank family at the time. The farm was the site of the pivotal counter-march by Confederate troops under General Longstreet on the second day of the battle, a march that greatly influenced the timing and results of the action on the southern flank. The farm was later used as a field hospital, with wounded enlisted men being treated in the barn and officers treated in the house.

The Land Conservancy of Adams County is an accredited, member-supported nonprofit land trust with the mission of preserving the rural lands and character of Adams County. With the preservation of the Wolf farm, the conservancy has permanently protected more than 11,000 acres of Adams County farmland, woodlands, waterways, open spaces, and historic areas. For more information about the Land Conservancy of Adams County, visit LCACnet.org.

IN THE COUNTRY

Preventing raptor road-kill

Tim Iverson, Naturalist

Believe it or not it had been a rather pleasant afternoon commute up 270-N. I had been following the same sedan for some miles now. As any good driver does my eyes made the circuit from looking ahead through the windshield, up to the rearview mirror, over to the side view mirrors, and every now and again to check the time and speed I was going. After one of these rounds I make it back to staring forward, and I catch a glimpse of a hand fling something out of the driver's side window. The yellow and slender skin with arms flailing in the wind made it abundantly clear what they had tossed aside. It couldn't have been anything other than a banana peel. Big deal you might be asking yourself. Well, I am here to tell you that it is a big deal.

At seven state parks across Maryland there are aviaries housing injured wildlife that will never be able to return to the wild because they can no longer care for themselves as the result of human caused injuries. The closest to our area is located at Cunningham Falls State Park. Within this aviary are animals, most of who have been hit by cars. These accidents could largely be avoidable. Most think of roadside litter as trash bags, empty fast food bags, cups and containers, and other kinds of junk. When presented with the idea of banana peels or apple cores or other natural and biodegradable things they think it's perfectly natural and fine to toss them aside as they please. However, this is not the case. The raptors living in Maryland Park Service aviaries can provide ample evidence as to why.

Let's meet a Red Tailed Hawk for just a minute. This beautiful bird of prey is the largest hawk that lives in Maryland. This bird prefers wide open spaces, primarily fields. In fact, if we're being honest this is probably one species that has benefited from deforestation and development. They feast on small mammals like mice, rabbits, squirrels, and smaller birds in their territory. You can often see them sitting on the sides of roadways. They're usually perched upon telephone poles, over head lights, or signs. They are naturally drawn to these areas because of high perch places, and the abundance of prey.

You see rodents are naturally attracted to any type of food trash. It doesn't matter if that fast food bag is empty or not, because it still smells like French fries and burgers. Empty wrappers still retain the scent of whatever food they packaged as well. Banana peels, apple cores, or other food waste will still attract prey like mice to the sides of roadways in search of a quick meal. Red-tailed Hawks, and other birds of prey, know this and will wait for prey to arrive. Then when the moment is right they'll strike. They swoop down from on high to claim their catch. Often times though it's not that simple. They are competing with the tumult of traffic which can be chaos to process for wildlife. Raptors fre-

quently are struck by cars in the process of hunting. In most cases these birds are killed on impact. A lucky few who do survive and make it to medical assistance in time may be able to fully recover and be rereleased to the wild. However, the majority of those who are hit and survive will not be able to go back. These reasons can vary: wing amputations, which makes flight impossible; brain damage, which makes hunting and survival impossible; or loss of vision in one or both eyes, which makes hunting, flying, and surviving difficult to impossible.

For those birds that are fortunate enough to survive, but cannot survive on their own will be placed in zoos and aviaries throughout the county. The Maryland Park Service has a program called Scales & Tales which cares for and houses wildlife like this. Scales & Tales is an environmental education program that provides people the opportunity to see these wild animals up close. By relating the "tale" or story of the animals the Maryland Park Service can reach out to the public and educate them on environmental issues of concern. These issues range from environmental pollution, climate change, habitat and resource loss, invasive species, and more. There are a few ways people can help these animals as well as wildlife.

The first way is by visiting these aviaries, parks, and wild spaces in general. By raising your awareness you are likely to make lasting lifestyle changes and be able to spread the message to others. Scales & Tales also has an adoption program that allows you to symbolically "adopt" these animals, and the money goes towards their care and well being. The best way to help them is to help prevent unnecessary injuries from happening in the first place. Practicing Leave No Trace is a great way to start.

Leave No Trace is a non-profit organization and a set of principles or ethics regarding how we use and treat the great outdoors. These seven ideas are easy to follow and very reasonable. They are:

1. Plan Ahead & Prepare – Make sure you pack all necessary food, gear, etc. Know your way so you don't get lost. Most importantly, plan for how to pack your waste and bring it back with you
2. Travel/Camp on Durable Surfaces – When you hike or camp off of specific or regulated areas you destroy vegetation that prevents rain runoff and destroy habitat by expanding human impact
3. Dispose of Waste Properly – If you brought it there, then make sure you bring it back.
4. Leave What You Find – This way another passerby can experience what you did
5. Minimize Campfire Impacts – If there are existing fire rings then use them! Otherwise the woods will be pockmarked with blackened scorched earth
6. Respect Wildlife – Respect all wildlife, but remember some wildlife can be venomous or dangerous so if you don't respect them they will not respect you.
7. Be Considerate of Other Visitors – You'd hate it if you were soaking up the beauty of the outdoors and someone was being loud, rude, and disruptive. Don't do it to someone else.

Leave No Trace can usually be summed up by the adage, "Take only pictures, leave only footprints." By practicing these principles in all of our outdoor affairs we can assure that every one of us can always enjoy what the wild lands have to offer. Just like you try to take care of your personal stuff, we need to take care of our collective stuff. Throwing the banana peel out instead of waiting to find a trash can is reckless. It endangers wildlife by setting them up for disaster. When this happens often enough the scavengers eating it become accustomed to the food source, and may starve when or if it is no longer available. The simple act of just waiting



a few more minutes is well worth the investment to preserve the independent and natural order of things. I once saw a road sign while working for the National Park Service in Big Bend Texas that I think I'd like to

leave you with – Litterin' is unAW-FUL! Make sure the impact you leave behind is a positive one.

To read past In the Country articles, visit Emmitsburg.net.

Pet Show at Thurmont & Emmitsburg Community Show

The Thurmont & Emmitsburg Community Show will be held at Catocin High School, 14745 Sabillasville Road, Thurmont on September 6, 7 & 8.

On Saturday morning, Sept. 7, the annual Pet Show's registration begins at 10 am on the front lawn of Catocin High School. The Pet Show will begin at 10:30 a.m. Entries will be accepted from any person in the Catocin High School feeder area and all pets must be handled by their owners.

New this year will be the addition of premium money for winners in each class as follows: 1st - \$5.00; 2nd, \$4.50 and 3rd - \$4.00, and premium checks will be mailed to exhibitors by November 15. A Champion and Reserve Champion awards will be selected from the first-place winners of all 12 classes.

There is only one entry per person in each class, and you may enter as many classes as you wish.

Pet Show Classes:

- Class 1 – Cat with Prettiest Eyes
- Class 2 – Cat with Longest Whiskers
- Class 3 – Cutest Cat

- Class 4 – Best Trained Pet
- Class 5 – Dog with Waggiest Tail
- Class 6 – Prettiest Dog – 25 lbs. and under
- Class 7 – Prettiest Dog – 26 lbs. and over
- Class 8 – Best Costumed Pet
- Class 9 – Pet with Most Spots
- Class 10- Largest Pet (by height)
- Class 11 – Most Unusual Pet
- Class 12 – Smallest Pet

Additional Important Pet Show Information: An ant is not a pet, animals are not allowed in the school and please bring your own lawn chairs to enjoy watching the pet show.

Before the Pet Show begins, at 10 a.m., Thurmont Police Department's Cpl. Tim Duhan will give a K-9 demonstration with their police dog, Majo.

The Community Show's admission and parking are free! Please stop by the Hospitality Booth at the high school's entrance and sign up for door prizes, which will be drawn each evening. Also, a silver offering will be received to benefit the Thurmont and Emmitsburg Food Banks.

QUALITY AUTO REPAIR!
24 HOUR TOWING

WE REPAIR DENTS AND DINGS FROM SCRATCHES TO ROLL OVERS!

PROFESSIONAL, COURTEOUS SERVICE FROM THE OFFICE TO THE SHOP!

Complete Auto Body & Full-Time Restoration Service!

SERVING OVER 20 YEARS IN THURMONT

All Major Insurance Carriers Accepted
 Lifetime Warranty On All Repairs
 Car Rentals Available On-Site
 All Makes And Models

MIKE'S AUTO BODY
 Collision & Restorations, Inc.
 12917 Catocin Furnace Rd., Thurmont
301-271-7626

Terry's TAG & TITLE
 www.tagsintenminutes.com

Fast, Friendly Customer Service • Convenient Hours
 New Tags & Registration Issued "On the Spot" (restrictions may apply)
 Tag Renewal ~ New-To-State Registration
 Boat Registration ~ Duplicate Titles
 Tag Return ~ Insurance Compliance

BRING THIS AD IN FOR \$5.00 OFF ANY SERVICE FEE
 (Not Valid On Tag Returns)

Locations
 Saturday hours available at these locations!

Westminster 410-517-3111
Eldersburg 410-549-4111
Columbia 443-542-5111
Owings Mills 410-581-6111

UNION BRIDGE • 410-756-7111
 52 N. Main St. • M-F 1-7 p.m.

TANEYTOWN • 410-756-4960
 M-F - 9 a.m. - 5 p.m. • Check our other locations for Saturday hours

Reliable • Experienced • Knowledgeable • Professional • Affordable • Confidential

REAL SCIENCE

America's travel to the moon

Michael Rosenthal

In July of 1969 we went to the moon. The launch date was July 16, 1969, at 13:32:00. Who would have dreamed that we could do this? The duration of the mission was 8 days, 3 hours, 18 minutes, and 35 seconds. The landing date was thus July 24, 1969. The mass of the vehicle was 100,756 pounds on launch. The three crew members were Neil A. Armstrong, Michael Collins, and Edwin E. (Buzz) Aldrin, Jr. The launch took place from the Kennedy Space Center on Merritt Island, Florida, and the vehicle landed upon its return in the North Pacific Ocean. The flight was designated Apollo 11. This was the fifth crewed mission of the NASA Apollo Program.

All three of the astronauts had flown one previous spaceflight, and this flight was the final flight for each of them. Armstrong was the Commander, Collins was the Command Module Pilot, and Aldrin was the Lunar Module Pilot.

An estimated one million spectators watched the Apollo 11 launch. Among them were President Lyndon Johnson and Lady Bird Johnson, the first lady, as well as many government officials who watched the launch from highways and beaches in the vicinity of the launch.

At 12:52:00 Aldrin and Armstrong entered Eagle, the lunar

lander, and made final preparations for lunar descent. At 17:44:00 Eagle separated from Columbia with Armstrong and Aldrin, leaving Collins alone aboard Columbia. Armstrong piloted Eagle, and Aldrin chose navigation options. Eagle's hatch was opened at 2:29:33, and at 02:51 Armstrong began his descent to the lunar surface. More exact details of the activities on the Moon's surface can be found in the Wikipedia article.

The astronauts spent some 21.5 hours on the lunar surface, and left behind many mementoes, as well as scientific instruments. After seven hours of rest, the crew began to prepare for the return flight, and they lifted off in Eagle to rejoin Collins aboard Columbia. The astronauts landed at 16:50:35 on July 24, 1969 in the North Pacific Ocean, and they were recovered by the U.S.S. Hornet. The splashdown occurred safely with Columbia upside down but was righted within ten minutes by flotation bags. The astronauts were safely home!

On August 13 the three astronauts rode in ticker-tape parade in New York and in Chicago, with some 6 million attendees. Each astronaut was presented the Presidential Medal of Freedom by President Nixon and Vice-President Agnew. Many more fascinating aspects of this experience can be found in the Wikipedia arti-

cle. The United States Postal Service issued two stamps commemorating the 50th Anniversary of the Moon Landing on July 19 of this year.

Now 50 years later there are still people who believe the whole project was a hoax. This has received recent attention because The Trump administration has ordered NASA to put astronauts back on the moon by 2024. The Internet has allowed the doubters to spread the word of their theories. Polls indicate that about five percent of the public believes the Moon landing never happened. There is solid evidence to support the landing such as some 842 pounds of Moon rocks brought back by the astronauts. In 2002 Buzz Aldrin was confronted and hectored by a conspiracy theorist in Beverly Hills. Aldrin decked him with a right cross. This is yet another example of people believing what they want to believe, rather than what is supported by scientific fact. I am so amazed, as I've often stated in this column, how susceptible people are to believing what they want to believe, ignoring scientific facts. As we've written previously there are still people who believe the earth is flat.

* * *

The global vaccine issue continues. The World Health Organization has named vaccine hesitancy as one of the top ten global health threats. This is not the first example of anti-science medical dissent.



Some conspiracy theorists believe the Apollo moon landings never happened. Instead, they believe they were filmed by Stanley Kubrick for NASA to hide its failure in putting a man on the moon.

A vaccine boycott occurred in 2003-2004 in Nigeria, and it sparked the retransmission of polio across multiple countries. The belief generated was based on the false assumption that vaccines were contaminated with antifertility drugs. This event cost the Global Polio Eradication Initiative over \$500 million to regain the progress that was lost from this false assumption. In Japan complaints about side effects caused vaccination against human papilloma virus to plummet. The vaccines have been scientifically proven safe.

The plastic accumulation problem continues. However, I read about one piece of good news. Researchers have engineered a new variety of plastic that can be easily and endlessly recycled. Only 10% of the plastic used in the United States is recycled now. And why can't we just go back to paper straws? The worked just fine when I was growing up. This new type of plastic requires less energy to break the chemical bonds and can be split apart at room temperature in a strong acid solution. Conventional plastics require heat and catalysts to break down their structure.

How about some good news. Maryland is taking a strong position on developing sources of renewable energy, with ambitious goals to derive half its electricity from renewable sources by the end of the next decade. Governor Hogan has recently issued an executive order forming a task force of cabinet officials, representatives from local government, and the renewable energy industry to recommend new state laws on selecting renewable energy sites. Governor Hogan is especially interested in developing solar farms. People have objected to solar farms, and say that they would obstruct their views, an argument similar to the objection to wind farms offshore along the east coast. It amazes me how some people can be this selfish.

I guess I may be a minority in liking to see solar farms and wind farms, aesthetically as well as in support of my scientific and social values.

There is a widely prescribed prescription drug named gabapentin, which is being taken by millions of people to relieve pain. The drug was originally approved 25 years ago to treat seizure disorders, but is now prescribed for a wide range of problems, including relief of acute and chronic pain of all kinds. When a drug is approved by the FDA, it can be prescribed for any condition the prescribing physician chooses, and that is the problem here. This drug is now shown to be highly addictive, in the manner of opioids. The drug is only formally approved for four conditions: postherpetic neuralgia, diabetic neuropathy, fibromyalgia, and spinal cord injury. Even for these conditions the drug has been found to be more a placebo than really helping the patient overcome the condition. But this drug is being prescribed by physicians for other pain conditions. This drug is expensive. In 2016 some 64 million prescriptions for it were issued. Though not as dangerous as opioids, overuse can cause long-term problems. The moral of this story, at least to me, is that one must choose a physician who is willing to

do research on treatment before offering solutions. I spent many years as the premedical advisor in an excellent small college in which I taught chemistry, and though I saw many students go to medical school whom I was sure would become good scientists and continue to study their treatment protocol, including drug prescription choices, there were a few in whom I did not see utilizing that scientific approach to the practice of medicine. Choose your physician carefully.

To read past articles by Michael Rosenthal visit the Authors Section of Emmitsburg.net.



Complete Auto Diagnostic

AUTO SALES & SERVICE STORAGE UNITS & UHAUL RENTALS

Highly Experienced ASE Certified Mechanic • Full Service Repairs
Oil Changes • Fluid Flushes • Mount, Balance & Rotate Tires
Auto Detailing • Alignments • Brakes & More!

**SEE WHAT OUR CUSTOMERS
ARE SAYING**

Just such a pleasure to deal with honest and fair prices. They always stay within the estimate for the big jobs. They usually can always get you in for an oil change right away and that means a lot when you have a busy schedule.

*Thanks to all your help Champ.
- Timothy Price*

**FREE VEHICLE DIAGNOSTIC
with the purchase of any service!**

**Air Condition
Special
\$99⁹⁹**

Includes: System check,
evacuate & recharge with dye
leak detector

**MUST PRESENT COUPON
EXPIRES 9/30/19**

MON. - FRI. 8:30 a.m. - 5:30 p.m. SATURDAY 9 a.m. - 1 p.m.

7702 Roddy Creek Rd., Thurmont
(Across from Gateway Candyland off Rt. 15)

240-288-8320

completeautodiagnostic.com WALK-INS WELCOME!

EMMITSBURG Tattoo COMPANY

2 West Main Street

Hours: Tues. - Fri. 12-9 p.m., Sat. 12-8 p.m.

301-447-6837

EmmitsburgTattooCompany@gmail.com Walk-Ins Welcome!

VILLAGE IDIOT

A library lecture

Jack Deatherage

Occasionally I get to thinking someone might want a snippet of knowledge I've accumulated over the last sixty some years. Rarely does anyone seem interested in anything I think I know. Much of my knowledge is based in books the library discarded because patrons were no longer reading them. Why I think reshelving these books in my house serves any purpose other than irritating the DW is a puzzlement. Like, who am I going to meet who *needs* to know how to hand spin wool, or twist, bend and hammer wire into jewelry?

One of the voices in my head mutters, "It could happen." Then it reminds me I still have to compose a lecture on basic bread building I agreed, or someone in my head agreed, to present at the library sometime in October. I also have to rehearse the lecture- complete with actually building a bread dough so those in attendance can see and feel how it's done each step of the way- and I'll need to keep babbling for around 30 minutes. (Gods help me if there are questions afterward! Which reminds me- I also need to put together a list of resource books the library's Marina computer card catalog might be able to supply. I also need to gather the bread books I have that the public libraries don't have because I bought them as they were discarded- "due to lack of use".

Given the amount of time and effort I'm putting into preparing for this lecture (I expect maybe two, or five people to attend) I'm wondering if what I'll get out of it is worth it?

"Duh." Mutters another voice in my head. "Who cares if no one shows up to hear you bumble along about grams and cheap flour? Aren't *you* learning techniques and processes that have improved *your* breads?"

Snarling, I admit I'm learning more'n I thought I would. After all the builds and bakes, after all the books and online videos I've rushed through seeking the perfect bread, I find myself suddenly knowing enough to know I don't know what I'm doing.

"Ha!" The voice sneers. "The perfect time to present a lecture to wannabe bread builders. You're at their level of knowledge, or considerably lower, depending on who shows up!"

After seriously questioning my sanity for the third, or twelfth time today, I allow that stripping my bread building methods to the bone- so a beginner could slide decent bread from an oven- after building it with easily acquired ingredients, minimal knowledge and technique- may be a good way to cement the method in my increasingly forgetful brain.

100% flour, 65% liquid, 2% salt, yeast (generally by a fraction of a teaspoon) is my basic formula. (Recipes are formulas, but formulas aren't recipes.) I use formulas rather than recipes for three reasons.

First, formulas are easy to remember and are written in bakers shorthand- 100, 65, 2- or the percentages of flour, hydration and salt. Yeast is measured by spoonfuls in a home kitchen, but in a bakery it is a percentage of the flour's weight and would be recorded that way in a formula.

Second, percentages are easiest to calculate if the ingredients are weighed in grams, as bakeries tend to do. (If I only have 400 grams of flour on hand I can figure on needing 260 grams of some liquid- 65% of the flour's weight, and 8 grams of salt- 2% of the flour's weight.) Weighing ingredients is a more precise measure than cups and spoonfuls, and generally turns out breads of consistent character and quality regardless of uncontrollable factors such as humidity, or who measures the ingredients.

Third, if I'm building burger buns for the DW, dogs and myself I'd probably plug 500 grams of flour into the basic formula and calculate the other ingredient percentages in my head. If the DW's sister asked for fresh bread for a party she was throwing for ten people I'd probably begin with 1,500 grams of flour and work it out from there.

So why isn't the basic formula my basic recipe?

Flours vary- greatly! Wheat flours off the local supermarket shelves tend

to be labeled: All-purpose, Bread, Unbleached, Whole Wheat (usually stone ground), and depending on the store, come in these brands: Gold Medal, Pillsbury, White Lily, Robin Hood, Store Brands and King Arthur- each slightly or more so different from the other. The options only begin there! I have two imported Italian flours in a freezer alongside three Russian flours! I also have several heirlooms- ancestors of modern wheat- as well as "sprouted" flours for the next level of the bread experiments.

Beyond wheat flour lies rye, corn, rice, potato, millet, buckwheat, quinoa, bean and probably dozens of other grains and seeds I haven't stumbled over yet as I dig ever deeper into bread building. Each grain or seed, or combinations of any or all of them change the flavor, fragrance, texture, appearance and the shelf-life of a bread.

Hydration is just as exciting. Water-bottled: tap, spring, purified or mineral; well- limestone or not, rain- acid or not. Milk- whole to skimmed, buttermilk and cream- Cow, goat, horse, sheep, almond, soy. Eggs, fruit juices, beer, wine, whiskey can all be used to hydrate and flavor a dough.

Salt is simple, right? (Please be right!) Ha! Table salt, sea salts (dozens of them!), mined mineral salts (dozens more), Kosher salt- each brand and type varies little or greatly in how much a spoonful weighs which is why they are weighed rather than scooped and leveled.



Sorting through the possibilities and plugging them into the formula still doesn't give me a recipe! Do I begin with an autolyse- mixing water with flour to fully hydrate the flour and allow the gluten bonds to begin forming which reduces kneading time, or do I mix everything at once and basically build what I call a "quick" bread?

Finally ready for the oven? Nope. Two more ingredients still need dealt with. Time and temperature.

How many hours should the autolyse take? How many hours should the poolish work at room temperature? What is the room temperature? (The French artisan bakers I've read about say 75 Fahrenheit.) The longer the dough ferments the more flavorful the bread will be. Do I retard a dough in the fridge, use tiny amounts of yeast and let the dough ferment for days on

the counter? Do I use flour from the freezer to slow the process down?

I haven't touched on adding nuts, fruits, cheeses, meats, herbs or chocolates to a dough! The offspring, now a professional cook, and the Mad One, now an American Bulgarian I once bullied into building a bread (she now builds better breads than I do), tell me to "keep the lecture simple. All-purpose flour, tap water, table salt and a teaspoon of active dry yeast. 450F oven. A baking sheet and a timer.

"And keep the lecture short and simple! You do tend to be a motor-mouth and stray off topic more than most people can handle or follow."

Ha! I resemble that remark!

To read past articles by Jack Deatherage visit, the Authors section of Emmitsburg.net.



CRUISE PLANNERS®

YOUR LAND AND CRUISE EXPERTS

CRUISE FROM BALTIMORE

TO Bermuda!

Memorial Day Weekend

May 23-28, 2020

- *Monthly Payment Options
- *Prices start at \$549 per person
- *On-board credit
- *Coupons to Use On-Board the Ship



Barb Cline, ECC
 Your Personal Travel Professional
 866-397-3201 ■ 240-575-5966
 BarbClineTravel.com
 CruisePlannersFrederick.com

GETTYSBURG TRADING POST.COM



717-334-3979

Firearms ~ Ammo ~ Jewelry ~ Tools
Electronics & More!

www.gettysburgtradingpost.com

Monday - Friday 10 a.m. - 8 p.m. ~ Saturday 12 - 6 p.m.

2222 York Rd. Gettysburg

THE MASTER GARDENER

Invasive Plants

Mary Ann Ryan
Consumer Horticulture
Program Coordinator,
Penn State Extension

Why care about invasive plants? What does it matter? What determines if a plant is invasive?

"An invasive species is defined as a species that is non-native (or alien) to the ecosystem under consideration; and whose introduction causes, or is likely to cause, economic or environmental harm or harm to human health. (Executive Order 13112)." <https://www.fs.fed.us/wildflowers/invasives/index.shtml>

What does this mean? How does this affect me? What can I do about it?

Environmental impact caused by an invasive species goes something like this:

An ecosystem works because of the insect-plant-water-mammal relationship. In the case of invasive plants, seeds or plant parts of

the invasive species are introduced to a natural area or ecosystem. This could be by equipment, water, air, bird dispersal, etc. The seeds germinate, plant parts take root, and plants begin to grow and spread. The invasive plants take over an area, shading the natural, or native, plant material that typically grows in that ecosystem. As a result, the plants that should be living there, that supports insects and wildlife that live there, are no longer a food source. Therefore, the native insects disappear. If the insects disappear, then the birds and small mammals that feed on those insects disappear. If those small mammals and birds disappear, then the larger mammals disappear. You see where this is going. Suddenly our natural environment is gone and replaced by unnatural plants that provide little to no food source. Often times, these plants change the soil chemistry, thus challenging even the mighty trees that grow in that particular ecosystem.

So the need to recognize these invasive species becomes a challenge and a concern for everyone. In our gardens, we can manage these weeds easily enough. If we can recognize them and remove them right away, we can help manage the spread of these species easy enough.

Here are some common and alarming plants that we see in the landscape, as well as in the natural environment.

Japanese stiltgrass. This highly invasive weed looks a lot like a dwarf bamboo. It has long, narrow leaves, and acts as a ground cover. It thrives in shaded areas and does great in the sun as well. At home, it has appeared in my vegetable garden, my perennial gardens as well as our meadow planting. We have it growing in our wooded area. How did it get in so many places? I'm certain we have moved it around by our mower and our shoes. It first appeared in the woods, along the stream. Water moved and deposited either seeds or plant parts. It has increased, becoming a ground cover on the forest floor. Then it began showing up in the perennial bed. There I can keep up with it by pulling it as I see it. The vegetable garden was the next site. Hand pulling has been relatively successful in the garden itself, however, in the turf around the vegetable garden, I'm seeing an increase in population, and having much difficulty managing it. The edge of the meadow is its next victim. We've worked very hard in establishing the meadow and the introduction of stiltgrass has quickly thwarted our efforts.

The weed control "toolbox" has



Japanese barberry is one of the many invasive species found creeping into our forests, yards and gardens. It is important to recognize invasives and learn how to take action against them as they bring harm to many of our native species of plants, animals and insects.

many options and managing these invasive species will take calculated steps. Our first method of control is hand-pulling, as mentioned previously. However, in larger areas like the turf and meadow, this method is not practical or efficient. My next step along the meadow's edge is to use newspaper to kill the stiltgrass. This I can do late spring through late fall. The hope is that this will reduce the amount of stiltgrass that would potentially creep into the bulk of the meadow. There are chemical options: pre-emergent and post-emergent herbicides can be used. Pre-emergent herbicides are applied before seeds germinate. Japanese stiltgrass is an annual grass, which means every spring it must start from seed,

just like crabgrass does. So applying an herbicide before germination (the time frame is earlier than that of crabgrass control) will help in management. This can be a challenge as the pre-emergent can also stop other seeds from germinating—seeds of plants that you want, like Rudbeckia triloba, coneflowers, Maximillian sunflowers, etc. So planning and choices must be made.

Another option is post emergent herbicides. These are applied after the plants are actively growing. Depending on what product you use, will be dependent on the timing of the application. As with all herbicides, you must READ THE LABEL, so timing, application rate and proper protection are followed.

Japanese barberry, Berberis thunbergii, is another problem in the forest. This is a tricky one, as cultivars of this barberry are sold in the plant industry. I have seen this plant totally consume a forest floor, so that nothing else is growing. Eliminating all other vegetation takes away many critters that rely on the native plants to survive. Seeds of Japanese barberry can spread through birds. Also plant parts can be deposited and take hold. One of the easiest things we can do as gardeners is to stop purchasing Japanese barberry. In PA, this plant is not illegal to propagate, sell or distribute. Therefore cultivars of this barberry are available in many nurseries and box stores. As an informed gardener, we can choose other plants like Itea virginiana, Clethra alnifolia 'Hummingbird', or Low Scape Mound® Aronia melanocarpa as substitutes. When making plant choices, be sure to research the plants first before purchasing.

Euonymus alatus, burning bush, is another upcoming invasive plant. Just like the barberry, this plant is sold in the nursery trade. However, this too has invaded our natural ecosystems. Some substitutes include Aronia melanocarpa (chokeberry) and Fothergilla gardenia (witchhazel).

The toolbox is the same for all invasive plants. When seeing small barberry or burning bush plants, pull them. Once

Middle Creek Nursery

860 Middle Creek Rd., Fairfield, PA 17320
717-334-8605

Nice Plants, Sensible Prices!

END OF SUMMER SALE	
3 gal. Assorted Shrubs (some "Proven Winners") \$15 to \$19.95	1 gal. Assorted Shrubs (some "Proven Winners") <i>These were freshly grown this year</i> \$8.50 to \$12
Nice 2.5 gal. 'Green Velvet' Boxwoods \$10	Nice 3 gal. 'Mops' Gold Threads \$12

ALL THESE AND MORE ARE ON OUR WEBSITE!
MUMS for fall sometime after Labor Day

Please visit our website at:
www.middlecreeknursery.com

for PRICES and DIRECTIONS or feel free to call!

Monday-Friday 9 a.m. - 5 p.m., Saturday 9 a.m. - 4 p.m.
Sundays & Holidays 11 a.m. - 4 p.m.

Custom Combining
Hay and Straw Sales

TRIPLE K FARM

Custom Combining of Wheat, Soy Beans and Corn

\$35 per acre

14519 Old Frederick Rd., Rocky Ridge, MD 21778

Ken Marshall, Sr. 240-439-7848 Ken Marshall, Jr. 301-305-4783

PATRICK ARENTZ GENERAL SERVICES

Landscaping, Light Excavation & Backhoe Services,
Topsoil, Mulch, Firewood Sales, Tree Removal,
Storm Clean-Up, Lot Clearing & Demo,
Mowing: Lawns & Fields
Trimming: Trees & Shrubs
Hauling: Junk & Debris

www.arentzs.com

717-642-6802

License # PA002802

TAKE STRENGTH FOR A TEST DRIVE.

SAVE \$100 ON SELECT XT ENDURO SERIES™

XTT LT42"

Incredible strength meets ultimate comfort with a hydrostatic transmission, adjustable seating, 42-inch stamped twin-blade cutting deck and an 18 hp** Kohler* engine.

SALE PRICE

\$1,599*

REFLECTS \$100 OFF

XTT LT46"

Same standard features as the XTT LT42" but take a step up to a more powerful 22 hp** Kohler V-twin OHV engine and a 46-inch stamped twin-blade cutting deck.

SALE PRICE

\$1,799*

REFLECTS \$100 OFF

XT2 LX42"

Tackle challenging terrain with a 22 hp** Kohler V-twin OHV engine with Smart-Choke™ and a 42-inch stamped twin-blade cutting deck. Includes Premium Performance Package features.

SALE PRICE

\$1,899*

REFLECTS \$100 OFF

XT2 LX46" EFI

With the same Premium Performance Package as the XT2 LX42", plus featuring an efficient and powerful 679cc EFI V-twin OHV Cub Cadet engine and heavy-duty 46" twin-blade fabricated cutting deck.

SALE PRICE

\$2,399*

REFLECTS \$100 OFF

FOR FULL PRODUCT SPECS, VISIT CUBCADET.COM

YOUR INDEPENDENT DEALER - EXPERT SERVICE. LOCALLY OWNED.

The advice, service, selection and support you need to find the right fit for you.

HARRINGTON & SONS

427 E. Main St., Emmitsburg

301-447-6666

harringtonandsons.com

1 Save \$100 On Select XT Enduro Series Sale is \$100 off the regular price of XTT LT42", LT42" EFI, LT46", LT46" EFI and XT2 LX42", LX46" and LX46" EFI. Prices shown reflect \$100 off savings. Offer is valid 4/1/19 through 7/24/19 at participating dealers and is not valid on other models. Cannot be combined with any other offer.

2 Restrictions apply. See store for details.

* Product Price — Actual retail prices are set by dealer and may vary. Taxes, freight, setup and handling charges may be additional and may vary. Models subject to limited availability. Specifications and programs are subject to change without notice. Images may not reflect dealer inventory and/or unit specifications.

** As rated by Kohler; all power levels are stated in gross horsepower at 3600 RPM per SAE J1940 as rated by engine manufacturer.

© 2019 Cub Cadet 0419PR_ZIX7

THE MASTER GARDENER

Small Town Gardener “How old is your garden?”

Marianne Willburn

In turns I ask, and answer, this question many times during a growing season. Perhaps you do to. As fallible human beings hiding laundry lists of inadequacies behind bright smiles, we all want to know where we stand in the scheme of things – and as fallible gardeners, that means ‘where our gardens stand.’

To find out that so-and-so with a magical ten-year-old garden started it in the same year you started yours, when all you see in yours is a rag-tag collection of beloved plants and half-finished projects... well, it's hard to keep that bright smile bright. How much better to hear that they've been creating that garden for thirty years – that some parts might even nudge the forty-mark? If you're square in the middle of year six with your current space (as am I), such news suddenly restores your ability to create a beautiful garden in time, and you are allowed to once again exist in the magical, empowering world of ‘Someday.’

Regardless of our individual levels of paranoia – or confidence for that matter – we all want a garden that looks finished, even when it's far from it. We want a feeling of maturity, and of enclosure. We want our gardens to tell a story and we want that story to unfold like a good novel, not a cheap paperback that betrays its plot in the first few pages. We want gravitas.

So, how do you get your hands on a bit of garden gravitas when you've got a young garden that needs growth, experience and a few more rides on the roller coaster? I submit that we should take our cue from Millennial hipsters, who clothe young supple faces with sophisticated beards and wear ironic glasses on strong eyes in order to credibly lecture their grandmothers on fermenting.

In short, we need props.

There are many props we can use in the garden, and they're not all plants. They give us structure and interest without insisting on a great deal of time in which to

deliver it. They don't have to be permanent, but it's always a bonus if some are later incorporated into the final scenes. Let's look at a few ideas to dress your set as you work through all the rehearsals:

Go big with your containers.

If you're considering buying five ten-inch pots, stop yourself and put the money into one large thirty-incher instead. Large pots can take larger plants, larger arrangements, and make a larger impact. And there's a very good chance that you'll use them many years down the line.

Group your objects and plants

So you bought those five ten-inch pots before you read this? No problem. Turn one upside down, place one on top of it and arrange the other three next to it with a few additional levels. Nothing says ‘paltry’ like a collection of small pots spaced equidistantly on a long deck. When you group your objects and your plants, you create a sense of abundance. The whole is greater than the sum of its parts.

Use fast growing tropicals to create structure during the growing season.

Cannas, bananas, colocasia, xanthosoma...many of these vigorous plants can put on six feet in a season without breaking a sweat. They respond beautifully to heat and humidity (which is exactly the opposite of how I respond), and many can be thrown roughly (depending on your mood) into a frost-free basement for the winter to do it all again next year.

Build raised wooden beds in your vegetable garden

Raised beds provide a framework for your vegetable garden that is as pleasing as it is functional. In a moist climate that grows green armies while we sleep, raised beds give us an instant delineation between ‘weed’ and ‘wanted.’ Such a delineation is very useful on days where we have a small amount of time and need to weed efficiently.

Use grasses in your landscaping

Grasses are increasingly popular for many reasons, though I still know gardeners that don't use them. One of the biggest benefits to using them in a young garden is the creation of

[almost] instant structure. The second? Creating movement. It is a characteristic often forgotten in the rush for color, texture and shape. There is nothing lovelier than watching the wind gently ripple a stand of switchgrass (panicum) – unless it's seeing a finch feasting on its seeds.

Grow annuals

Annuals have one year to germinate, grow, flower and set seed. They're not putting their energies into four inches of evergreen leaves so you can have that hedge you want in ten years. They're doing it all. Right now. Consequently, they can make a young garden filled with tiny boxwood starts into a cottage garden with a wild flair for color. Use that joie de vivre to your advantage.

Consider the purchase of one or two larger, dramatic specimens

It has been proven conclusively that smaller sized shrubs and trees catch up and often surpass their larger siblings, but if you know you want a plant to produce a certain effect, such as creating an archway with a weeper or anchoring a far-off bed with a topiary – and you have the money to make that happen – by all means spend it. Such specimens are usually almost as big as you want them to be anyway, and as long as you keep them watered and keep the deer away, you are unlikely to shed tears over the purchase.

One caveat when it comes to filling your stage with props. When you see ‘fast growing,’ or ‘aggressive’ it's a sign that you may want to think twice about planting something. Digging out bamboo (if only it were that easy) is not a fun task when the runners run under the plants you love – plants which have finally started to achieve their potential. Tread carefully.

Marianne is a Master Gardener and the author of *Big Dreams, Small Garden*. You can read more at www.smalltowngardener.com or follow *The Small Town Gardener* on Facebook.

it becomes too big of a job for mechanical control, then reaching in the toolbox for other options may be necessary. Again, read the label before applying any herbicides. Research the products needed for the job at hand.

These are just the “tip of the iceberg.” Recognizing and managing all invasive species is so important to our natural world. The Department of Conservation and Natural Resources has a listing of invasive species. Check out their website: <https://www.dcnr.pa.gov/Conservation/WildPlants/InvasivePlants> This site will provide a list of invasive plant species with their ranking. This ranking system lists plants of most importance to a “watch” list, those plants that have potential of threatening our natural environment. This is a good starting point when determining what plants you may want to introduce into your garden.

Invasive weed plan:

Identify the problem. Become familiar with those unwanted plants.

Scout for those invasive weeds that appear in the garden and remove them before they make your garden their home. The sooner control is achieved, the easier it is to keep ahead of these plants.

Research plants before purchasing. Be sure the plants you want will not contribute to a declining ecosystem.

Wash equipment as it moves around, especially if invasive weeds are identified. This will help to control its spread.

Use herbicides only if necessary. Read the label prior to applying.

Spread the word! Let folks know what you are doing to control invasive weeds, and help them recognize and understand the need to manage.

To read other gardening articles, visit the Gardening section of Emmitsburg.net.

EDEN'S CHOICE
LAWN CARE PROGRAM
Is a customized blend of organic & traditional products applied in spring through fall.

- Better for the environment
- Reduces fertilizers and pesticides by over 50%
- Provides you with a lush, green, weed free lawn

Contact us for a free estimate!
301-241-3719
Emmitsburg
eeilserves@gmail.com
Licensed • Certified • Insured
Over 25 Years Experience  Find us on Facebook



MDA 29039 MDA-F 0091 BU 10521

BAKER
TREE SERVICES, INC.
1-800-383-4595
147 Water Street, Thurmont
Licensed & Insured
MD Tree Expert Lic# 904 • CTSP Cert# 1437 • ISA Cert. Arborist# MA-4258A




 www.bakertreeservices.com
treecare@bakertreeservices.com

PONDSCAPES
Create a Sanctuary in Your Own Backyard!

- Watergarden Design
- Installation & Maintenance
- Custom, Quality Stone Masonry
- Koi Ponds, Streams and Waterfalls
- Natural Stone Patios, Walls & Walkways

WATERGARDENS ...
Lower Stress Look Beautiful
Attract Wildlife Raise Property Values
...Just relax and enjoy!!

Owners Paul & Stacie Zelenka
301-271-4550
www.PondscapesMaryland.com
or email us at: pspondscapes@msn.com
MHIC #88198

Land Decor Inc
Equipment Sales, Parts & Service Division
Landscape Design & Build
NURSERY PRODUCTS
Bulk & Bag Mulch, Soil, Stone, Sand, Seed



FIREWOOD
Mixed Wood or All Oak
(Delivery Available)



Wood Pellets Coming Soon

10318 Hansonville Rd., Frederick • **301-922-0627**
Just 4 miles south on Rt. 15 - at the old 'Mr. Naturals'
www.landdecorinc.com • landdecorinc@yahoo.com
Mon. - Fri. 8 a.m. - 4 p.m. Sat. 8 a.m. - 3 p.m. Sun. 9 a.m. - 1 p.m. (Seasonal)

PETS

Do you ever think about quitting? Anything?

Jennifer Vanderau
Cumberland Valley
Animal Shelter

People quit all the time. Jobs. Relationships. Marriages. And in some instances, it's easy and better for you in the long run. Move on. Try to forget about it. Take your life down a different track. Sometimes, that's healthy. Sometimes for your own sanity, you just have to stop and get away.

And a surprising number of people say "I quit" at animal shelters. The turnover rate for employees at SPCAs and shelters across the country is sometimes staggering. There have been many days at the shelter where I have thought to myself, "I can't do this anymore."

When I see people treat animals no better than garbage. When people dump animals at this shelter because they "have no time" for them. Because the dog has grown bigger than they expected. Because they can't seem to train the dog not to go to the bathroom inside the house, yet they are unwilling to try any of our suggestions.

We live in such a disposable society.

I get the feeling of "man, I've gotta get out of here" when I walk into the kennels and find a dog who has been bred so badly, his back legs can't support his body. When I see an animal so thin and malnourished that every bone in her chest looks like it's going to come out through her skin. When long-haired purebred cats come in to us as "strays" covered in so many mats, we have to use an electric razor to shave them to their skin so we can free them of the maggots living inside the huge

balls of hair and fur.

And when you realize all of these problems are a result of human neglect, human cruelty and human indifference, I start to think to myself that I can no longer bear witness to it. Because I fear seeing it every day is taking small portions of my soul, a little bit at a time.

And I'll think for my own sense of well-being, "I have to get out of here."

But then, I'm taking an animal to an offsite event and the pup has to crawl on my lap because he's not too sure about the whole car thing. He searches me out for comfort.

I walk through the kennels and all the eyes watch me, and they seem to say, "Please give me a chance."

I go into cat adoption and find kittens playing in one of the larger cages and it's almost like they're asking me to join them, falling over each other, joy in their gorgeous eyes. The more I watch them, the more they act like goofballs, and I realize they're "hamming it up" just for me. They seem to react to my chuckles and laughter.

A cat reaches for me through the slats of her cage as I walk past. Looking to me for a moment of contact, warmth, touch. And I give it to her. Willingly. Happily. I listen to her purr as I stroke her face and it lowers my blood pressure, calms me.

And I come to a realization. Why I can't leave. Why I can't stop. Because it's not about me. It's about them. These forgotten souls who did nothing wrong, but were discarded anyway. The only creatures on the planet to end up in a jail, of sorts, without committing any real crime.

It's about the brown-eyed pup and the blue-eyed kitten searching, even after all they've been through, for the love that has been denied them.

And if some days I cry on the ride home for the sheer terror and agony so many of them have known, so be it. If I have nightmares about losing one of my own furry friends because of the stories I hear during the day, and the fear wakes me up in the middle of the night, I'll deal with it. And if working here changes me irrevocably from now to the day I leave this world, maybe that's OK.

Maybe I'm supposed to wrestle with this. Maybe I'm supposed to take a long, hard look at the bad stuff in the world because it makes me appreciate the good that much more. Maybe I'm supposed to plant myself like a tree, stand strong in the face of it and work through it.

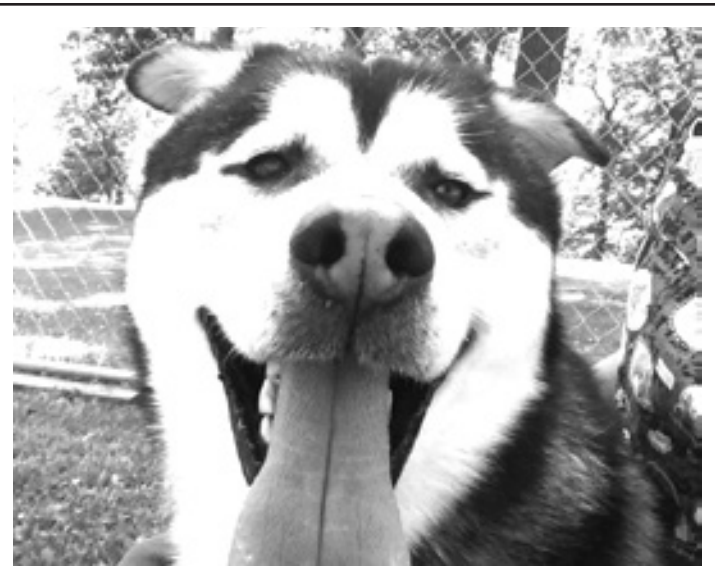
Because maybe, just maybe, this cause is worth it.

I think of it as a battle. We're waging a war here. We're fighting apathy, insensitivity, and basic carelessness. Shelter staff and employees across the nation are the front lines and our supporters and adopters, the ones who give so generously of their time, money and homes, are our second defense. It's going to be and is tough. And it will bring about the feelings of "this is too much" and "I want to quit."

When it feels too hard and you're ready to walk away because you've heard another story about another animal cruelty or another case of abandonment, and you think there's no hope for ending it, look to the friend at your feet or in your lap. And remember who it's all about.

They have no voice.
 So let's give them ours.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website www.cvas-pets.org. CVAS also operates a thrift store in Chambersburg. Help support the animals at the shelter by donating to or shopping at the store.



Bobby, a 2-year-old Alaskan Malamute mix who was surrendered to the shelter because his owner could no longer care for him. He is a runner so he will need someone that can supervise him closely around doors and when he is in a fenced in yard. Bobby also chases cats and won't leave them alone. Regular exercise will be needed and he must meet all family members in the home.



Mateo, a 3-year-old orange tabby who came into the shelter because his owner was moving and couldn't take him along. If you have the heart and home to give this sweetheart a second chance, he'd love to meet you!



Al, a 1-year-old Yorkie mix can be a tad temperamental when he wants to be. He has things that tend to push his buttons - like grooming, children, men and strangers. Al can be a nice little guy. He loves to chase balls. And once he trusts you, he will be your best friend. Al isn't in our adoption kennels because the stress would be way too much for him, please ask to see him.

For more information about Bobby, Mateo, and Al call the Cumberland Valley Shelter at 717-263-5791 or visit them online at www.cvaspets.org or better yet, visit them in person at the shelter.

BUDDY'S PLACE

Dog Grooming For Every Buddy!

**NEW NAME
SAME
GROOMER!**

Call Today!

Tuesday - Saturday
By Appointment
Only!

52 E. Baltimore St., Taneytown
410-756-1200

Check us out on Facebook @BuddysPlaceDog Grooming



**Stephani Rickerd
& Aslan**

HOME PET CARE

Alering-Schroll Pet Sitting

Dogs ~ Cats ~ All Pets
 Pet Care In Your Home
 Mid-Day Care
 Pet Taxi

717-642-6291

Since 1989 Insured



Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.


I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
 The love I left behind.

-- Author Unknown



Lacerations

Kimberly Brokaw DVM
Walkersville Vet Clinic

It seems that horses are always injuring themselves. Go into almost any barn and you will see a collection of various wound ointments and bandaging supplies that the owners have acquired due to their accident-prone animals. If I look in my personal, human, medicine cabinet, I don't even keep Neosporin ointment for myself. However in my barn I have a shelf of multiple different wound ointments with different purposes. Some of the ointments are antibacterial, some have fly repellent, and some just stick really well so I don't have to reapply them constantly.

The majority of the time when horses cut themselves, it's a superficial wound that just needs to be washed and a little ointment applied. The horse will be fine. However, sometimes the owner and horse are unlucky and a visit with the veterinarian is required. Basically if a wound involves the eye, is close to a tendon, is near a joint, is a puncture that could be deep, or has foreign material such as pieces of a fence board, embedded in it, it is best to have the vet out.

Wounds in those locations can look inconsequential but have catastrophic or even fatal outcomes. Wounds on the head or body can sometimes be harder to examine and determine if vet care is needed. Obviously large flaps of skin hanging off need to be seen by a vet but what about the smaller cuts that are only an inch or so long and not very deep? If it's something where you can pull the edges together with your fingers then likely it will heal faster with stitches. If in doubt, take some pictures with your phone, and call the vet. Also, think about the date of your horse's last tetanus vaccine. If he is not up to date, even a superficial cut may require a vet visit and vaccine booster.

One of my clients grew up with horses but took a break from them

while she was in school. Now that she had graduated and had a job, she could afford to have horses again and get back into showing. She bought a young horse, Nugget, a year ago and the two of them were training together. Nugget had progressed nicely in his training and was ready to go to his first show. A few other people from the boarding barn were going with her so Nugget would have friends on the trailer with him.

When the group got to the show, as Nugget was backing out of the trailer he threw his head up and into the top of the trailer door. It left an upside down "v" shaped cut on the front of his face. Typically at shows, the site of blood panics everybody and people start frantically screaming to call the vet. In this case everyone was calm and told Nugget's owner that she did not need the vet and that if she put a little ointment on the wound, the judge probably wouldn't notice and she could still compete. Nugget's owner wasn't convinced and decided to scratch him from the competition but took her fellow boarders advice that the vet was not needed.

After the show was over and everyone arrived back at the barn, Nugget's owner was still worried that the cut should be seen by a vet. Because she didn't want to be ridiculed by her friends, she waited until everyone had left the barn to call me and tell me what was going on. She explained on the phone that the other boarders had more horse experience than she did so they were probably correct that it didn't need stitches but that she would feel better if I came out because she wasn't sure.

When I got to the barn, at a quick glance I could see why the barn boarders thought it didn't need stitches. The edges were pretty close together and not that deep. When I started to examine the wound more closely and start cleaning it, I noticed that the upside down "v" actually folded back off the skull to reveal a big-

ger wound that went down to the bone. I showed that to the owner and told her that she definitely did the right thing by having me out. While Nugget's wound would have healed without stitches, it would have been at a greater risk for getting infected or having a permanent scar.

I sedated Nugget and put local block anesthetic injections around the wound. I finished cleaning out the wound and then sewed it back together. The edges came together beautifully and I told the owner to expect minimal scarring as long as Nugget was good and didn't rub out any of the sutures. I dispensed antibiotic and anti-inflammatory medicines for her to give to Nugget. Of course she already had numerous wound ointments so I told her which one to use until the stitches would ready to come out.

One of steps that helps owners decide if you should call the vet includes looking closely at the wound and trying to wash it out. Sometime you discover that what looks superficial, is actually much deeper. If the owner and her friends had looked closely at the wound, they would have realized that it was deep. Wounds that have a triangle/ upside down "v" appearance are usually flaps that lift up to reveal a much larger wound than originally expected.



Unless you know for sure a cut is only superficial, call the vet! Cuts have a nasty tendency to get infected, which if not treated properly and promptly can cause long term headaches.

Other wounds can look small and unimpressive from a distance, but are much larger when you get a good look at them. Conversely, wounds that bleed can look huge until they are cleaned, and the bleeding stops. If you aren't sure

if you need the vet, it is better to just call, and then text the photos of the wound to the vet.

To read other articles by Dr. Brokaw, visit the Authors Section of Emmitsburg.net.

THURMONT FEED STORE



We proudly support the 4-H activities at the Thurmont-Emmitsburg Community Show.

Come in and purchase your feed from us and register to get the premium.

All animals must be sold to get the premium.

36 Walnut Street, Thurmont
301-271-7321

Hours:
Monday - Friday 8 a.m. - 4:30 p.m.
Saturday 8 a.m. - Noon

Miles for Meows 5k & Family Fun Run

Sunday, September 22

Thurmont Community Park

Registration - 7 a.m.

5k - 8 a.m.

\$25 pre-registration includes event t-shirt;
\$30 at event

Family Fun Run - 9 a.m.

\$5 entry fee per person 12+, \$1 per person 6-11

Parade of Pets - 10 a.m.

\$5 entry fee per pet - prizes will be awarded

MUST bring copy of CURRENT rabies certificate to enter
ALL PETS MUST BE ON A LEASH OR HARNESS

Microchip & Rabies Clinic

D.J. Facepainting

Pet Photo Booth

Proceeds
benefit



Registration forms available at cuddlescatrescue.com

Reifsnider's Farm Supply & Hardware Store

Are you looking for a new hardware store?

We now carry everything from tools to paint! All your everyday needs!



WE ARE
NOW A
HARDWARE
STORE TOO!

- Tools • Spring Garden Supplies
- Household Goods • Fencing & Gates
- Plumbing & Electrical Supplies
- Paint & Painting Supplies

Kalmbach and Tribute Feeds
Dogs, Cats, Sheep, Goats,
Horses, Chickens and Cattle.
Animal Bedding
Saw Dust & Shavings



WOOD PELLETS
Available Now!

2080 Francis Scott Key Highway, Keymar • **410-756-6066**

M - F 8 a.m. - 5 p.m. • Sat. 8 a.m. - 1 p.m.

COMMUNITY NOTES

Who will decide your legacy?

Ralph Serpe

Adams County Community Foundation

If the first time your family is talking about your charitable legacy is at your funeral, then I think you may have waited too long. But it happens all the time. And when it does, it's only natural that your loved ones might be inclined to support a charity associated with how you died rather than choosing to direct gifts to a charity that enriched your life. With so many choices to make at a difficult time, it's normal to react in the moment.

But rather than leave such an important decision to the last minute, with someone who will need to make many important

last-minute decisions for you, consider creating your own charitable legacy now with a letter from the heart.

In the process of creating a charitable fund, or planning for a final endowment gift to an organization, the Community Foundation creates a fund agreement that outlines the name of the fund, what the gift will accomplish and who will be responsible for ensuring that your wishes are carried out.

That's the technical side of the gift.

But we also encourage donors to write a letter from the heart. A letter to the lives that will follow you, that's written with your own hand, and in your own words, sharing the spirit behind your generosity.

Sometimes it's a letter to a spouse or partner, explaining how your gift fulfills a long-ago promise made to each other before the time consuming and incredibly rewarding welcome of children and careers redirected a desire to volunteer for a cause or support a place.

Sometimes it's a letter to children, friends or members of future generations not yet born, explaining how the gift defines what it means to be a member of the family. How it upholds traditions, fulfills the family mission, or defines character.

We also encourage donors to write a letter of intent to the future board of any organization where they leave a charitable legacy gift, especially when that gift is earmarked for endowment. Clarity is key here. Some nonprofits have

permanent endowment funds that are meant to last forever, but most do not. If you don't want your final gift to be spent down quickly, tell them. Not all legacy letters are warm and fuzzy. Some are direct and set high expectations.

Families, friends, advisors and nonprofits welcome these letters from the heart because they provide the intention and spirit of how and why your gift was made.

Once written, some donors choose to share their letters from the heart straight away. Others ask that we share them only after they have died. I've had the honor of sharing these letters with people after the death of a parent, grandparent or friend and the response is always moving. These letters are cherished.

I often encourage people to create a charitable legacy based on

what enriched their life, rather than how they died. My own charitable legacy will support the places I've lived and the nonprofits I've served. If I die by a certain disease or accident, my family knows not to create the Ralph Serpe "Don't Die This Way" Foundation. They know it is my intent to celebrate the people, places and things in my life that I couldn't imagine others living without.

Which brings me back to you. This article is meant to be interactive! When you're ready to give back, who will decide your charitable legacy? Are you sharing your intentions with family and friends now or have you decided to wait? Let me know. I can be reached at rserpe@adamscountycf.org Ralph M. Serpe is President & CEO of Adams County Community Foundation.

Introducing Peak Benefits Group

Nicholas Miceli
Insurance and Benefits Advisor

Just wanted to take the time to tell you all about Peak Benefits Group. Located in Thurmont, we service the Maryland, DC, WV, Virginia, Delaware, and Pennsylvania area. Co-Founders Eric Vinoros and Nick Miceli have been in the industry since 2006 and came together to found Peak Benefits as an agency built around long term client relationships and helping the community grow through planning. The two of them both having their health and life insurance licenses. Peak Benefits offers major medical plans, Medicare Supplements as well as prescription drug planning on Part D of Medicare, Long Term Care planning and Dis-

ability Income protection. On the life insurance side, we offer Whole life, Term and Universal Life plans. We are a full-service brokerage company, meaning we have access to a variety of companies and plans to ensure all clients benefits are designed individually.

Co-Founder Nick Miceli, when asked why he got into this industry, he responded with, "I want to help people. I want to make sure people's families are taken care of and protected. As a husband and a father of 4, Family is very important to me. I think of all of my clients as family and I try to take care of them to the best of my knowledge. I take this approach with everyone I sit down with. If a plan or product is good enough for my family it's certainly good enough for yours". Nick took

his personal family approach in the overall design Peak Benefits creating an agency of community and caring, both in the office environment, with our clients and with the community through its charity programs built to ensure the health of the community as a whole.

Now lets meet the other members of Team Peak. The first member of the team is Chris Wisner who provides front office support with answering the phone and scheduling the appointments. Tina Brashear provides back office support. She is our "Swiss army knife" meaning she does it all. She makes this place run. Tracy Pleasants is the office manager, meaning he makes sure the lights stay on. Our newest member of Peak is David Rectenwald. He is new

to the industry, but has been in banking for a number of years and is great with people. We could not be happier with him coming aboard as one of our advisors.

At Peak Benefits Group, we focus on old fashion advising, meaning that we never quote people over the phone, which is shocking to some people. We sit down and get to know the person/persons first, then and only then do we make our recommendations. By taking a old fashioned approach, we sit down and actually meet every one of our clients. We are in this business to establish relationships. Not all people are alike nor is their situation, so how can different people have the same plan? We take the cookies cutter approach off the table by old fashion advising. That is why we founded Peak. We wanted a company that cares more about the

policyholder (the person) then the premium they bring in. There are too many advisors out there these days that don't take the time to get to know their clients. They focus on simply selling a policy or have a process that is simply transactional. We take pride in knowing all of our clients and their situation. That's the difference between having a client and having a policyholder for life. Remember, "A prescription without proper diagnosis is medical malpractice". We take this approach with everyone we meet. If you are looking for a company that still has old fashion values and is looking out for your best interest, then Peak Benefits Group is the company for you.

For more information on Peak Benefits Group call me 301-30403249 or visit our offices at 18-A Frederick Road, Thurmont.

Art & Wine Stroll and Plein Air coming soon

Spend an evening strolling Main Street and meeting fifteen local artists, sampling wine from local vineyards, and enjoying musical entertainment. Sample wines at various locations throughout the Main Street Area. Art includes water-

color and digital painted pieces, pet portraits, glass etching, wool spinning, handmade jewelry, pottery, handmade animals with wool, an award-winning author, and more! Entertainment, held at Mechanicstown Square Park will be by Tim

Seals and the Gateway Brass Ensemble. The Main Street Art & Wine Stroll is free to attend and will be held on September 13 from 5-8 p.m.

On October 5th Thurmont Main Street will host the 3rd Annual Plein Air event. This year artists will have

the choice of painting one of four local wineries. Artists will check-in between 8 and 8:30 a.m. and be on location by 9 a.m. At 1 p.m. the artists will return to the Main Street Center for a 2 p.m. judging. The 3rd Annual Thurmont Plein Air is for

spectators too! This event is the perfect opportunity to visit the beautiful properties at the vineyards and watch the artists paint outdoors. If you see a painting you would like to purchase, you will be able to purchase directly from the artist.

For more information on either event visit ThurmontMainStreet.com.



WIGILANT
HOSE CO. #6
EMMITSBURG, MD
Home of the National Fire Academy

Old Fashioned BINGO



Tuesday September 3



Sat., September 21
Doors Open 4 p.m.
Games Start 7 p.m.

Advance Tickets: **\$40**
Tickets at the Door: **\$50**

9 Pack All Inclusive
22 Games \$250 Each
3 Jackpots \$1,000 Each
Meal Included 5 - 7 p.m.

SPORTSMAN'S NIGHT
Saturday September 28

\$25 Per Person
INCLUDES DINNER

Doors Open: 3:30 p.m.
Dinner: 5 - 6:30 p.m.
Cash Prize Drawings Every 30 minutes 4:15 - 7:45 p.m.
Gun Prize Drawings Every 30 minutes 4:30 - 8 p.m.

For Tickets to these 2 Events Call:
Pam - 240-472-3484 or Mary Lou - 240-285-3184

All Events take place at the VHC Ambulance Building
17701 Creamery Rd., Emmitsburg

MODEL YEAR END CLOSEOUT!



We're moving out the 2019's to make room for the 2020's!

Large inventory to choose from
Open the door to a new Chevrolet!



Take advantage of huge factory incentives!



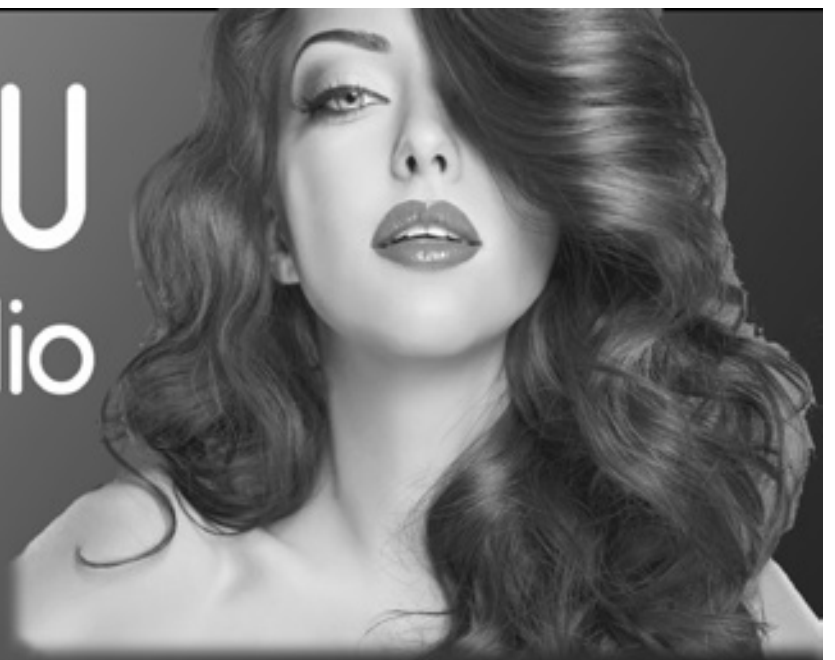
WANTZ CHEVROLET
1 Chevro Drive, Taneytown
410-751-1200
Visit us at www.WantzChevrolet.com

"Don't take a chance, buy from Wantz"



FIND NEW ROADS™

Images of U Hair Studio



Tuesdays & Fridays Only
FREE HAIRCUT
with any service of
\$60 or more!
MUST PRESENT COUPON
Offer expires 9/30/19

**Grand
Re-Opening**
Sat., September 14th
Special - \$5 Trim
\$10 Hot Towel Shave
\$15 Haircut

224 North Church Street, Thurmont 240-288-7240

HEALTH NOTES

Join FMH in the fight against breast cancer

Kelsey Shupe
Frederick Memorial Hospital

October is Breast Cancer Awareness Month. Have you had your mammogram recently? Do you know the common risks of breast cancer, including age, age of first menstrual period, and family history of breast cancer? Could you recognize changes in your breast that can aid in the early detection of breast cancer?

Breast cancer occurs when there is an uncontrolled growth of cells in the breast. These cells typically create a tumor that can feel like a lump in the breast or is visible during a screening X-ray. This tumor is cancerous if the cells grow into surrounding breast tissue or spread to other areas of the body. While women are more likely to get breast cancer, it does occur in men.

According to Maryland Department of Health 2017 Cancer Data, breast cancer is the second leading cause of cancer death among women in Maryland, after lung cancer. The American Cancer Society estimates 5,290 new cases of breast cancer in females in 2019—

with 830 resulting in deaths.

Early detection is key in the fight against breast cancer. The most common symptom of breast cancer is a new lump or mass. A cancerous mass is likely to be painless and hard with irregular edges. Other symptoms include:

- Breast or nipple pain
- Nipple discharge or retraction
- Redness, scaling, or thickening of the nipple or breast skin
- Skin irritation or dimpling

Being aware of changes in your breasts can aid in the early detection of breast cancer. Routine screenings for breast cancer are your best defense against the disease. While breast cancer is sometimes detected after symptoms develop, many women experience no symptoms at all.

"I see a lot of younger patients, just starting their lives," says Dr. Susan Bahl, surgeon and medical director at Monocacy Health Partners Center for Breast Care. "We treat about 260 breast cancers per year. If you look at age pyramids, the most common is 55-65. I see my share of that population that are just about to become

grandmothers—just about to retire and then they're diagnosed. I see women at different peaks in their lives, and all of a sudden, they get diagnosed with this disease."

She adds, "That emphasizes the importance of early detection and screening that can save lives if caught early."

Mammograms are probably the most important breast-cancer screening and diagnosis tool, says Dr. Bahl. It is recommended that mammograms be performed each year, beginning at age 40. Women with a higher risk of developing breast cancer may be advised to begin annual screenings at an earlier age.

FMH Imaging Services is proud to be the only provider to deliver same-day breast imaging services to the Frederick community. A patient-friendly workflow allows us to reduce callbacks for additional images (when needed), ultimately reducing stress for patients and the need for additional follow-up appointments.

The latest Hologic 3D Mammography screening technologies are available at the Rose Hill and Crestwood

facilities, providing convenient access to FMH Imaging Services, no matter where you live and work within Frederick County.

"First and foremost, if you're 40, you should talk to your doctor about getting a mammogram," says Dr. Bahl. "Also, women should examine themselves once a month, looking for any changes in the breast tissue, and get an exam by a physician once a year."

To promote breast cancer awareness, screening, and prevention, and encourage support for Frederick Memorial Hospital's Hurwitz Breast Cancer Fund, which provides innovative options for the early detection and treatment of breast cancer in Frederick, Frederick Regional Health System (FRHS) has planned a series of events for the community throughout October.

Pink Ribbon 5K Run/Walk - Saturday, Oct. 5 at Hood College, 601 Blazer Trail, Frederick. Registration - 8 a.m., survivor ceremony - 8:40, official race begins - 9 a.m.. Last year's event raised more than \$70,000 for the Hurwitz Breast Cancer Fund! The 11th annual Pink Ribbon 5K event

kicks off at 9 a.m. with a 5k run/walk. This year's event has moved to a new neighborhood at the beautiful Hood College campus. Registration begins at 8 a.m., and a special survivor ceremony follows at 8:40 a.m. Cost (Timed Event): \$37 for adults (before Sept. 14), \$5 per child ages 10 and under with participating adult (race t-shirt not provided). Cost (Untimed Event): \$35 for adults (before Sept. 14). Free for children ages 10 and under with participating adult (race t-shirt not provided)

Pink Ribbon Gala: A Reflection of Hope - Oct. 26 at 7 p.m. at New Spire Stages, 15 W. Patrick St., Frederick. This year's event at New Spire Stages celebrates 20 years of the Hurwitz Breast Cancer Fund! Enjoy dancing and singing with Cutting Edge Dueling Pianos, be amazed by master magician Aaron Fisher, enter for a chance to win a beautiful diamond in Frederick's first Diamonds in Champagne contest, join a silent auction, enjoy hors d'oeuvres by Roasthouse Pub and drinks from Tenth Ward Distillery Company, and more. Purchase tickets online (they're \$75 per person and include open bar, heavy hors d'oeuvres, and unforgettable entertainment) or call 240-566-3186.

15th Annual Breast Cancer Symposium - Oct. 30 at 5 p.m. at The Arc of Frederick County, 620A Research Drive, Frederick. Learn from the experts what you need to know about breast health in today's healthcare environment. Bring a friend, and let's talk!

Cost: Free and open to the public. Call 301-418-6735 to pre-register.

The Hurwitz Breast Cancer Fund was established in 1999 by Jeff and Patty Hurwitz after Patty was diagnosed with breast cancer. Early diagnosis was the key to Patty's successful outcome, so the fund provides the most innovative options in early detection and treatment of breast cancer.

After 20 years of health and hope, more than \$1.8 million has been donated through community support and occasions like the Pink Ribbon events. Every dollar donated is used for direct patient benefit—there are no administrative costs. Thanks to the Hurwitz Breast Cancer Fund, a number of items have been purchased and serviced throughout Frederick County for cancer patients, including the healing space for patients and families at the Monocacy Health Partners Center for Breast Care, 3D and CAD mammography systems to detect breast cancer at an earlier stage, funds to make the James M Stockman Cancer Institute a reality, and more.

By attending the Pink Ribbon events, supporters are helping save lives here in Frederick County. To learn more about or to register for the upcoming Pink Ribbon events, visit fmh.org/2019pinkribbon. Interpreters are available by advance request. Please call 240-566-4370 at least one week prior to each event to request an interpreter.

For more information on staying safe in or around the water this summer, check out the American Red Cross for more tips and training courses, or contact one of our doctors today.

Help us welcome our newest medical oncologist, Dr. Natalia Marina

Dr. Natalia Marina joins Drs. Elhamy Eskander, Mark Goldstein, Patrick Mansky, and Brian O'Connor at Monocacy Health Partners Oncology Care Consultants. In addition to her extensive training, she specializes in medical oncology, breast cancer, lung cancer, and benign and malignant hematology.

She attended Università Politecnica delle Marche in Ancona, Italy and completed an internal medicine residency at Steward Carney Hospital, as well as a fellowship in Hematology and Oncology at East Carolina University/Brody School of Medicine at Vidant Medical Center in Greenville, North Carolina.

Board Certified in Internal Medicine ■ Board Eligible in Hematology and Oncology

MEMBER OF American Medical Association ■ Massachusetts Medical Association ■ American College of Physicians ■ American Society of Hematology ■ American Society of Clinical Oncology

Schedule your appointment with Dr. Marina today at Monocacy Health Partners Oncology Care Consultants.

MONOCACY HEALTH PARTNERS ONCOLOGY CARE CONSULTANTS
1562 Opossumtown Pike, Frederick MD 21702 | monocacyhealthpartners.org/occ

301-662-8477

Hobbs' Hardware - small town service

Mia Ferraro

Recently, I paid my first visit to Hobbs' Hardware Store. I was preparing for a camp I would attend the following week where I would be spending five days fixing houses for people in need. I had never built anything before and I was very unfamiliar with the tools listed for this camp.

As the date of my departure approached, I realized I needed to visit a hardware store. I considered driving to Frederick to shop at one of the large hardware conglomerates, but I didn't want to waste a significant part of my day shopping for supplies. Since I had no idea what most of the supplies on my list even were, I knew that I was going to need a fair amount of customer service - the kind you don't find at the "big" hardware stores. I grabbed my list, hopped in the car, and made my trip to Hobbs' Hardware Store at 15 East Main Street in Thurmont.

It was less than a five-minute drive, and it was easy to find parking when I arrived. It was a Sunday so I was happy to see that they were open seven days a week. I walked past bags of mulch and grass seed beside the parking lot and headed inside. Eddie Hobbs, one of the owners, greeted me immediately. He stood behind the counter, and was very accessible to all of the customers who walked in. He asked me if he could help me with anything, so I told him I didn't know my way around a hardware store and that I had no idea what half of the tools on my list even were. He guided me down the aisles, through the store, and patiently helped me find every single item on the list. He even opened a couple of packages of work gloves and let me try them on to find the right size.

I noticed other supplies that filled the shelves as we walked past aisles of masonry tools, lawn care items, bird feeders, pest control, home improvement tools, cleaning supplies, and much more. It seemed like they had everything. As Eddie assisted me, he greeted

another customer who had just walked in, asking him how his fishing trip had gone. He called him by his name, and it was clear that this small town hardware store felt like home to many local residents. Eddie even mentioned that he personally knew most of his customers.

As we continued talking, I inquired about some old, worn pictures proudly displayed on the wall above our heads. Some, clearly from a long time ago, were in black and white, and others were a bit more recent. The pictures showed the history of the store, when it opened, the founder, and the current owners in their youth. It turns out that the Hobbs family have been serving the Catocin community for generations.

The store itself has been a convenient gem in the town for decades. I was told that it opened in 1902 at a location on East Main Street by a gentleman named Sam Long. Originally, it was a general store that sold dry goods and hardware. Eddie told me they still have horse shoes in the attic from the horse and buggies that were "driven" to the store in those days. In 1906, Mr. Long moved his general store closer to the town square. In the 1920s, the Hobbs family moved to Thurmont from the Tom's Creek area. Michael and Eddie's grandfather, E. Guy Hobbs, worked for Ross Smith Jr. at Gall and Smith Grocery on Water Street. Their grandmother, Lillian, was a local school teacher. Then in 1941, Guy and Lillian Hobbs purchased the store from Sam Long. They also opened a grocery store on East Main Street in Thurmont beside their current location. Their truck could be seen throughout Thurmont delivering groceries. Guy and Lillian's son, E. Guy Hobbs, Jr. began working at the store when he returned home from the war in 1945.

Eddie and Michel Hobbs joined the family business early. Eddie stated that he worked there for as long as he could remember. The brothers worked after school with their father as teenagers, and have since worked together full-time after graduating high school in the

70s. In 1977, E. Guy Hobbs retired. The grocery store was dissolved and the hardware store moved to the location of the grocery store on East Main Street. The previous hardware store building was later torn down, and an addition to the old Bank of America was built in its place. In 1981, Hobbs Hardware moved next door to their current location and the building they had been in was sold to a pharmacy, later becoming Gateway Flower and Gift Shop, which still stands today. Because they only had to move next door, they knocked a hole in the wall and created a runway to move their items into the next building. This way, they were able to keep the shop up and running while moving.

The brothers are proud that their store has served the community continuously since 1902. In fact, throughout the years other members of the Hobbs family served the community with their stores. It truly seems to run in the family.

While Eddie was filling me in on the history of the store, Michael Hobbs, co-owner and president, came in to give Eddie his lunch. He greeted me and we made friendly conversation, and he joked with his brother and another customer before he left about a half an hour later. It was obvious that the owners took an interest in their customers' lives. They seem to get along with everyone that walks through their doors and the customer service seems to draw people to their store. Most of the customers Eddie waited on while I was shopping didn't even need to tell him what they were looking for - Eddie already knew.

"You really do get to know people," Eddie added. "You're more than just



For great service and owners who know their customers by name, look no further than Hobbs' Hardware in Thurmont, and ask for either of the Hobbs brothers, who will be sure to have the answers to all your hardware questions.

a check-out person here, you know, you get to know them." According to Eddie, the store hasn't changed much over the years. When Mark Zurgable closed his hardware store in Emmitsburg, many of his customers starting shopping at Hobbs' Hardware. Eddie mentioned that the area is growing, and he has been seeing new faces come in, and finding the service helpful and the items affordable, they quickly become regulars.

Online shopping is another change that the store has seen. I asked him how they stay competitive when so much is available online. "It's all about service," Eddie stated. "People know us and our service. We offer a great selection and competitive prices." When I asked him how they compete with the big chain hardware stores, he explained that it has always been an independent family-owned store, but they purchase from buying groups to be able to offer their customers lower prices.

Hobbs' Hardware Store is well-

known for their generosity and willingness to give back to the community. They have long supported groups and organizations such as the local Little League teams and the Catocin Youth Association. They also support Gateway for the Cure, an organization that donates to the FMH Hurwitz Breast Cancer Fund for equipment, treatment, and research every year.

I decided I had taken up enough of Eddie's time. It was time for me to pay and head home to pack for camp. I thanked him for his time and for helping me find everything. I asked him one last question, "What do you like best about working in Thurmont?" Eddie thought a moment and smiled. "Thurmont's got a lot of really nice, nifty people". He thanked me for visiting him and he handed me my change. As I headed toward the door, he gave me a wink and a nod. As I walked out of the door and got into my car, I knew Eddie was right. It really is all about the service.

FALL CLASSIC ROAD RALLY

A MAD HATTER'S TASTE OF ADAMS COUNTY

21st ANNUAL ROAD RALLY

Information and forms on the website: LCACnet.org

Sat., October 19

Proceeds benefit the Land Conservancy of Adams County

CAMP EDER'S FALLFEST AND LIVE AUCTION FREE

OCT. 19 | 10 a.m. - 4 p.m.

LIVE AUCTION WITH LARRY SCHWARTZ, PIT ROASTED PORK & TURKEY MEAL - ADULTS \$12 KIDS (12 + UNDER) \$8, 4 + UNDER FREE, SILENT AUCTION, APPLE BUTTER, STRAWBERRY HILL NATURE CENTER, VENDORS, EDER'S FALLFEST FRIES & SANDWICHES, KID'S GAMES & PRIZES, CANDY TREASURE HUNT & BOUNCE HOUSE, FOOD COURT & BAKE SALE, LIVE MUSIC WITH WERNER FAMILY BLUEGRASS BAND, FACE PAINTING BY ELIZABETH, MICHAEL PELUSO GLASS DEMO, BEE KEEPING DEMO, FIBER ARTS DEMO, AND MORE.

www.campeder.org

WWI NEWS REPORTS FROM THE FRONT

The Austrian-Hungarian Empire ceases to exist

September 5

Austrians Given Revised Treaty

The revised treaty of peace terms, framed for Austria's acceptance by the Peace Conference was handed to the Austrian diplomats on Tuesday. At the same time, the Allies handed their reply to the Austrian counterproposals, the cover letter reiterating that Austria had precipitated the war via an ultimatum unacceptable to Serbia, and thereby was directly responsible for the start of the war. It was set forth, however, that the Allies were willing to assist Austria to adopt herself to her new situation and to admit her in the near future to the League of Nations.

The Austrian peace treaty leaves the future of Austria very largely in the hands of the League of Nations. The League, that is, will be able to decide whether or not Austria shall be permitted to join Germany, and as France is opposed to such a union, as are Switzerland and many other countries, there appears to be little chance of Austria's securing permission to terminate her existence as a separate state, should she so desire in the future.

There seems to be a general feeling of dissatisfaction in the conference circles with the Austrian treaty, which was adopted from the German treaty, as many believe it does not fit such a small power very well. The Council, however, had agreed on virtually all sections of the treaty, because there is a general weariness with the long drawn out discussions.

Under the terms of the treaty, Vienna, with its two million inhabitants seems doomed to lapse into comparative commercial insignificance, as there is a population of only four million within the country outside the city to support the capital; while with Yugoslavia, Czechoslovakia and Hungary now existing as separate powers, Vienna can hardly hope to recover the business formally drawn from these former territories.

If the internationalization of Austria's Adriatic coast moves forward, cutting off Austria's access to the sea, as is expected by many, Austria's shrunken commercial interests would be reduced even further, thereby dooming the great capital to invariably relapse into a residential city with a relatively slight business importance.

The peace terms with Austria declare that the Austro-Hungarian Empire is to be dissolved. The new Republic of Austria, consisting of most of the German-speaking provinces, must recognize the independence of Hungary, Czechoslovakia, Poland, and the Kingdom of Slovenes, Croats and Serbs.

According to the terms of the

treaty, Austria faces significant territorial losses, amounting to over 60 percent of the pre-war Austrian Empire's territory, they include:

The Lands of the Bohemian Crown now form the core of the newly created state of Czechoslovakia. The Austrian Silesia province will be split between Czech Silesia and Polish Cieszyn Silesia.

The former Kingdom of Galicia and Lodomeria, made up of the territory the Habsburg Monarchy had annexed in the 1772 partition of Poland, is reunited again with the re-established Polish Republic.

The province of Bukovina in the east passed to the Kingdom of Romania.

The southern half of the former Tyrolean crownland up to the Brenner Pass, including predominantly German-speaking South Tyrol and the present-day Trentino province, together with the Carinthian Canal Valley around Tarvisio has been handed to Italy, as well as the Austrian Littoral, the Imperial Free City of Trieste, and Istria.

The main part of the former Kingdom of Dalmatia, the Duchy of Carniola and Lower Styria is ceded to the newly formed Yugoslav Kingdom of Serbs, Croats and Slovenes. Also Bosnia and Herzegovina was given to it.

Austria-Hungary's only overseas possession, its concession in Tianjin, has been turned over to China.

Burgenland, i.e. the predominantly German-speaking western parts of the Hungarian counties of Moson, Sopron and Vas, were awarded to Austria. The affiliation of the Southern Carinthian territory with its Slovene-speaking share of population will be determined in a yet-to-be scheduled Plebiscite.

In nearly all of these cases, the Allies not only assumed without question that the minority people wanted to leave Austria, but allowed the successor states to absorb significant blocks of German-speaking territory.

The Austrians argued that the negotiators on the Allied side, particularly President Wilson, did not understand, when speaking of self-determination, that no convenient line could be drawn to separate intermingled nationalities, and that in further cases, residents would claim that some German or Hungarian-speaking territories had actually been theirs all along, and even go as far as inventing place names to prove it.

The treaty requires Austria to refrain from directly or indirectly compromising its independence, which means that Austria cannot enter into political or economic union with the German Reich without the agreement of the Council of the League of Nations.



Founded in 1867 after the disastrous Austrian-Prussian War, the Austro-Hungarian Empire existed as one of the preeminent central European powers. After joining Germany to form the Central Powers, Austro-Hungary embarked upon the disastrous campaign against Serbia, which would evolve into WWI. With the peace treaty signed in 1919, the empire was broken into four separate states: Austria, Hungary, Czechoslovakia and the Kingdom of the Slavs. Other territories of the empire were ceded to Romania, Italy and the newly created state of Poland.

Accordingly, the new republic's initial self-chosen name of German-Austria has to be changed to simply Austria.

The peace treaty requires that conscription be abolished and the Austrian Army limited to a force of 30,000 volunteers. There are numerous provisions dealing with Danube navigation, the transfer of railways, and other details involved in the breakup of the great empire into several small independent states.

The vast reduction of population, territory and resources of the new Austria relative to the old empire have wreaked havoc on the economy of the old nation, most notably in Vienna, an imperial capital now without an empire to support it. For a time, the country's very unity was called into question. Unlike its former Hungarian partner, Austria had never been a nation in the true sense of the word. While the Austrian state had existed in one form or another for over 700 years, it had no unifying force other than loyalty to the Habsburgs.

September 12

Allies Turn Attention to Bulgaria and Ottoman Peace Treaties

On Wednesday, the Austrians formally accepted the peace treaty. With the Austrian peace treaty signed, the Supreme Council has turned its attention to Bulgaria. The Bulgarian treaty probably will be signed before the end of the month, while the Hungarian treaty will be ready for presentation as soon as a government at Budapest is organized and sends a delegation to Paris.

But all these treaties have been projected by postponing the most stubborn problems. The Dalmatia, Thrace, and Dobruja problems all have been postponed, and behind them looms the biggest question of all, which is the disposition of Turkey. This delay is being more complicated as France, Italy, Great Brit-

ain and Greece are hopelessly involved in the Turkish tangle, having such conflicting aspirations that it would appear unlikely that they can agree on the partitioning of Turkey among themselves without an arbitrator.

With the Italians in southern Anntolia, the Greeks in Smyrna and the French in Syria and the Greeks clamoring for larger portions of Thrace, the Peace Conference has avoided the festering situation to great extents since it gave the Turkish delegation a hearing and sent it home after learning how dangerous it would be to complicate Near-East problems with the other treaties.

Meanwhile, the British withdrawal from Armenia is threatening the entire Armenian population with massacre, and the Turks are showing increased hostilities to Italian troops in southern Anatolia and to the Greek troops in the vicinity of Smyrna. In fact all of Asia Minor is in a state of ferment while the Grand Vizier in Constantinople is holding meetings with representatives of the various Allied powers and endeavoring to raise funds to hold Turkey together pending an international decision as to her future.

It is expected that the Peace Conference undoubtedly will take a recess when the Austrian, Bulgarian, and Hungarian treaties are signed while it awaits the United States' decision as to whether it will accept a mandate for Turkey. Only when the United States makes its decision will the near Eastern question be considered.

The entire Turkish problem hinges on the attitude of the United States Senate towards the mandate over Turkey, offered the United States by the Allies. The idea that the United States would be responsible for a nation and a people that have no historic, cultural, or linguistic ties to the United States is one of the principle stumbling blocks to the Senate's approval of the League of Nations. Members of both parties feel that by accepting a mandate over Turkey, in essence, tak-

ing over the day-to-day administration of the country, will entangle the country in the endless wars of Europe, something George Washington, in his farewell address, warned against.

Romania Will Not Sign Austrian Peace Terms

The Romanian delegation to the Peace Conference announced that it would not sign the Austrian peace treaty, the signing of which by Austria and various other powers of interest took place on September 10.

Before the Romanian announcement was made it had been indicated by members of the Supreme Council that Romania was expected to take the course she has announced in refusing to sign the treaty, because of the Council's flat refusal to grant her the privilege of making reservations in connection with the rights of minorities and territories detached from the former Austrian Empire, as provided for in the peace treaty.

It is also considered as improbable that the Yugoslav delegation will sign the treaty. It will be granted several days delay, however, to communicate with its own government. The Yugoslav objections are similar to those of Romania.

September 19

Disquiet Seen Among Slovaks

Generally speaking, the situation in Slovakia, formerly a province of Hungary now annexed to Czechoslovakia, is not without disquieting features. The honeymoon of the revolution has passed and some of the disillusionment bound to follow the introduction of a new regime has set in. The Magyars have not yet been reconciled to the new regime, and the peasants have recovered from their first enthusiasm. A difficult test of reconciliation remains to be performed by the Czechs.

The population of Slovakia is made up of three elements – Slovak intelligencia, which has always been strong



Dreaming Up the Ideal Retirement Is Your Job. Helping You Get There Is Ours.

To learn more about why Edward Jones makes sense for you, call or visit a financial advisor today.

Frank C Pizzuto, AAMS®
Financial Advisor
249 York Street
Gettysburg, PA 17325
717-337-2556

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

SEPTEMBER 1919



One of more problematic countries created out of the desolation of the Austrian-Hungarian Empire was the Kingdom of the Slaves, later known as Yugoslavia. Made up of nationalities that hated each other, they fought brutal civil war during WWII when they found themselves pawns of the Nazi and Allies, and in a more brutal civil war, which included genocide, following the fall of the Soviet Union in the 1990s. 100 years after being forced into one nation, they now exist as separate countries. The term 'Balkanization' was created to describe the chaos and bloodletting that occurred in this region.

for the union with Bohemia, the Magyars and the peasantry. The intelligencia have been completely satisfied by the Czechoslovakian government. The administration has been handed over completely to the very small number of Slovak doctors, lawyers, authors and professors that could be mustered for service.

Meanwhile, the Magyars' marginalized elements have been quite ignored by the government except where the government could not find a Slovak to fill the job. Intense loyalty to the old Hungarian rule characterizes these people. They could be reconciled to new conditions were they taken into the Czech administration, but the government at present prefers to fill the vacancies left by the Slovak intelligencia with officials from Bohemia and Moravia. This naturally angers both the Magyars and the marginalized elements and those Slovaks who are unfit but would like to occupy all the jobs.

A decided sentiment for real local autonomy is making itself felt. Of the whole, the government may not be opposed to granting an outspoken demand for home rule in the provinces. The peasants do not take much interest in theoretical politics; they complain that the Republic lasted only three days. The peasants were happy when they were allowed to plunder the Jews for three days in the interval between the withdrawal of the Hungarians and the arrival the Czechs.

During this time the peasants had a free hand. There were very few towns or villages where they did not completely clean up the Jewish population, who were the shopkeepers, small traders, and at times owners of estates. Now the peasants no longer have the Jews to plunder and the new state has diminished. They were kept in a state of illiteracy by the Hungarians and therefore are by no means ripe for real self-government. However, they are very bitter because they claim the Czechs take their food supplies away.

Bolshevism has not taken a great grip on the peasantry. Slovakia is a largely agricultural district and farm-

ers are always the most conservative element. In the few industrial communities in the more mountainous north and east a certain amount of unrest has developed. The large mills are not working and the food situation is very bad. The workmen in the mills hold meetings and growl in Bolshevik tones. Not unusual is it for workmen to come to their employers and demand that they receive a percentage of all the profits accrued since the war's beginning. With all this discontent the food situation is very much involved. Many factories were leather and other products of the land are used only part-time, but the men have not enough to keep themselves and their families in food. In some localities there are not even enough potatoes. Hence, as in some districts of Bohemia, the trend is towards Bolshevism.

Generally speaking, Slovakia would not be the first province to go up in anarchistic flames. For the time being the Bolshevik overtures and Hungary has had a rather quieting effect on Slovakia. The wealthy or well to do who were much attached to this old father-

land now do not relish the idea of returning to a Hungary which will take all their prosperity.

September 26

Communists Crucify Priests

Romanian troops reported that upon their entry into Budapest last month, they discovered 270 bodies of victims of the communists under the Parliament building. Among champagne bottles in a factory, 60 more bodies were discovered, while at a monastery the bodies of 80 priests, who had been imprisoned, and had starved to death, were found.

The worst case of Communist brutality was that of Magyar priests who were found crucified before their churches. All those crimes were committed on written orders of the Hungarian Communist Party and with the consent of Leon Trotsky in Russia.

Conditions in Germany

Brig. Gen. George Harris, fresh from directing the American military mission to Germany, with its headquarters

at Berlin, in charge of all problems concerned with the return of American prisoners and bettering the conditions of the prisoner of war camps of Germany, is one of the most prominent Americans in touch with the inner workings of the disorganized Germany.

The results of his observations are in the details of his work, having recently been submitted to Gen. Pershing in the form of a formal military report. In the report, Gen. Harris lays out a frank discussion of the conditions in Germany and the decision by the United States to withdraw its presence, and states that it "is an unfortunate blunder."

"As a result of legislation which pronounced that there should be no American presence within Germany until peace has formerly been established between the two countries, the United States is today regarded as a quitter by her former Allies, our country was performing a vital service."

"Through the insistence of the United States, and with the aid of American cash, the prisoner-of-war camps of Germany had been rendered models of their kind. It was effort and money well expended, even if regarded from a purely selfish viewpoint, for in the Russian camps the prisoners were grateful beyond expression for the betterment of formerly intolerable conditions have come to regard the United States as a friend in their hour of bitterest needs."

"Then came the order to quit Germany. Of course disobeying the order was not a subject for question. But to the protest of prisoners, unbelieving at first that the United States could abandon them to the inevitable reversal to formal conditions, and in the end bitter when it became obvious that such was indeed the facts, I must say frankly that there was a response in my heart, which, though it might never be evident, was nonetheless sympathetic."

Speaking in a very general way of the political and social conditions in Germany during the period of his first-hand observation Gen. Harris said:

"I regard the year to come as the most critical one to be experienced by Germany in her struggle to set her house in order. It will see, I believe, the settlement, once and for all, of the contest for power between the radical socialist and the reactionary and moderate ele-

ments of that country. So delicately are the scales adjusted today between them that any sudden dumping by even a small additional support to one side or the other might well cause the permanent settling of the balance."

In this connection, the General spoke of the caution with which German prisoners are being repatriated in order that their sudden plunge from the comfort of Ally prison camps to the hard conditions in Germany today might not result in the diversion of hundreds of thousands of husky individuals to the Red viewpoint.

"Germany needs a strong centralized government; a government in which the task of directing the energies of the nation to the work ahead shall lie in the hands of a few of her strongest and most conservative men. And it seemed to me as I watched the shifting and building of public opinion during my months of service, that she is, in a measure, conscious of her fate. It would not surprise me greatly if at the next election Hindenburg, who stands as the strongest man in Germany today, should succeed to the presidency."

"Germany is hungry; she is coming to see the necessity of credit if her hunger is to be satisfied. She is having the fact born in upon her that credit can only be obtained through production, and in many instances her response to this fact have been a voluntary return on the part of the workers to attend our day. And she is sensing a truth that even internal credit, credit of German bankers to German enterprises, is essential if empty store shelves are to be restocked."

"If we do not support Germany now," the General continued, "I fear someone will rise from the rabble and point fingers at the Allies for the conditions Germany now suffers from, and the world will soon face a second world war. We can prevent that war, if we take action now, but if we turn our back, I fear the next war will be more brutal and devastating than this war. The Germans will know that nothing short of total victory will be acceptable, so they will fight to the bitter end, even if that means the total destruction of their country."

To read past editions of News Reports From The Front visit the History section of emmitsburg.net.

Give your home the protection it deserves.

Jim Hatcher, Agent
 101 Silo Hill Road, Suite 2
 Emmitsburg, MD 21727
 Bus: 301-447-6524
 jim.hatcher.bv6t@statefarm.com

Your home is where you make some of your best memories, and that's worth protecting. I'm here to help. LET'S TALK TODAY.

State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL
 State Farm Florida Insurance Company, Winter Haven, FL
 State Farm Lloyds, Richardson, TX
 1708136

The Taney Corporation
 Manufacturers of Wood Stairs & Stair Parts

Locally owned continuously for over 50 Years

5130 Allendale Lane, Taneytown
 Office: 410-756-6671 Fax: 410-756-4103

Visit us at www.taneystair.com

A sponsor of the Emmitsburg News-Journal

HISTORY

Gateway to the Mountains

George Wireman
Originally published in 1969

Chapter 2: Apples Church

The exact date of the origin of the German Churches in Frederick County is lost. Some have placed it as early as 1732, but there is no evidence. The earliest proved date is 1742 at which time "The Monocacy Church" (Lutheran and Reformed) was in existence, and by 1745 had a church building two miles from Graceham and about one mile from Michael Reissner's plantation. David Candler of Conewago (Littlestown) was the pastor of the Lutheran congregation, but the Reformed did not, as yet, have a minister.

In 1746, a group from both congregations withdrew to found a Moravian congregation at the house of Jacob Weller. This eventually became the Graceham Moravian Church.

The French and Indian War, with the terrible massacres, which followed Braddock's defeat, led to a mass evacuation of the mountain farms all along the Blue Ridge Mountains. Those who stayed behind fortified Graceham Church as a place of refuge — much to the horror of the peaceful Moravians. By the time

the people re-turned to their farms in the 1760's a need for new schools and churches was very evident.

Peter Apple, who had become one of the large landholders in the neighborhood, on March 19, 1760, gave a deed for one acre of land to Matthias Ambrose, Jacob Matthews and Jacob Ambrose as trustees for a schoolhouse. It is more than probable that church services were held in this school house by visiting ministers of both denominations, and that, as was customary in all country congregations of the day, sermons were read by the schoolmaster from time to time.

It is generally conceded that the log church on the same lot as the school, was built in 1765, and on December 26, 1768, the trustees of the school gave a Deed of Trust for the lawful use of the church to Martin Dustmain and Henry Firor, trustees of the Lutheran and Reformed congregations respectively.

As there were very few ministers of either denomination in this part of Maryland, at this date, it was obvious that the church could only be served now and then by ministers who had to come from a distance over the mountain roads. For the Reformed Congregation, the Rev. Jacob Wey-

mer of Conococheague was instructed in 1770 to preach occasionally, and there is evidence that the Rev. Ludwig Henop of Frederick, also took a kindly interest in the little congregation. Of the Lutheran congregation the Rev. Philip Matthews, a son of Conrad Matthews, and grandson of Peter Apple, is frequently said to have been "probably" the first minister. The Philip Mattes, who appears in the minutes of the Lutheran ministerium of Pennsylvania, did not apply for ordination until 1807, but there may have been an earlier minister, or he may have served as a lay leader. In 1793 there appears a new and distinctive handwriting in the Lutheran records of the church, which continues until 1804, so that the Lutherans obviously had a regular minister at this date.

After the death of Rev. Weymer in 1790, his successor at Conococheague, Jonathan Rahausser, assumed the responsibility for the mountain churches. His brother Friedrich Rahausser was at the time studying with him for the ministry, and was doubtless sent out to supply the small congregation. After his ordination, he was named pastor of the Emmitsburg charge where he served from 1795 until 1817. From this date until 1858, the Reformed Congregation at Apple's Church was continually a part of this charge. The first minister specifically assigned to the care of the Lutheran congregation was Johannes Rothrauff, of Greencastle, who from 1805 until 1809 included Apple's Church among his numerous congregations.

On September 7, 1813, Rules and Regulations for the two congregations were drawn up, and signed by the pastors and officers, and were recorded in the Frederick County deed book. In the same year, added land was purchased for the churchyard, and extensive repairs on the old log building were undertaken. This included making pews, installing glazed windows and the interesting item of "flooring the ceiling."

In 1822 the church records included an item of twenty cents (20c) for the purchase of a bowl. This small pottery bowl, undoubtedly made at Lynn's Pottery, was used by the church for a long time as a baptismal bowl, and is now a part of the collection of the Historical Society of the Reformed Church.

In 1823, a gallery was put in, but this was not enough to care for the needs of the growing congregation. In 1826, it was finally decided to build a new church, which is the present stone building. The cornerstone was laid on April 13, 1826, and the construction of the church was begun under the auspices of the Rev. J. G. Grubb. It was a one room structure and had a high pulpit, gallery and two tiers of windows. A gun rack was placed in one corner for stacking of guns. Many of the members traveled great distances through the mountains to attend services, and the guns were carried for protection against marauding Indians and the wild beasts. The detailed settlement of accounts for this project was made at a joint congregational meeting on January 9, 1828, by the joint managers of the operation, John Harbaugh and George Houver, Sr.

This report, recorded in the account book of the church is extremely interesting. It not only shows detailed costs of building materials, but also gives evidence of the extent to which a small community like this was still self-sufficient. Although the name of William Cruger, the contractor, does not appear on the church records, the family was definitely of the neighborhood. Joseph Kuhn, the mason, was a member of the Reformed congregation. Daniel Rouzer, David Willhide, George Houver, Frederick Troxell, and others were paid for labor and materials. It would seem that the stone was quarried and the lumber cut in the locality, and the Millers, Herbachs and Damuths did the hauling. All iron work was done by Jacob Weller, the blacksmith, including altering some of the ironwork from the old church. Daniel Firor furnished scantling, Frederick and Adam Eyley, shingles, and Henry Poorman, laths. David Willhide made a settee for five dollars (pews were not mentioned in this report so it is assumed that those made for the old church were used). Indeed, except for a few small items purchased from A. and C. Quinn of Frederick, and Lewis Motter and Son of Emmitsburg, practically all of the work was done by members of both congregations, which may account for the fact that the total cost, \$1,306.20, was so small, even for that day and age; and also for the cheerful readiness with which the joint membership subscribed, at that settlement meeting, all that was lacking in the amounts already subscribed at the cornerstone

laying and the consecration. It is of interest to note here that the old church was sold for \$43.51.

In 1857, the Lutheran congregation announced their intention of withdrawing from Apple's Church and building their own church in Mechanicstown, which they did the following year. The Reformed congregation in 1858 adopted a Constitution as an independent organization, and at the same time applied to Maryland Classis to be associated with a smaller charge, so that they might be assured of more services from the pastor. Accordingly, in 1859, a new charge was organized, known as the Mechanicstown Charge, consisting of Valley, Apples and Creagerstown churches. Their share in the old Emmitsburg parsonage was sold, and a new parsonage was purchased in Mechanicstown. The first minister of this new charge was Henry Irving Comfort. Apple's Church was now one of the strongest churches in the area, and had some of the ablest preachers of the time. The sermons were preached solely in German until 1830, then alternated for a few years between German and English, then all English was adopted.

In May 1870, a great centennial celebration was held at the church. However, in 1879, the congregation as a whole, decided, like the Lutherans, to abandon the old church, and to move into Mechanicstown where they built Trinity Church. In 1880, a few services were still held, for the families who lived near the church, but after that, for five years, the church was abandoned entirely. This was a great grief to families who had grown up in the congregation, and in 1885, they approached the Rev. A. B. Stoner, with the request that, if they would clean and repair the old building, he should hold a few services there during the summer with the hope of reviving the old congregation. This was so successful that in August of 1885, a petition was signed by 35 members pledging \$80.00 a year toward the minister's salary, if the services in the old church were resumed. At the first communion service, held the following day, the entire congregation of Trinity Church was present.

Since then the little old stone church has never been abandoned. In 1912, the building was remodeled. The walls were lowered, the gallery, wine-glass pulpit, and top tier of windows were taken out. This improved the outward

Licensed Insured

REAVERS WOODWORKING INC.

*Quality Hand-Crafted
Cabinets/Furniture*

Brian P. Reaver, Sr.

**Shop: 301-788-7143
Fax: 301-447-1750**



- Kitchens, Armoires**
- Hutches, China Cupboards**
- Computer Stations**
- Entertainment Centers**
- Fireplace Mantels**
- Vanities, Gun Cabinets**
- Children's Furniture**
- Corner Cabinets, Bookcases**
- Dressers, End Tables... etc.**

Visit us online at: www.emmitsburg.net/woodworking

"Your Community Cemetery"

*Traditional Plots
or
Columbarium
available for your
loved ones final
resting place.*



**EMMITSBURG MEMORIAL
CEMETERY**
ESTABLISHED 1845

301-456-3233

*We are pleased to announce
the opening of our NEW
Thurmont location at
224 North Church St.
in FALL 2019.*



**BLACK'S
FUNERAL HOME**

Effective July 1 all arrangements will be made through our SABILLASVILLE office until the opening of our NEW Thurmont location in the FALL.

Stay tuned for updates on our new location and as always BLACK'S is here when you need us most.



**Life can
change
direction.**

Black's Funeral Home
17324 Sunshine Trail, Sabillasville · 240-288-1300
www.blackfuneralhomes.com

HISTORY

appearance of the church, and the comfort and efficiency of the interior.

Anniversary celebrations were held in 1920, 1926, and in 1951. At the 1926 celebration, a fund for the care of the cemetery was raised. In preparation for the 1951 services, the members of

the church imitated their ancestors of 1826, and gave of their services and skills, and the products of their farms and woodlands to repair and redecorate the church.

At the annual congregational meeting in 1964, after much discussion,

a building committee was selected to begin plans for a new educational building. The Building Committee was composed of Richard Troxell, Marian Troxell, George Fleagle, and Edna Tressler. To encourage the congregation, the Women's Guild announced it already had established a building fund. With a large church school attendance and the membership still growing, work on the educational building was begun on July 1, 1964. This little congregation is quite proud of the fact that like their ancestors, practically all of the work was done by the members of the church and Sunday School. In March of 1965 the new facilities were complete and in

use. The cost of the educational building was approximately \$2,500 and here again the congregation showed their love for this little stone church by paying off the loan just one year from the date the building was completed.

On June 26, 1966 the new educational building was dedicated with special services. Rev. Francis Pirazinni was the guest speaker and music was provided by choirs from Mount Tabor and Trinity churches. A large crowd was in attendance and following the service refreshments were served on the lawn of the church. The dedication committee was composed of Mabel Troxell, Chairman, Donald Stitely, Barbara Weddle Freeze, Donald Wed-

dle, Roger Troxell, Betty Lee Rickerd and Rev. Richard Ruoff.

The names of the early members of this little stone church have not been obtained, but looking into succeeding generations one can find the names of those who were among the most prominent and enterprising Christian men and women in the vicinity. This canonically bespeaks the character and devotion of their forefathers who now rest in peace in the cemetery beside the church they worked so diligently to obtain and loved so well. Nevertheless, Apple's Church still remains a historical landmark, one of the many attractions of Thurmont.

Chapter 3 next month

Mary Louise Flickingersburg



said of her, "She was an awesome human being."

Surviving, in addition to her mother Leatrice, are her three children, Timothy Wetzel and wife Trina, Melissa Wetzel and partner Kevin Dewees of Emmitsburg, and Roy "Sam" Smith III and partner Molly Howser of Thurmont; grandchildren, Tonya Jean and Andrew Timothy Wetzel and step-grandchild, Anthony "TJ" Eiker, Jr. and his wife Jessica; siblings, Donald Ott and wife Pat of Colorado, Patricia Kunst and husband Eugene of Frederick, Allen Ott and partner Heidi of Hagerstown, Regina Weaver and friend Sandy of Hagerstown, John Ott and partner Sandra of Baltimore, Josephine Mellor and husband Steve of Oklahoma, Anthony Ott, Elizabeth Sweeney and husband Clifford of Emmitsburg, and Paul Ott of Frederick; sisters-in-law, Sherry Ott and Jill Ott; step-son, William "Frank" Smith; and many nieces and nephews. Mary is also remembered by her best friend, Nancy Smith, by close friend, Ken Conway, by her late husband Bernie's family, as well as many other good friends. In addition to her three husbands, she was predeceased by siblings, Thomas, Raymond "Jim", Carolyn, Rosemary and Teresa; and step-son, Charles "Scott" Smith.

A Mass of Christian Burial was held at St. Joseph Catholic Church, Emmitsburg, D with the Rev. Charles F. Krieg, C.M. as celebrant. Burial was at New St. Joseph Cemetery.

In lieu of flowers, memorial contributions in Mary's name may be made to the Emmitsburg Lions Club, P.O. Box 1182, Emmitsburg, MD 21727. Online condolences may be expressed to the family at www.myersdurborawfh.com.

Mary Louise Flickinger, 71, of Emmitsburg passed away on Sunday, August 25 at her home. Born January 11, 1948 in Gettysburg, she was the daughter of Leatrice L. (Coe) Ott of Emmitsburg and the late Thomas E. Ott, Sr. She was predeceased by all three of her husbands, the late Robert June Wetzel, the late Roy Samuel Smith, Jr. and the late Bernard "Bernie" Flickinger.

Mary worked for more than 20 years as a Material Handler at Frederick Memorial Hospital's Materials Distribution Center. In 2007 she was awarded the Material Division's first-ever Employee of the Month plaque and trophy. Her previous work history included the Emmitsburg Sewing Factory, Wetzel's Refuse Removal Service, Walkersville Bowling Alley, Trout's Market in Woodsboro, and most recently, her daughter, Melissa M. Wetzel's CPA office. Mary was a member of St. Joseph Catholic Church in Emmitsburg and was very actively involved in the Emmitsburg Lions Club.

She enjoyed family cookouts, working puzzles, playing cards and watching her grandson play baseball. She was a fan of the Maryland Terps and the Pittsburgh Steelers. She always looked forward to the monthly outings with her former FMH co-workers. Mary was known for her hearty laugh, her wonderful sense of humor, and her upbeat, positive attitude. Friends

Emmitsburg Chronicle.

EMMITSBURG, MARYLAND, SATURDAY, SEPTEMBER 6, 1879.

The Emmitsburg Chronicle, The Weekly Chronicle, The Emmitsburg Dispatch and The Carroll Record are online!

Explore the history of Emmitsburg & Taneytown through the eyes of their old community newspapers.

- The Emmitsburg Chronicle 1879-1908 / 1948-1977
- The Weekly Chronicle 1909-1918
- The Emmitsburg Dispatch 1993-2008
- The Carroll Record 1894-1967

- Looking to create your own 50 years ago this week?
- Looking for information on a local business or special event?

Our search engine allows you to search online by year, page or key terms all in the comfort of your own home.

Best yet...
It's 100% Community Service at no cost to You!

Find your answers & so much more online at:
www.emmitsburgchronicles.com

AA-Eastern Mobility offers customized transportation solutions for handicapped individuals including Stair Lifts, Lift Chairs, Wheelchair Lifts, Wheelchair Ramps, Turney Seats, Hand Controls, Left Foot Accelerators, Wheelchair Accessible Vans and Lowered Floor Minivans.



We offer many options to customize your home and vehicle to make your life easier.

We Have Used Wheelchair Vans and Handicap Accessible Vehicles for Sale!

AA - EASTERN MOBILITY, INC. "Access to the World"
12455 Woodsboro Pike, Keymar • www.easternmobility.com
Phone: 301.845.4188 • Toll-Free: 888.845.0533 • Fax: 301.845.6316



COOKING

South Mountain Fair blue ribbon pie & cake winners

Dutch Apple Pie with Oatmeal Streusel

This year's Blue Ribbon Apple Pie Contest winner was Steven Berkoski from Conestoga. His winning recipe is:

Ingredients:

1 9" pie shell
2 Tbs. Butter
5 cups apples, peeled, cored, sliced

¾ cup all-purpose flour
2 Tbs. all-purpose flour
½ tsp. ground cinnamon
2/3 cup white sugar
½ cup packed brown sugar
½ tsp. ground cinnamon
¾ cup rolled oats
¼ tsp. ground nutmeg
1 tsp. lemon zest
¼ tsp. ground allspice
½ cup butter

Directions: Preheat oven to 425 degrees. Fit pastry shell into pie pan and place in freezer. To make apple filling: Place apples in a large bowl. In a separate bowl combine 2 tablespoons flour, white sugar, ½ tsp. cinnamon, nutmeg, and allspice. Mix well, then add to apples. Toss until apples are evenly coated. Remove pie shell from freezer. Place apple mixture in pie shell and dot with 2 tablespoons butter or margarine. Lay a sheet of aluminum foil lightly on top of filling, but do not seal.

Bake in preheated oven for 10 minutes. While filling is baking, make Streusel Topping. In a medium bowl combine ¾ cup flour, ½ tsp cinnamon, brown sugar, oats and lemon zest. Mix thoroughly, then cut in ½ cup butter or margarine until mixture is crumbly. Remove filling from oven and sprinkle streusel on top. Reduce heat to 375 degrees. Bake an additional 30-35 minutes, until streusel is browned and apples are tender. Cover loosely with aluminum foil to prevent excess browning.

Pina Colada Angel Food Cake

This year's Angel Food Cake Contest winner was Dorothy Martin from Conestoga. Her winning recipe is:

1 cup cake flour
1 ½ cup 10x sugar
1 cup super fine sugar
¼ tsp. salt
1 ¼ tsp. cream of tartar
1 ¾ cup PA Preferred egg whites
1 tsp Pina Colada flavoring
1 tsp. clear vanilla flavoring
Filling/Frosting
½ cup butter
3 ½ cups 10x sugar
¼ cup milk
1 tsp. Pina Colada flavoring
(Will need 3 times this recipe with a drop of yellow food coloring)

Directions: For frosting beat all things above until smooth. For

between the layers add 1 cup toasted coconut to the frosting. Will also need 1 cup toasted coconut for the top of the cake.

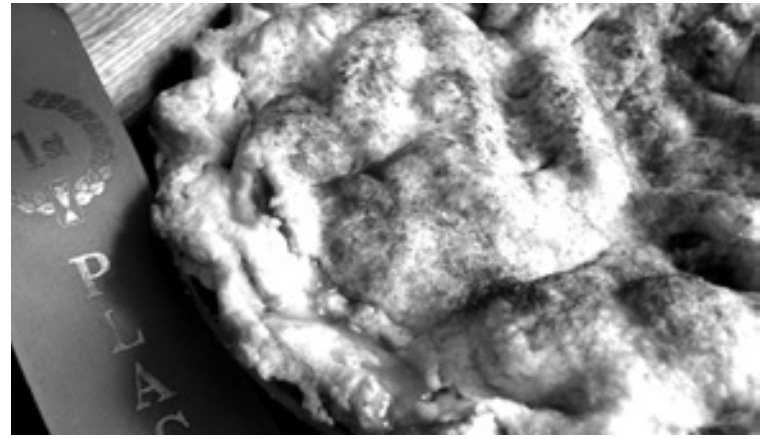
To make the cake. Preheat oven to 350 degrees. Use ungreased tube pan. Bake cake for 40-50 minutes. Sift together flour and 10x sugar, 3 times. In a bowl beat egg whites and cream of tartar until foamy. Add one cup of the super fine sugar. Beat until stiff peaks. Add the salt and flavorings. Remove 1 cup of cake batter and add yellow food coloring. Start filling the tube pan with the white mixture and add pillows of the yellow. Run a table knife through the cake to release any air and to mix the color. Remove from the oven and turn upside down to cool. Cut into 3 layers. Add frosting with roasted coconut between each layer. Basket weave the sides and add more toasted coconut to the top.

Chocolate Raspberry Cake

Annette Cole, from Biglerville, took home top honors in the Homemade Chocolate Cake Contest with her Chocolate Raspberry Cake recipe. The Winning recipe is:

Ingredients:

3 cups all-purpose flour
3 cups sugar
1 ½ cups unsweetened cocoa
1 Tbs. baking soda
1 ½ tsp. baking powder
1 ½ tsp. salt



4 large eggs
1 ½ cups buttermilk
1 ½ cups warm water
½ cup vegetable oil
2 tsp. vanilla extract

Filling:

¼ cup sugar
1 Tbs. cornstarch
2 tsp. water
2 cups raspberries
Chocolate Ganache
1 ½ cups semi-sweet chocolate chips
¾ cup heavy whipping cream

Cooking directions: Cake - Preheat oven to 350. Butter and dust pans. Mix flour, sugar, cocoa, baking soda, baking powder and salt in stand mixer at low speed. Add eggs, buttermilk, warm water, oil and vanilla. Beat on medium speed until smooth. Divide batter into round pans and bake 30-35 min-

utes until toothpick inserted in center comes out clean. Cool cake on wire rack.

Raspberry Filling - Combine sugar, cornstarch and water in a sauce pan over medium heat and stir to combine. Heat until mixture is wet and the sugar begins to melt. Add berries and coat with mixture. Continue to cook until berries start to soften and let juice out. Use spatula to mash berries. Remove from heat when juice begins to thicken. Pour in a bowl and put in refrigerator to cool.

Chocolate Ganache - Put chips in bowl. Heat whipping cream in microwave until it just begins to boil. Pour over chips and let stand 2-3 minutes. Then whisk until smooth. Assemble cake, putting the raspberry filling between the layers and spreading the chocolate ganache on the cake. Decorate with fresh raspberries.

Thurmont
Main Street

ART & WINE
Stroll

FRIDAY
Sept. 13th • 5 - 8 p.m.

Artists & Wineries tucked inside businesses on Main Street in Thurmont.

Live entertainment & interactive art along your stroll.

Meet 15 Local Artists

- *Sample wine from local vineyards
- *Art includes Watercolor & Digital Painted Pieces, Pet Portraits, Glass Etching, Wool Spinning, Handmade Jewelry, Pottery, Interactive Art - Paint & Take a Crab Shell
- *An Award Winning Author
- *Live Drawing Session at Thurmont Bar & Grill

The 1st 50 people to Timeless Trends receive a free stemless wine glass.

Musical Entertainment

5 - 6:45 p.m. - Tim Seals (Ukulele / Ukulele Banjo player)
Enjoy a bottomless barrel of a mix of Country, Folk, Blues, Early Jazz & Americana music that folks of all ages will enjoy.

7 - 7:45 p.m. - Gateway Brass Ensemble
Thurmont's own brass ensemble has a very unique brass sound playing a genre of music from today and yesteryear. The Gateway Ensemble members are ages 13 - 80!

BOTH ACTS ARE AT MECHANICTOWN SQUARE PARK
thurmontmainstreet.com

Rotary

20
19

Rotary Clubs of Frederick County

Sponsored by
FLYING DOG

FRIDAY • SEPT. 27
6pm-10:30pm • 21+ Event
\$5 Entry / \$5 Food

SATURDAY • SEPT. 28
11am-10pm • (Presale ticket prices ends 9/27)
General Admission: \$8 / Designated Drivers: \$5
Ages 3-12: \$5 / 2 & under: free!

ADDITIONAL SPONSORS

Brewery
STELZL
AUDIO VIDEO GROUP
FCB
FREDERICK COUNTY BANK

THE SWEET FARM • FREDERICK MAGAZINE • MILES & STOCKBRIDGE • BP LESKY • RICE TIRE • WANTZ DISTRIBUTING
MORGAN KELLER • LSWG • WOODSBORO BANK • POSTERN • MANNING MEDIA • PNC • M&T BANK • WEALTH MANAGEMENT
THE HERSHEY-FITZSIMMONS GROUP OF RBC

frederickoktoberfest.org

Cooking with tomatoes

**Kay Hollabaugh
Hollabaugh Brothers'
Farmer Market**

It seems like we were just celebrating the Memorial Day holiday weekend. Kids were excited to be done with school soon and pools were opening for the summer! Then our Independence Holiday rolled around and there were picnics and fireworks! Although I personally love the Labor Day weekend – for reasons that only I can appreciate – it does mean the end of the hazy, lazy days of summer! The kids are back in school and we're all settling down to a routine again.

As far as the produce world? Truly throughout most of the month of September, good, summer vegetables abound so don't despair quite yet! As a child, I remember our house basically smelling like tomatoes – in one form or another – from about August 15 until mid-September. My mom made everything imaginable from tomatoes. She canned stewed, juice, spaghetti sauces – and even her own homemade ketchup! To this day, no barbecue sandwich will hold a candle to hers made with her own ketchup! For today's modern cook? There are so many simplifications to so many things made out of tomatoes. In our store alone, we sell Mrs. Wages chili sauce, barbecue sauce, salsa, pasta sauce, and yes – even ketchup! And for most of them, you simply add the tomatoes!

If your recipe calls for a peeled tomato, you simply blanch the raw tomato. Core the tomatoes and place them in a mesh basket or strainer and lower them into a kettle of boiling water for only about 30 seconds! Lift the tomato basket out and immediately submerge in cold water. The skins will peel away effortlessly!

The tomato is the most popular fruit – or vegetable – that is grown in backyard gardens. And yes – it can be

referred to as either a fruit OR a vegetable! Although quite prolific, tomatoes do lend themselves to some insect and blight problems. Growing a tomato completely free of chemicals is really a challenge – particularly in south-central PA and northern MD. We simply have weather that is delightful for all kinds of woes for tomatoes. This year, with all the rain we've had, there have been lots of issues with blossom end blight. Perhaps you've seen it? Right where the tomato attaches to the tomato, you will see black, breakdown – and finally rot. This will spread very quickly over the tomato – and to those along side the tomato! If you have reached this stage, there is little you can do to salvage your crop. On our farm, we apply fungicides and bacterial covers to try to keep this at bay.

So just what is a "green" tomato? A green tomato can be harvested anytime, but typically gardeners will gather any tomatoes not yet red right before a hard frost. Green tomatoes should be picked and kept in a cool – but not refrigerated space. They can truly be used for nearly anything that you could use an apple for – believe it or not!

Fried Green Tomatoes

Ingredients
4 to 5 Medium Green Tomatoes, cored and thickly sliced
Salt and Pepper to Taste
2 Eggs, Beaten
½ C. Bread or Cracker Crumbs
4 T. Butter

Cooking Instructions: Salt and pepper the tomato slices and dip into the beaten egg. Toss lightly in the crumbs. Fry in a skillet over moderate heat, browning on both sides.

Mom's Tomato Ketchup

Ingredients:
4 Dozen Ripe Tomatoes, Chopped
2 T. Salt
1 T. Ground Black Pepper
1 C. Sugar
2 T. Cinnamon
2 T. Ground Cloves

1 T. Allspice
1 Tsp. Cayenne Pepper (use less if you don't want it hot)
2 C. Cider Vinegar
1 T. Onion Salt

Cooking Instructions: Cook tomatoes for about half an hour over medium heat. Then put through a sieve or food mill. Return pulp to saucepan or kettle and add remaining ingredients. Let mixture boil gently until it becomes thick and smooth. Pour into jars prepared for canning. This recipe will make about 6 pints. Use a 5 minute boiling water bath.

Creamy Tomato Soup

Ingredients:
2 C. Cooked Tomatoes
1 T. Minced Onion
1 T. Celery, Diced
1 Tsp. Brown Sugar
2 T. Butter, Melted
2 T. Flour
1 ½ Quarts Milk, Scalded
½ Tsp. Salt
1 Bay Leaf
2 Egg Yolks, beaten
Sour Cream Parsley

Cooking Instructions: In a medium saucepan, cook tomatoes, onion, celery and sugar for 15 minutes. Let mixture cool and rub through a sieve into a soup kettle. Blend melted butter and flour together with a little of the scalded milk and stir into mixture in the kettle. Add milk, salt, bay leaf. Bring to boiling and remove from the heat. Stir in beaten egg yolks. Mix thoroughly. Serve in bowls with a dollop of sour cream and parsley. (Best if served with a crusty loaf of bread!)

Stuffed Tuna Tomatoes

Ingredients:
6 Large Tomatoes – should be large and firm
2 6 Oz. Cans of Tuna, Drained
½ C. Mayo
2 T. Lemon Juice
3 Green Onions, Chopped



¼ C. Chopped Celery
¼ C. Chopped Carrots
¼ C. Chopped Sweet Pickle
1 Tsp. Salt
Dash Oregano
Dash Pepper

Cooking Instructions: Wash tomatoes and remove skins via the blanching method. Remove stem ends and scoop out the center pulp of each tomato. In a separate bowl, mix remaining ingredients together and fill the tomato cavities. Garnish with parsley flakes or paprika and serve on lettuce leaves.

Stewed Tomatoes

Ingredients:
2 Qt. Canned Tomatoes, cut into pieces with juice
1 Green Pepper, Chopped
1 Large Onion, Chopped
½ C. Chopped Celery
1 Tsp. Celery Salt
2 Tsp. Sugar
¼ Tsp. Salt
¼ Tsp. Garlic Salt
1/8 Tsp. Pepper

Cooking Instructions: Place ingre-

dients into a large saucepan or kettle and bring to a boil. Then simmer about 30 minutes until tomatoes thicken. Serve warm.

September events at Hollabaugh Bros.:

- Sept. 7: Grandparents' Day Make and Take Event – 10 to noon. Cost: \$10/gift.
- Sept. 7: Family Cooking Class: Baked Apples – 1:30 to 3:00 p.m. Cost is \$15. Registration is required.
- Sept. 12: Adult Cooking Class: Pears – 7 to 8:30 p.m. Cost is \$30. Registration is required.
- Sept. 14: International Tea: Noon seating. Cost is \$30 per person. Registration is required.
- Sept. 18: DIY Fall Flower Centerpiece – 6:30 to 7:30 p.m. Cost is \$35. Registration is required.
- Sept. 28: Johnny Appleseed Make and Take – 10 to noon. Cost is \$10.

For more information on these events visit www.hollabaughbros.com.



Celebrate
HALF-WAY To
ST. PATRICK'S DAY
September 13, 14, 15 & 16
IRISH MENU each day Noon to 9 p.m.

LIVE IRISH MUSIC

Across The Pond - Fri., Sept. 13....5:30 - 8:30 p.m.
Cormorant's Fancy - Sat., Sept. 14....5:30 - 8:30 p.m.
Wherligig - Sat., Sept. 15....5:30 - 8:30 p.m.
Wherligig - Sun., Sept 16....12:30 - 3:30 p.m. & 4:30 - 7:30 p.m.

NEW IRISH COFFEE MUG
Yours to keep when you buy an IRISH COFFEE!

View our full menu online at www.shamrockrestaurant.com
CLOSED TUESDAY

Route 15 North of Thurmont • 301-271-2912





U.S. Route 15
15036 North Franklinville Road
Phone (301) 271-2737 Fax (301) 271-2850

BUY FRESH! BUY LOCAL!

Gala, Rambo, Honey Crisp, & Paula Red Apples
Blackberries, Sweet Plums,
Yellow & White Peaches, Pears,
Nectarines, Kale, Peppers,
Swiss Chard, Squash, Cucumbers,
Tomatoes, Potatoes,
Cabbage, Eggplant, Jams, Jellies,
Honey, Local Crafts, Fresh Baked or
Frozen Fruit Pies & Fall Mums

Coming Soon: Kiwi Berries,
Grapes, Pumpkins, Gourds, Apple Cider

CUT YOUR OWN FLOWERS!



Open Daily
9 a.m. to 5 p.m.

www.catoctinmountainorchard.com
Visa/Mastercard Accepted

LIBRARY NEWS & EVENTS

Blue Ridge Free Library

Monday - Story Time starts at 4:30 p.m., immediately followed by Legos and Wee Build Imagining until 5:30.

Wednesday - Coffee club from 4 - 5:30 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, &c.

Wednesday- VITT (very important teens and 'tweens) night. The community room is reserved for teen use from 6 - 7:30 p.m.. just hang out or play WII, play board games, do puzzles, eat snacks, watch movies, make movies, etc.!

Saturday - Join us at 11 a.m., for Story Time and Craft Time! What could be better than a great book and a fun craft?

Upcoming Special Events

The Train of Thought Book Club will meet on September 26 at 6 p.m.. This month's discussion will be about "The Johnstown Flood" by David McCulloch.

Thurmont Regional Library

Family Night - Every Monday and Thursday night at 6:30 p.m.

Little Picassos - Every Monday at 2 p.m., little ones will express themselves through painting, drawing and more.

School Skills for Preschoolers - Every Tuesday at 11:15 a.m., practice school-readiness skills with cutting.

Open STEM Lab - Every Sunday

at 2 p.m., explore Science, Technology, Engineering, and Math concepts in the STEM Lab. Children under age 8 must be accompanied by an adult.

Friends, Food, and Fun - Wednesday, Sept. 4, 4 p.m., hang out with friends while enjoying snacks and games.

On-site at Catoctin Mountain Park: Storytime and Hike, Friday, Sept. 6, 10 - noon. Storytime followed by a short hike. Meet at Visitor Center, 14707 Park Central Rd, Thurmont.

Choose Civility: 2020 Census: Employment Opportunities - Monday, Sept. 9, 11 a.m. - 1 p.m., representatives from the Census will be available with information about employment with the Census Bureau.

Lunchtime Yoga for Adults - Monday, Sept. 9, 12 noon - 1 p.m., join us and Sol Yoga for a 60 minute all levels welcome afternoon pick me up. Wear comfortable clothes and bring a yoga mat.

Great Frederick Fair Sampler - Monday, Sept. 9, 6:30 p.m., meet a princess, pet a goat, make string art. Sample what the county fair has to offer.

Connecting Communities: H&F Trolley Trail - Tuesday, Sept. 10, 7 p.m., Bryant Despau of the H&F Trolley Trail Association, and Reuben Moss of the H&F Railway Historical Society share the history of the Thurmont Line and plans for trolley trail development in the area.

ILR: Medically Curious: Health Tips - Wednesdays, Sept. 11, 18 & 25, 10 a.m. - 12 noon, A dozen simple topics from earwax to exercise. Dr. Larry Romane will talk about what's behind TV drug ads and medical breakthroughs seen on the news; which has more radiation, a CT scan or MRI; what's really behind America's overweight crisis, and more. Presented at no charge courtesy of a partnership with Frederick Community College's Institute for Learning in Retirement and supported by the Shirley Cruickshank Wolfe Fund.

Slime Lab - Wednesday, Sept. 11, 6 p.m., try new slime recipes every month with new colors, textures, and additions.

Beginning Art Techniques - Thursday, Sept. 12, 19 & 26, 11 a.m., Join artist Michele Maze of Seven Dragonflies Studio for exploring different art mediums. 9/12: enamel paint on tile and glass; 9/19: colored pencil, charcoal, and pastels on paper; 9/26: mixed media art.

Back to School Supplies with Duct Tape - Thursday, Sept. 12, 5 p.m.. Get organized and creative by making your own pencil holders, book marks, note holders, locker decor and more.

Family Bingo Night - Thursday, Sept. 12, 6:30 p.m., play bingo and win prizes!

Storyland: A Sensory Storytime for Little Ones - Friday, Sept. 13, 10:15 a.m., a special Storytime in partnership with Frederick County Infants

Play! Learn! Grow! At the Thurmont Regional Library



Looking for indoor fun? Look no further than the Thurmont Regional Library. This summer the library added exciting new items to refresh its Early Literacy Area, creating enhanced opportunities for creative play and learning. New items include a bright, interactive learning rug, an interactive wall toy panel, a larger magnetic whiteboard with engaging STEM activities, refreshed early literacy activities for parents to share with their

children, as well as two museum-quality early learning kiosks with over 20 activities for parent-child engagement.

All of the items were carefully chosen with the development of a child's early literacy skills in mind, and many were made possible thanks to generous giving from anonymous donors. Our goal is to help library parents engage with their children in a way that supports early reading and learning skills. Stop by the library and see our new selections soon!

and Toddlers Program.

My First Book Club - Friday, Sept. 13, 10:30 a.m., sharing a new picture book each month with related activities. Children do not need to know how to read, but need to be accompanied by a caregiver.

Friday the 13th Party - Friday, Sept. 13, 3 p.m., make good luck charms and test your luck playing games on this infamously unlucky day.

Open Memory Lab - Sunday, Sept. 15, 2-4 p.m., use our equipment to convert your photos and analog home videos to digital formats you can share and enjoy today! Lab volunteers will be available to help. Formats accepted: mini DV tapes, VHS tapes, VHS-C tapes, photos, slides, and negatives. This project was made possible in part by the Institute of Museum and Library Services and the Maryland State Department of Education.

Family Trivia Night on the Deck - Monday, Sept. 16, 6:30 p.m., bring the whole family and participate as a team in a trivia contest.

Hispanic Heritage Month: Art Attack! - Tuesday, Sept. 17, 4 p.m., express yourself through art. September: Mexican Mirrors; October: Kindness Rocks!; November: Fall Color Explosion.

Smash Journals - Thursday, Sept. 19, 5 p.m., make your own journal - a special place to write, draw, paint and glue.

Friday Fun - Friday, Sept. 20 & 27, 10:30 a.m., a craft, activity, or playgroup designed for children ages 0 to 5 with a caregiver.

Escape the Library - Friday, Sept. 20, 1:30 p.m., complete puzzles and riddles to break out and escape the library.

School's Out Block Party and Virtual Reality Experience - Friday, Sept. 20, 1:30 p.m., build, explore tech, and more.

Chess Club - Saturday, Sept. 21, 11 a.m., stop in to learn, play, or sharpen your skills. All ages and skill levels welcome.

Beekeeping Fun - Monday, Sept. 23, 6:30 p.m., learn how our pollinators fit into the ecosystem and what they do for all of us everyday.

Choose Civility: Bridges Out of Poverty - Tuesday, Sept. 24, 7 p.m., Chris Bugher shares information about this program which provides a framework for communities to improve the quality of life of its citizens. Learn how you can participate.

Teen Advisory Board - Wednesday, Sept. 25, 6-7 p.m., let your voice be heard and influence the library! Gain leadership and volunteer experience and discuss what the library can do for you. Snacks provided.

Slime Time - Thursday, Sept. 26, 6:30 p.m., any time is slime time! Use a variety of ingredients to make and explore slime.

Preserving Family Memories - Thursday, Sept. 26, 7 p.m., get motivated to start organizing and documenting your precious family photos.

R.E.A.D. with Wags for Hope - Saturday, Sept. 28, 11 - noon, children read to Reading Education Assistance Dogs.

Fortnite Party - Saturday, Sept. 28, 2 p.m., Celebrate your love of the game and connect with other fans.

On-site at Cunningham Falls State Park: Nature Fit Tree Identification Hike - Sunday, Sept. 29, 2 - 3:30 p.m.. Learn tree identification on a lovely ranger-led nature hike. Meet at the Peniel Trailhead parking lot across the street from 6602 Foxville Rd., Thurmont. Bring water, dress appropriately, and wear comfortable shoes as the hike may be steep and rocky.

Mindful Movement for Families - Monday, Sept. 30, 6:30 p.m., stretch, pose, breathe and more. Yoga mats provided.

CALLING ALL THURMONT AREA PARENTS!

B.A.S.E.

Before & After School Enrichment



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

@ Thurmont Primary School

Serving Thurmont Primary and Elementary Children Grades K-5th

For more information contact, **Lauren Hawkins:**
LHawkins@frederickymca.org or
301-663-5131 ext. 1234

MARYLANDEXCELS
CHECK FOR QUALITY EARLY CHILDHOOD
AND SCHOOL-AGE PROGRAMS

Before Care & After Care Available
3:30 - 6:30pm

YMCA OF FREDERICK COUNTY
Learn more at: www.frederickymca.org

SCHOOL NEWS

LYNX – Linking youth to new experiences

Brad Young
Frederick County School Board

Frederick County Public Schools is once again leading the state through an innovative approach to high school education, LYNX – Linking Youth to New eXperiences.

LYNX at Frederick High School is distinguished by four unique features: Advocacy, Partnerships, Flexible Schedules, and Innovative Learning. LYNX students meet their college and career goals by designing a Student Success Plan with parents/guardians, teachers, and advocates.

Through LYNX, students have multiple pathways and opportunities to learn and demonstrate competencies both in and out of school, including structured classroom instruction, Credit by Demonstrated Mastery (CDM) and high-impact experiential learning with LYNX partners.

Experiential learning with business and community partners is one of the hallmarks of LYNX. Over the past two years, 135 partners have supported students at Frederick High by providing on-campus interactions, off-campus learning experiences, mentoring, and “soft skills” instruction.

The Frederick County Chamber

of Commerce has supported LYNX from its inception. In the spring of 2017, a team of Leadership Frederick County graduates began planning the partnership piece of LYNX. At that time, the goal was to recruit 16 partners to provide 16 learning experiences for students each year, for a total of 32 experiences in the first two years of implementation.

On June 5, 2019 LYNX partners were recognized and celebrated at Frederick High School for their contributions and support for LYNX during the first two years of implementation (2017-19).

Our 135 LYNX partners provided 143 presentations at FHS and 86 off-campus learning experiences, for a total of 229 “LYNX experiences” in the first two years.

In addition, 20 LYNX partners served as mentors for 10th grade students, each conducting five “soft skills” lessons for students, adding another 100 interactions.

In all, during the first two years of LYNX, partners have directly supported students through 329 LYNX experiences...which exceeds our original goal by a factor of 10!

As one of our LYNX partners stated: “Frederick takes care of Frederick” and the impact of our partners on the education of Frederick Coun-

ty’s youth cannot be underestimated.

At the June 5 recognition event, FHS 9th grader Alex Sohm, Class of 2022, spoke of the impact LYNX partners have already had on his outlook and future plans. Alex participated in over 10 LYNX experiences over the course of his freshman year while maintaining excellent grades in his academic courses. During his remarks to LYNX partners, Alex shared:

“LYNX partner experiences allow students to explore their options and get a better idea of what they want to do after high school. For me, being a LYNX scholar has done two major things: First, I have a better idea of the opportunities that are around me. Second, I have an idea of what it truly is like in some of the career paths I am considering.

It wasn’t until I participated in LYNX events that I knew that companies with government and international contracts like En Net and Yakabod are right here in Frederick. I don’t need to move to New York or Los Angeles and spend thousands of dollars on small apartments for good jobs.”

Alex concluded by stating that he is “excited to see how much clearer our futures will be” as a result of four

full years of LYNX.

In order for LYNX students to take full advantage of all learning opportunities, Frederick High School operates on an expanded daily schedule. Students have flexibility within a structured framework to construct schedules that meet their individual needs and interests, which may include a combination of face-to-face, blended, and online learning experiences. LYNX opportunities during the extended day include block 5 classes, a Learning Lab, transportation, and free supper through the National School Supper Program.

LYNX began at Frederick High School in September 2017 with the Class of 2021 and will be fully phased-in for all students by 2020. It is my hope that through the experience gained at Frederick High School that we can replicate the best practices and extend them to all our other schools.

VFW Auxiliary’s Patriot’s Pen

Each year the VFW Post 6658 Auxiliary sponsors a contest titled “The Patriot’s Pen,” which is open to students in grades 6 through 8. Students are required to do a typed essay on the theme “What Makes America Great”. Monetary prizes are given the winners on local, state and national levels. Judging is based on knowledge of theme, theme development and clarity of ideas. If interested please contact Annette Wivell 301-447-3475 for an entry form. Entry deadline is October 31.

For more information, please visit: www.fcps.org/LYNX and follow on Twitter: @LYNXFHS.

Therapeutic riding volunteer opportunities

The Frederick County 4H Therapeutic Riding Program has been providing equine assisted activities for more than 35 years to Frederick County citizens with emotional, physical and/or mental disabilities.

Our fall classes will begin on Saturday, September 14 with a maximum of 6 riders in each class. Fall session classes are held on Tuesdays and Thursday evenings at 5, 6 and 7 and Saturdays from 9 a.m. to 4 p.m., at 11515 Angleberger Rd, Thurmont.

All of these classes require LOTS of volunteer support. Volunteers are a vital part of this program – grooming and tacking horses, and assisting riders with achieving their goals - education,



socialization, recreation and therapy. Without volunteers these riders cannot ride. Come Join Our Therapeutic Riding Family!

Volunteer Training for the Spring Session will be held on Saturday, September 7 from 9

to noon at Silverado Stables (home of the Frederick County 4H Therapeutic Riding Program).

For further information visit www.fc4htrp.org or call Debbie Endlich a t301-898-3587.

It's time to go
BACK TO SCHOOL

Look your best!
Call and make an appointment with Kerry or just stop in!

121 North Seton Ave., Emmitsburg
301-447-6600
Major Credit Cards Accepted - Walk-Ins Welcome!
Hours: Tues. 9 - 5; Wed. & Thurs. 9 - 7; Fri. 9 - 5; Sat. 8 - 2

MY FATHER'S FOOTSTEPS
HAIR DESIGN
Kerry Shorb - Owner

Fort Ritchie
COMMUNITY CENTER

14421 Lake Royer Drive, Cascade, MD • 301-241-5085

SEPTEMBER MEMBERSHIP SPECIAL
Unlimited Exercise Classes
For **\$10** Only

September 14 - Yard Sale
September 20 - Speaker Series featuring Author Garrett M. Graff
September 28 - Bass Fishing Tournament

For more information or to purchase tickets for events call 301-241-5085 or visit www.thefrc.org

Quality Tire and Auto LLC



301-447-2909

Avoid the traffic... Stop by our shop at
17650 Creamery Rd, Emmitsburg, MD

Owners: Ron Walter
Maureen Walter

The Hankook Fall Classic Rebate will run from August 31 to October 14

\$50 Rebate on:
Kinergy ST • Kinergy PT • DynaPro HT
DynaPro HP2 • Ventus S1 Noble2

\$70 Rebate on:
DynaPro AT2



Stop in today for all your tire needs

FOUR YEARS AT THE MOUNT

This month, we asked our writers to write about the value of hard work, the goals they have set for themselves, and what hard work means to them.

Sophomore Year

Work not to survive, but to live

Harry Scherer
MSMU Class of 2022

"In the sweat of your face you shall eat bread till you return to the ground" (Genesis 3:19). God said this to Adam after he "listened to the voice of [his] wife", namely, to eat from the tree of the knowledge of good and evil (3:17). As man defied the Lord for this knowledge, work became toilsome. Before this act of rebellion, man was still charged with work: "Be fruitful and multiply and fill the earth and subdue it" – (1:28). These actions required work, but it was because of the active denial of the will of God that made this gift of work burdensome.

Our modern ears might recoil at the claim that work is a burden. Many of us consider ourselves "workaholics", literally, addicted to work. As alcoholism suggests a disordered use of alcohol, workaholism suggests a disordered use of work. In fact, the consequences of this obsession with work can define the zeitgeist of our postmodern world. Persons in this

world are limited to their material production, regardless of the manner in which this production was procured.

Thankfully, these problems were addressed centuries ago. St. Antonio of Florence, a 15th century Dominican theologian and economist, was in the position to define the nature and end of work in order to encourage the State to reign in unbridled mercantilism, in the same way that distributes thought leaders in the 20th century Church like Ven. Fulton Sheen, G.K. Chesterton and Hilaire Belloc called for limitations to unbridled capitalism. Blessed Antonio clearly and concisely stated that "the object of making money is that we may provide for ourselves and our dependents. The object of providing for self and others is that one may live virtuously. The object of living virtuously is to save our souls and attain eternal happiness." My guess is that many who are considered successful in modern terms would submit to the first half of the first sentence and nothing more.

Consider the individualist response to the first claim. "By denying or

minimizing the social and public character of the right of property," the postmodern culture denigrates the purpose of production to pure utility or pleasure (Pius XI, *Quadragesimo Anno*, 46). The modern cultural response to the second and third claim of Antonio would be simple: virtue does not exist or, if it does, is irrelevant to our progressing society and souls and eternal happiness does not exist because everything is material and happiness cannot be eternal.

On the other side, I consider the natural progression which Antonio suggests to be a refreshing and rational explanation of the nature of work. Outside of this understanding, work would seem pointless. Without the grace to sanctify the work which we have inherited as toilsome, why would we work at all? It is this grace which inspired Augustine to proclaim: "Late have I loved Thee, O beauty so ancient and new, late have I loved Thee!" The liberating admission that work can be done not just for the laboring individual but for others, that this unselfish work can lead us directly to virtue and that these good habits can, by the mercy of God, lead us directly to our sanctification is a justification of all our labors.

If these supernatural benefits were not enough to instill a "work ethic" in all of us, then the obliga-

tion to work will have to suffice. Scripture confirms what reason informs us: "if anyone will not work, let him not eat" (2 Th 3:10). These words reinforce a common and perennial resentment among, strangely enough, both the working and political class for those who receive much for little work. Culturally, we still accept that members of our society should work and receive what is appropriate for that work. Because this expectation revolves around a mentality which emphasizes the production of workers, those for whom productive work is difficult are deemed as less than human. Proof of this claim can be found in mental handicap-selective abortions in the Scandinavian countries and widespread sex-selective abortions in many Asian countries. Again, the teaching of St. Antonio provides an alternative method to this utilitarian derision of our work. Because the teaching of the Church regarding work does not limit its scope to mere production, the value of work is elevated to that which the human soul desires. For this reason, the small actions of a pure soul with Down Syndrome participates in the real meaning of work more than the tired labors of a CEO at a major finance firm. The person with Down Syndrome recognizes, at least passively, that true work is sanctifying, while the CEO

works sixty-hour weeks in vain.

After our work has been completed, we have a temporary and final time of reposition. In this earthly life, we can recognize the fruits of our labors and take pride in our actions to the extent that Mother St. Theresa of Calcutta took pride in her actions: "I am a little pencil in the hand of a writing God who is sending a love letter to the world." In her time of repose, Mother Theresa considered the work of her hands as but an extension of the hands of God. We, too, have this time of repose to consider how we work, why we work and for whom we work. In this time, we can consider these questions from a merely superficial level when compared to our eternal repose. This time of repose on earth is a precursor to eternal contemplation of God, by His mercy. Now, we have the opportunity to consider the words of St. Paul when he says at the end of his second letter to Timothy: "I have fought the good fight, I have finished the race, I have kept the faith" (2 Tim 4:7). Now is our opportunity to reclaim the authentic meaning of work in a culture which is desperately seeking this truth.

To read other articles by Harry, visit the Authors section of Emmitsburg.net.



SPIKE'S
AUTO CARE & TIRE

WELCOME HOME MSM STUDENTS!

10% OFF
ANY SERVICE
WITH YOUR SCHOOL ID

**Oil Changes, Alignments, Brakes,
Factory Scheduled Maintenance,
Tires & Wheels, Engine & Transmission,
Air Conditioning, Maryland State Inspections**

**SERVICING ALL BRANDS,
MAKES & MODELS!**

Visit us online! www.SpikesAutoCareInc.com

CALL DANNY
TO SCHEDULE!
301-447-4734
17307 N. Seton Ave.
Emmitsburg

MOUNT AIRY
LOCATION
301-829-5046
1001 E. Ridgeville Rd.
Mt. Airy

Junior Year

Makin' Mama proud

Angela Guiao
MSMU Class of 2021

I grew up surrounded by hard work. My mother is a single mother who worked as a nanny. Her day started every day at 5 in the morning. She would make me breakfast, pack my lunch, ready my clothes and school things, then drive me to school because I was too scared to take the school bus. Then she would go to work and clean, cook, and care for someone else's kids. This meant that she never got a break unless the kids were asleep, and she could only eat whenever the kids were preoccupied with doing something else. Then afterwards, she would come home and clean, cook, and care for me.

Ironically, I grew up not knowing what hard work was. I took every-

thing for granted. The house we lived in, the food I ate. The clothes I wore. I never realized that when I asked for the newest Skechers and my mother bought them for me, it meant that she would have to wear her holed up, breaking-apart, target sneakers for another year. I didn't realize that when I wanted a new backpack and new clothes for the new school year even though I didn't need them, it meant that she would have to wear her faded, raggedy t-shirts until she had enough money to buy maybe one or two more pairs.

I grew up not having to work hard for anything. Everything I wanted; I was given. Everything I tried, I succeeded at. Although it may have seemed like I was living the ideal life, when I entered college and my mother was no longer by my side, it really hurt me when I realized that I would actually have to put efforts into things if I wanted to succeed. When things got even a lit-

tle difficult, I would give up or stop trying. I began to focus on things that didn't require much effort, like hanging out with friends or going to parties. My grades slipped. My personal life got messy.

And now I am entering Junior year with a new mindset. Nothing is going to be given to me. I have to work for it, and I have to work hard. A job isn't going to magically fall into my lap. There are objectives that I have to fulfill, goals I have to achieve. And none of that is going to happen if I don't try. If I don't sacrifice the time, the effort it takes to do well and prove myself, I am not going to achieve the future that I am striving for.

The first goal I have this year is to do better at school. I need to, to put things plainly, get my life together. Lately, it's been quite a mess. I want to get good grades. Ideally that would mean straight As, but I am in Intermediate Accounting so a B would be achievement enough. The next goal I have is to be more involved. There are so many job fairs, opportunities for me to put myself out there. The Mount hosts all these events that allow you to introduce yourself to others, to meet people with the same interests, with the same goals. I want to take advantage of those and secure my future. Nothing is going to happen to me if I'm sitting at home all day.

And a very important goal, not only for this year but for my time here at the Mount, is to strive to become someone I would be proud

Continued on next page.



The Carriage House Inn
CIRCA 1857
RESTAURANT & CATERING

Lunch & Dinner - 7 days a week!

200 S. Seton Ave., Emmitsburg

301-447-2366

Open 7 Days A Week

View our full menu online!
www.carriagehouseinn.info

Sun. - Thurs.
11 a.m. - 8 p.m.
Fri. & Sat.
11 a.m. - 9 p.m.

FOREVER CHANGING

Senior Year Working my way up

Morgan Rooney
MSMU Class of 2020

Each year, as the coming semester approaches, I get a surge of excitement thinking about returning to the Mount and reuniting with friends. I think about the good memories to come. I am eager to see my new courses, schedule, and living situation which has been very different each year I have spent in college. The one thing that I always seem to forget about until it hits me in the face is the workload. Some years aren't so bad, and some are more challenging.

Like many other college students, I have spent long nights consuming more caffeine than is healthy for my body to stay up and tackle that final paper that had been weighing me down for weeks. I have been guilty of accidentally procrastinating assignments to a later time, causing me more stress than was necessary to complete that assignment. I have spent hours of preparation for performances which made my fingers feel raw and sore from pressing down on those metal strings repetitively until I believed I had gotten the music down. I have spent time upset that I am not with certain people who are not on this campus but I have an obligation to myself to graduate and walk across the stage in the spring.

As much as these moments have been long and draining on not just my mind, but my body, I would not change anything. When I finally accomplish the task, I was set out to

do, it was rewarding. It feels like that time over the summer when I decided to take my bike out. It wasn't going to be a long ride, just enough to get my energy out and give myself a challenge as I'm not as athletic as I wish I was. My plan was to go eleven miles with some short breaks for water along the way. When I was closing in at the end, I had my final and most difficult challenge. I needed to ride up the hill that ran alongside the golf course before the path reached into the neighborhood again. Halfway through, I questioned if I should keep pedaling or stop, as I had already worked so hard and "deserved a break." I kept going, afraid to face the disappointment I would have for myself knowing that I was about to climb the hill previously, and knowing that each day, I grew weaker. When I reached the top, I was relieved and filled with pride, with the exception of my rapid breaths that refused to slow down, even during my short water break.

Even though I know many others can do much better, I was even more proud than the previous times I had gone up that hill, as it required even more work than it had been a few years ago, when I was likely in slightly better shape than I am now. The more work I spent on it, and the more time and effort it took, the more rewarding the experience was.

Some people can do the same things as I can in half the time. This could apply to running, writing a paper, or learning a language. I had a friend in high school who took the same French classes as me and I felt like she truly picked up the language very quickly when I still felt like a beginner with the equivalent comprehension of a

young toddler. The different that we had was that she didn't care as much about learning French. It came easy to her and she didn't appreciate it in the same way as I did despite her straight A's in the course. She had no trouble dropping out of the course our senior year to pursue something she had more interest in. I continued to take French though high school, and now in college. I am going to walk across the stage in May and receive my degree in French and Communication. There is nothing wrong with her not wanting to do French. There are things that hold our interest and things that we are not so passionate about. My point is that even though she was really good at learning French and didn't need to put as much effort into it, she didn't have a passion for it like I did. I loved it and want to continue to pursue it. I even spent a month there to study in the summer of 2018. It was one of the best experiences I've ever had and I would do it again in a heartbeat!

Hard work is something I truly admire. I am fairly certain I will never continue school all the way to get a PhD, and I knew this going in the college. When considering what I wanted to study, I kept in mind that I didn't want to spend the next decade of my life in school, falling deeper and deeper into debt and go to elaborate lengths to complete medical school like some of the people



Never doubt that hard work does pay off. You don't have to look any further than Ian Dorcus and his brother of Stavros Pizza as an example.

I went to high school with. I knew that I didn't want to go directly into graduate school after I finish my studies as an undergraduate. I may continue one day, but I knew that I wouldn't feel ready yet. Although I tried to keep these realistic expectations of myself when making my decisions about higher education, I have a newfound respect for the people I know who did go to medical school, or directly into graduate school and eventually getting their PhD. I respect those many years of hard work, sleepless nights, and overwhelming stress.

The value of hard work is some-

thing that cannot be replaced by anything monetary. It's a quality that I hope grows within myself and that I love to see around me. Most of all, it is something that I can use to positively influence the people around me. With a little bit of luck and help from the people around me, and always working hard, I am confident that I will be happy with where I end up after I graduate, and I look forward to the beginning of the rest of my life.

To read other articles by Morgan, visit the Author's section of Emmitsburg.net.

Junior Year - Continued from previous page.

of on graduation day. I don't want to sit there in the auditorium during graduation thinking to myself that I could have done so much more. I want to be able to walk proudly across the stage knowing that I did my absolute best.

And, to be completely honest, to achieve all these goals I have to start with one thing: hard work. I have to work hard and understand what working hard means. It does not mean just completing all the assignments on time. It does not mean just being able to answer any questions asked. It means understanding the content, it means being able to carry a whole conversation. It means being insightful and building new ideas. It means becoming an expert in my major, and it means knowing I will pass my CPA without a doubt.

What I realize today is that hard work is not only about working hard. It is about sacrificing the things that do not fulfill you for the things that will make you truly happy. It is about learning to prioritize, learning to focus intensely on a goal. I was lucky and blessed enough of a kid to have a mother whose sole happiness was providing for her daughter.

For me, when I think about hard work, I think about my mother. I think about setting something above all else and doing everything possible to achieve that goal. My mother wanted me to succeed. She never wanted me to think I was at a disadvantage. She wanted to level the playing field despite our situation. The most important thing for her was making sure I never had to work hard just to survive. She gave me the gift of believing that I can become anything I want to be. This is a thought that, surprisingly, a large number of students are not lucky enough to believe.

So hard work for me is whatever it takes for me to succeed. It is all the sleepless night, skipped hangouts, study groups spent for me to graduate university with flying colors. Hard work, for me, is whatever it takes so that when I walk across the stage during graduation, my mother will think to herself that 'she did it'. So that she understands that all her hard work and sacrifice was not all for nothing, that she produced a child that she could be proud of.

For me, hard work means making my mama proud.

To read other articles by Angela, visit the Authors section of Emmitsburg.net.



STAVROS PIZZA

Emmitsburg Center Square

THE ULTIMATE IN QUALITY!
"The food the educated consumer loves to eat."
Stavros Pizza Guarantees **QUALITY** and **QUANTITY**

LUNCH		SEPTEMBER						LUNCH	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAURDAY			
	1	2	3	4	5	6	7		
	CLOSED	CLOSED	Ham & Cheese Sub SPECIAL! - \$5.99!!						
	8	9	10	11	12	13	14		
	CLOSED	CLOSED	Hoagie Sub SPECIAL! - \$3.99!!						
	15	16	17	18	19	20	21		
	CLOSED	CLOSED	Shrimp Basket & Fries SPECIAL! - \$5.99!!						
	22	23	24	25	26	27	28		
	CLOSED	CLOSED	Chicken Bacon Ranch Sub SPECIAL! - \$5.99!!						
	29	30	1	2	3	4	5		
	CLOSED	CLOSED	1/4 lb. Bacon Cheeseburger & Fries SPECIAL! - \$5.99!!						

LUNCH SPECIALS
Every Day
11 a.m. - 4 p.m.

STAVROS COUPON!
\$5 OFF
purchase!
(EXPIRES 10/1/19) ALL SPECIALS NOT VALID WITH ANY OTHER DISCOUNTS/SPECIALS

BEER SPECIALS!
\$2 DOMESTIC
Wednesday & Thursday!

301-447-6767 or 301-447-6768

Order online: www.StavrosPizzaEmmitsburg.com

Closed Monday & Tuesday
Wednesday & Thursday: 11 a.m. - 8 p.m.
Friday & Saturday: 11 a.m. - 9 p.m.
Sunday: 11 a.m. - 8 p.m.

MOM'S TIME OUT

Summers is over ...

Mary Angel

It's August again? That means it is staycation time for my family again! Almost every year since we have started our staycations I have brought you all along for the good times. This year isn't any different, we had a blast and I hope it will inspire you to make memories with your family as well.

First, for those of you who have never staycated and haven't read my past articles, a staycation is when you do day trips instead of going away for vacation. Last year for staycation we did a "best of" year and revisited many of the kids and our favorite spots, including the ones that have become annual favorites. We saw Jesus at Sight and Sound which was absolutely amazing. We returned to Lancaster, PA to see The Wizard of Oz at Dutch Apple Dinner Theatre. The kids also chose a Frederick Keys game

and the Army Heritage Museum near Carlisle. We did a home and garden tour and a few other things the kids have loved over the years.

This year we tried to mix favorites with some new experiences. We started, right after church, with a brand new family favorite by eating lunch at Iron Age in Catonsville, MD where you get all of the meat you can eat that you cook over an open grill in the middle of your table. The kids were mesmerized and stuffed by the end of lunch. It was delicious and entertaining and a great way to start staycation. Next we went to an escape room in Gettysburg, PA. The craftsmanship at 1863 Escape Room was beyond compare of the other escape rooms we have enjoyed (and we have enjoyed them all). Unfortunately as the kids get older life gets in the way, so it was only 5 of the 6 of us. My kids would tell you that an escape room would defi-



Next time your kids complain about going to school, point out the kids in this photo in bare feet eagerly listening to their teacher. Or remind them that you had to walk to school in the snow, uphill both ways, when you were their age.

nately be included in a future "best of" staycation year. This night we just grabbed pizza and brought it home and relaxed.

Our second day started on Monday when we piled in the car to head to the Army Heritage Museum. This is a free day trip (I would encourage you to drop something in the donation box next to the gift shop). This is by far one of our families favorite day trips. It is not too far away, there are inside and outside things to explore, a gift shop, and it doesn't hurt that there is a Red Robin around the corner (Yummmm). After a quick lunch (there wasn't time this trip for a sit down lunch) we headed to Harrisburg for a second time riding the Pride of the Susquehanna Riverboat. If you have never done this it is a beautiful 45 min excursion. If you are looking for something a little lon-

ger they do offer specialty cruises that include meals, adult beverages, and themes like princesses.

The third day was kind of a free day in that I took my son driving and then to take his driving test... and yes we have another driver in the house (and higher insurance - uggggg). That evening we went to a Frederick Keys game. All of the kids love this choice for different reasons. The boys love to watch the game, eat and joke with my husband. The girls like to watch a little game, grab a little something to eat, Wander around talking, and then repeat. This year unfortunately we were rained out by the second inning, but we had a blast and as we headed home (knowing we could exchange our tickets for another game this season) the three younger ones had a blast collecting Pokémon Go characters. We drove all around Frederick with my husband rem-

iniscing and the kids laughing as they squealed about this Pokémon and the next. Everything this day was a little strange and not what we planned but it was extremely memorable and a blast.

It is now day four of staycation and we started a new, very popular tradition we call the Family Olympics! We bowled, played mini golf, laser tag, our family dinner game, and Rummy and everyone got scored according to their placement in each event. Since there are six of us first place got 6, second got 5, and so on. It was amazing to see how all over the board the scoring was. My second son got first in bowling and laser tag, but last in mini golf (I beat him by 2 points) and Rummy (he never got above 0), while my husband scored highest in mini golf and second highest in almost everything else. My oldest had to work most of the day so his score ended very low. My husband came in first place overall and the day was such a success that we are now planning our families winter Olympics.

Day five was also something new, the Hershey Trolley Tour. It was funny and interesting and yummy all rolled into one! This was followed by lunch at, you guessed it, Red Robin and the boys couldn't have been happier. That afternoon we had to get back for the oldest to go to work. We finished out the evening with some games and a dinner out...kid's choice!

The final day of staycation took us to Lancaster, PA, or at least close. We went to Bird in Hand dinner theatre. The food was delicious (try the chicken corn soup), the show was extremely well written and the music was some of the best I have seen at a dinner theatre. We had an absolute blast and so did the kids. I love knowing we have two choices in the Lancaster area for dinner theatre options.

I hope we have inspired you to start your own staycation traditions. Remember to throw in free events or look on Groupon and other coupon sites for discounts. Above all remember to have fun, make memories and know it is all about spending time together not breaking the bank!

To read other articles by Mary Angel visit the Authors section of Emmitsburg.net.

The Upholstery Shop ✂

Michael Woodhams
Owner

**Custom Upholstery
Window Treatments
Furniture Repair & Restoration**

Wide Selection of Top Quality Fabrics

~ Family owned and operated for over 50 years ~

5810 Taneytown Pike • Taneytown

Look for the Blue Sign!

410-596-1935

MichaelWoodhamsUpholstery@gmail.com

ALL MAJOR CREDIT CARDS ACCEPTED

VISA MASTERCARD DISCOVER

PIZZA LEONE

Giuseppe Monteleone & Family
At Your Service

3 Large Cheese Pizzas & 2 Liter Soda
\$29.99
Toppings Extra Expires 9/30/19

2 Lasagna Dinners \$21.99
Includes garlic bread & salads
EXPIRES 9/30/19

Buy 1 Sub Get 2nd Sub 50% Off
EXPIRES 9/30/19

1665 Waynesboro Pike, Fairfield

Wed., Thurs., & Sun. - 11 a.m. - 9 p.m.
Fri. & Sat. - 11 a.m. - 10 p.m.
Closed Mon. & T. s.

717-642-9200

VISA MASTERCARD DISCOVER

facebook

THE OTT HOUSE PUB

Casual Dining
Weekend Entertainment

301-447-2625

5 WEST MAIN STREET
EMMITSBURG, MD

Visit Us On FaceBook

Back To School

- Monday - Wings & Yeungs Night
- Tuesday - 1 Med. 1 Topping Pizza - \$5.00
- Daily Lunch Specials
- Nightly Drink Specials
- Prime Rib Specials Every Weekend!
- Trivia Every Wednesday Night At 7:30 p.m.

We Have An Extensive Menu To Choose From!

SEPTEMBER BANDS

Sept. 14 Spellbound

Sept. 20 Here Til Sunday
CHS Alumni Night

Sept. 28 Sticktime

Closed Monday, Sept. 2nd!

LABOR DAY

Back to school classics

Valerie McPhail
MSMU class of 2015

September invites a new timeline. Out of sight and mind are the beach bum days, jaded by the summer sunshine; they are disrupted by a new season counting time by holidays and an academic calendar. This schedule sees time ticking quickly, gaining pace by imprudent fashion trends and growing shopping lists. Despite the fact, one shopping list sets the tone, and that is: back to school shopping.

A laundry list of spiraled notebooks, blue pens and three-ringed binders requires a trip to Target for a cart filled with every necessity in the classroom. The same perspective can be applied to back-to-school fashion statements. As such practical items consume our radar, recent reports suggest a void on news concerning children's fashion.

Despite the lack, a reoccurring theme that accompanies the excitement of September fashion is back-to-school shopping. Backpacks, poppin pencils and scented highlighters are exciting accessories accompanying the classic pieces of fashion: navy polos, jean jackets and that perfect fitting white tee. These are the items that

make getting dressed in the morning a joy, rather than a task for such classic pieces are easy to mix and match, and therefore, never go out of style.

Polos: Fred Perry

An alternative to the posh perspective defining athleticism in the 1990s, Fred Perry has become a match for a preppy look. The brand carries modern understanding to what Lacoste meant to sport's fashion in the early 2000's. Offering a color palette of darker shades, burgundy, navy and black, the direction of its style moves away from the upbeat sporty sensibility introduced by Lacoste, when polos were bubblegum pink, sunshine yellow, and green as fresh cut grass.

Rather, the British brand has supported the athletic field of fashion with designs that understand the tennis culture in another light. That is, polos featuring solid colors more often than not. Other designs sport a solid colored band decorating the front of the shirt. Made of cotton pique, the brand has created staple pieces, including the Fred Perry Shirt, a style that reflects a brand imagined by a Wimbledon titleholder, Mr. Perry to champion the court and street style fashion.

White t-shirt: Karla x Hanes

The hunt for the perfect white t-shirt has consumed fashion for seasons.

Karla Welch, renowned fashion stylist partners with Hanes Cotton Company to launch a t-shirt collaboration that marks the treasure pot. A partnership named Karla x Hanes, a variety of baby tee, sleeveless, crop and tank set the tone for a collection of standard styles and fits for every need.

Karla Welch, a figure of style, and notoriety for dressing celebrities such as Justin Beiber during his World wide "Purpose Tour" and supermodels in editorial shoots for magazines and advertising campaigns, is a natural avid t-shirt collector and aficionado for a solid white tee. Welch brings this passion to her recent collaboration with strong intention behind what looks like a simple design. She has disclosed in press interviews strong thought in creating a coarse fabric that softens over time and wear. Iconic supply brand Hanes proves the best support in this mission as its price point of \$30 a-piece markets the collection on a larger scale. Karla x Hanes resolves a high fashion hunt with simplicity – what better way to set a statement of style.

Denim Jacket: Gucci

Flashback to 2010 when children's fashion became a trend among high fashion labels such as Gucci and Stella McCartney, two outspoken brands about their newly launched children's lines. Since the inception, children's clothing design has become a reflection of the fashions showcased in the mother lines.

One design of the Gucci children's embroidered denim jacket, bedazzled with patches of butterflies, bushels of roses and a sewn kitten patch is a premature version of the cropped jacket trending in both men's and women's fashion. The genesis of its style came into popularity as a summer favorite in cropped form, and remains a trending style moving into fall.

As mature style speaks of love at the writing of the phrase "L'aveugle Par MAour," blind for love, found on the back of the jacket. The children's design inhabits the same sense of adventure through illustrations of colorful wildlife and mystical characters available on the brand's website. In light of its higher price point, Gucci reflects a brand supplying fashion statements for children.



The newest fashion statement is denim in children's culottes.

Culottes: Zara

Defined by the dramatic statement of its design: culottes are the wide leg pant found in different materials such as polyester, and cotton. When I was in Junior High School, the popular styles were made of spandex and lycra mix, offering a style equivalent to a yoga pant, now fashion has its sights on denim designs.

As new styles of denim hold a standard title place on the back-to-school shopping list each season, it is fitting to find Culottes as a comeback style through denim. As denim experiments with style and design – the culottes support its innovations. Zara, a Northern Spanish retail fast fashion distributor, relates the current denim trend to children's fashion through designing culottes for children. Culottes have made a comeback, not as a practical piece of clothing, conceived for the function of breathability and ease, but now finds these characteristics for the purpose of style and drama in the name of fashion.

Sneakers: Converse All Star High Tops

A solid black and white, monochromatic canvas sneaker, accented with an iconic star has set territory in homes of many generations, start-

ing as early as grade school. The minimalist style carries an earnest sense of practicality built in its design tracing back to 1908, a product launched as a rubber shoe, later as an athletic shoe for basketball players sporting the "All Star" style in 1920.

The characteristics that have created this staple Nike brand line have also streamlined its appeal to the fashion industry. Durability and Simplicity has defined its longevity, and without a doubt it has remained in the school ground courts and expanded beyond, into interests of fashion editors and collaborations with high fashion brands. The charm behind the All Star design is its ability to support universal functions and great perspectives on style. With a sharp, distinct style, it provides expression without losing function.

Classic fashion brings a solitude perspective in the haste of pace found at this time of year. As fashion attends to the exotic styles leading the world of design, there is humility in finding fashion within the pieces that can never go out of style. Just like the practical items needed for school each September – a backpack, calculator and pack of pencils – in the same way there is value placed on the solid white t-shirt, sporty polo denim culottes found in the malls and available online shopping. Despite the lack of news, reporting on the current trends in children's fashion, the richness of its field design is found in timeless pieces, providing stability in the ever-changing, developmental period of a child's life. The reports on children's fashion rest on the constant fashion styles provided at this time.

As the pressure propels, preparation is key, and prompts dressing for success. This finds expression in fashion that will create the picture perfect outfit for the school's yearbook, and standard styles adhering to a school's expected dress code — reasons other than attention-seeking styles of the moment. The level of investment relies on practicality. Offered by timeless pieces, these are a fashion statement that cannot be beat.

To read other articles by Valerie, visit the Authors section of Emmitsburg.net.



LAWYER'S
Automotive
INC

Certified ASE Mechanics & Certified Diesel Technicians
Servicing All Vehicle Brands & Sizes!

ROUTINE AUTO MAINTENANCE
TIRE MOUNTING & BALANCING
CUSTOM BATTERY CABLES
COOLING SYSTEMS
TRANSMISSIONS & ENGINES
POWER STEERING
BRAKE PADS, ROTORS & SHOES
EXHAUST REPAIR & CUSTOM EXHAUST WORK
AND MORE...

*** Under New Management ***

Mark Breeden, Owner
301-271-2736
13910-B Jimtown Road, Thurmont



10% Discount to Military, Rescue Personnel & Police



HEART AND HANDS

Custom Upholstery
Custom Window Treatments
Energy-Efficient Window Treatments

202B E. Main St., Thurmont
301-271-1028
heartandhandsworkroom.com
Call for an Appointment
Call for a Personalized Home Visit
References Available Upon Request



Pamela Hamrick
Owner/Operator
Over 25 Years Experience



Fabulous Nails
@ THE TOTAL LOOK

1st & 3rd Wednesday ONLY!!!
Fabulous For \$20
Pedicure Only

April Johnson Nail Tech/Artist
5 East Main St., Emmitsburg
301-514-1301 • 301-447-2541



Needle & Thread - Wooded Hamlet Design
FABRIC - NOTIONS - PATTERNS
2215 Fairfield Road, Gettysburg
717-334-4011

www.needleandthread.biz • www.woodedhamlet.com
Friday 9:30 a.m.-8:00 p.m. Saturday 9:30 a.m.-5:00 p.m.
Wednesday & Thursday 9:30 a.m.-6:00 p.m.
Closed Sunday, Monday & Tuesday

Darlene Grube Proverbs 31: 10-31

ARTS

Way Off Broadway Presents Little Shop of Horrors

Justin M. Kiska

The Way Off Broadway Dinner Theatre's 2019/2020 Season kicks off in September with the cult comedy classic Little Shop of Horrors. The production will be the first in the theatre's six-show, 26th Season.

In Little Shop of Horrors, the meek floral assistant Seymour Krelborn stumbles across a new breed of plant he names "Audrey II" - after his coworker crush. This foul-mouthed, R&B-singing carnivore promises unending fame and fortune to the down and out Krelborn as long as he keeps feeding it, BLOOD. Over time,

though, Seymour discovers Audrey II's out of this world origins and intent towards global domination.

A deviously delicious Broadway and Hollywood sci-fi smash musical, Little Shop of Horrors has devoured the hearts of theatre goers for over 30 years. One of the longest-running Off-Broadway shows, Little Shop of Horrors is a charmingly tongue in cheek comedy that has been produced around the world.

Though a large part of the story was changed, Little Shop is based on the 1960 dark comedy of the same name. The stage adaptation made its world premiere Off-Off-Broadway on May 6, 1982 at the

Workshop of the Players' Art Theatre.

In July 1982, Little Shop transferred Off-Broadway to the Orpheum Theatre in the East Village. The production, under the direction of its lyricist, Ashman, starred Lee Wilkof as Seymour and Ellen Greene as Audrey. Audiences and critics loved the show. For the 1982/1982 Season, Little Shop won the New York Drama Critics Circle Award for Best Musical, the Drama Desk Award for Best Musical, and the Outer Critics Circle Award for Best Off-Broadway Musical. The production went on to run for five years, racking up over 2,200 performances.

While performances continued on stage in New York City, a film version of the musical was released in 1986 starring Rick Moranis as Seymour, Greene as Audrey, and Steve Martin as sadistic dentist Orin Scrivello.

Little Shop of Horrors finally reached Broadway in the fall of 2003 when it opened at the Virginia Theatre with a cast led by Hunter Foster as Seymour and Kerry Butler as Audrey. Due to its success as a motion picture and subsequent regional presentations, the production was classified as a "revival," making it ineligible to be nominated for the Tony Award for Best New Musical. Foster

however, was nominated for Best Actor in a Musical for both the Tony and Drama Desk Awards. The Broadway run closed after 40 previews and 372 regular performances.

Tickets for Friday evening and Sunday matinees are \$47 per person, with Saturday evening tickets being \$50 per person. In the evenings, doors open for dinner at 6:00 p.m. with the show beginning at 8:00 p.m. For Sunday matinees, the doors open at 12:30 p.m. for lunch with the show beginning at 2:15 p.m. To learn more about The Way Off Broadway Dinner Theatre or any of its productions, visit www.wayoffbroadway.com.

Music, Gettysburg! announces 2019-20 season

Dana Witt

Music, Gettysburg! 2019-20 season will feature the Gettysburg Chamber Orchestra, Schola Cantorum of Gettysburg, Felix Hell, John A. Wolfe, and the Buzz Jones Jazz Quintet among the highlights of the upcoming season announced.

The musical series plans 20 concerts in the coming season, including regular performers such as Felix Hell, Gettysburg Children's Choir, the 30-voice Schola Cantorum of Gettysburg and Sunderman Conservatory musicians. The season

also includes organist Wayne L. Wold, the annual Burns Night, Trio Alexander, the Mendelssohn Piano Trio, the Brass festival in June, and much more.

Concerts schedule for the remainder of 2019 include:

Gettysburg Chamber Orchestra - September 8. Thomas Pandolfi returns to the piano for a Ravel Concerto, plus Mozart and Beethoven!

John Wolfe, organist - September 13. Gettysburg's own wunderkind comes home for a solo performance at the Mighty Andover!

Trio Alexander - September 22.

Music by, for, and about women performed by Trio Alexander, a flute/viola/harp ensemble.

Buzz Jones Jazz Quintet - September 29. Presenting their own take on the Great American Songbook!

Mendelssohn Piano Trio - October 13. A program so lush, substantial and richly flavored you wanted to eat it with a knife and fork.

Keystone Brass Quintet - October 27. One of our favorite groups returns for a varied, delightful, virtuosic program!

Sunderman Wind Quintet - November 17. Celebrating the centennial of women's suffrage, these faculty members present works by female composers and music of the 1920's.

Choral Vespers for Advent - December 1. The Schola Cantorum of Gettysburg leads this solemn, spirited opening of the season with music from four centuries and plenty of singing by the assembly

A Christmas Offering - December 15. Our annual holiday sampler, featuring Wayne L. Wold, the Gettysburg Children's Choir, Wayne Hill, Teresa Bowers, and much, much more!

Music, Gettysburg! is a premier

concert series featuring international, regional and local musical artists for the greater south central Pennsylvania region. For more information about this and other

concerts in the Music, Gettysburg! schedule, please visit www.musicgettysburg.org, call 717-339-1334 or email info@musicgettysburg.org.



Gettysburg College's

MAJESTIC

at the Jennifer and David LeVan Performing Arts Center



THE BEST OF
The Second City

Sat., Oct. 5th
8:00 p.m.

Chicago's legendary improv comedy show features the best sketches and songs from the Second City's history made famous by superstars like Tina Fey, Stephen Colbert, Steve Carell, Gilda Radner, Bill Murray & More!

Tickets: \$36, \$31, \$27

Cirque MECHANICS

Tues., Oct. 22nd
7:00 p.m.

Come one, come all experience thrills, chills and laughter in this show for children of all ages! Marvel at a galloping mechanical horse, rotating circus tent, and the daring physical feats of the strongmen, acrobats and aerialists!

Tickets: \$51, \$45, \$39 Children Under 12 \$15

25 Carlisle Street, Gettysburg

For Tickets Call: **717-337-8200**

Visit our website at www.gettysburgmajestic.com



3rd Annual

Thurmont Plein Air

October 5 | 9am-3pm

This years Plein Air will take us to the local wineries!

CATOCTIN BREEZE VINEYARD



DeTour Winery



LINKS BRIDGE



SPRINGFIELD MANOR WINERY & DISTILLERY



* Artists will check-in between 8 and 8:30 a.m. and be on location by 9 a.m.
 * 1 p.m. the artists return to Main Street Center on Water Street for judging at 2 p.m.
1st Place - \$100 2nd Place - \$50 Honorable Mention \$25

The 3rd Annual Thurmont Plein Air is for spectators too! This event is the perfect opportunity to visit these picturesque vineyards and watch the artists paint outdoors. Spectators, return to the Thurmont Main Street Center to meet artists, and watch the judging and awards to the artists.

For an artist application for Plein Air and spectator information visit thurmontmainstreet.com or vgrinder@thurmontstaff.com

MSMU V&PA Kick off Fall 2019!

Chloe Corwin
MSMU Class of 2020

Mount St. Mary's University is officially back in session and the Visual and Performing Arts Department have been welcoming back students new and returning in each subject area.

Music Professors Dr. Mark Carlson and Dr. Andrew Rosenfeld, theatre professors Dr. Kurt Blaugher and Ben Buhman, and art professors Elizabeth Holtry and Nick Hutchings have begun the semester ready to work and create.

To kick off the semester, this summer the music subject area had a head start greeting new students. They held a Mountward Bound pre-semester welcoming retreat called Harmony on August 11 through 14. Mountward Bound is an elective event hosted by Mount St. Mary's University for Freshmen to acclimate to college life by giving an opportunity for students to meet others and feel comfortable at their new home in the few days before Freshman Orientation begins. The Harmony retreat has been available for two years now, and is hoping to become permanent in the Mountward Bound experience.

Harmony welcomed new singers and instrumentalists to the V&PA Department including three vocalists, a violinist, and a clarinetist. Students were greeted by existing members of the chorale and on campus bands and were lead by music professors Dr. Andrew Rosenfeld and Dr. Mark Carlson. To invite upperclassmen to the retreat is great to make new students comfortable in their new environment as well as challenging them. Together, they rehearsed and built friendships, all culminating to a few performances at the end of the retreat.

Dr. Rosenfeld commented, "We work and help form a community with returning students... We rehearsed music intensively and had sessions about college life and the role of the arts in a liberal arts school."

Harmony was not only about improving skills as a vocalist or instrumentalist, but uniting students through their passion for the arts.

Students involved in the Harmony retreat had several opportunities to display their hard work, beginning with their showcase at the Delaplaine Arts Center in Frederick on August 14. Then, they performed at the Freshman welcoming ceremony on August 15, as well as at a non-denominational mass ceremony performed at the Delaplaine Fine Arts Center on campus. Finally, the group got together to perform alongside the University Chorale at the Opening Convocation Ceremony held on the first day of classes, August 19.

Harmony students were joined not only by the chorale, but also the Brass Band leading songs such as the Mount St. Mary's University's Alma Mater. Their performance was a beautiful asset to the start of the 2019/2020 school year.

The days leading up to the first days of the school semester were a success. The involvement and presence of the Visual and Performing Arts Department during this time is crucial for inviting new students to find a new home in the department.

In addition, the Visual and Performing Arts Department greeted new students at the AMP (Activities Management Program) Block Party event on August 30. This gives students unaware of the goings-on in the Department an opportunity to see how and when they can get involved musically, theatrically, or artistically. This presence is great for not only new students, but upperclassmen who would like to try something new. The Block Party is typically a big success for the department, grabbing the attention of students who are at the event for the sweet treats or fun games provided by AMP. As for events on campus, the V&PA have a few to kick off the year.

The Icarus Quartet is coming to the Mount campus on September 21 at 7:30 p.m. as the first official public event for the semester. This event will be held at the Knott Auditorium on The Mount's main campus. One member of the Icarus Quartet, Jeff Stern, is a percussion instructor for the V&PA Department, and is extremely gifted in his craft. The Icarus Quartet is a four part group that performs music solely with percussion instruments. Last year, Jeff Stern and his group performed two incredible concerts, guaranteeing yet another success later this month.

As for other public events, the art subject area is currently hosting an Alumni art show in the Williams Art Gallery at the Delaplaine Fine Arts Center that has been going since August. Artists featured include recent graduates of the class of 2019 Moriah Tyler, Alexandra Edwards, Mishana Matthews, Sierra Merson, Emily Maruskin, and Hailey Berardi. In addition, later graduates are included in the exhibit featuring Anne Thelan ('15), Sarah Gawens ('13), Phoebe O'Dell ('10), McKenzie Rich ('10), Jo Bayne Coyle ('10), Meg Rahaim-Shakespeare ('08), and Juliette Lawless. The pieces displayed are some of the best over the years and should not be missed!

Later in the semester, Professor Elizabeth Hutchings is anticipating two other gallery viewings, one from Cath-

erine Day and the other from Hutchings' Environmental Art class. Dates are to be determined.

As for the theatre subject area, they will kick off the semester with auditions for the mainstage performance of *The Trojan Women* by Euripides and adapted by Amlin Gray. These will be held in early September and rehearsals are to begin shortly after. The performance will be held in the Horning Theater in late November.

This is the second time director Dr. Kurt Blaugher has directed *The Trojan Women* in his over thirty years here at the Mount. The first rendition was nearly twenty years ago, but a different adaptation. Gray's version is very new, having been published earlier this year.

The Trojan Women is a classic Greek tragedy speaking upon the wreckage after the Trojan war and the effects it had on the women who watched their fathers, husbands, and sons taken from them in the fighting. This work is very thought provoking and moving, making for a beautiful end result.

The theatre subject area is also hosting an improv entertainment event for the annual Family Weekend September 14. On Family Weekend, students' families are invited to campus to visit, participating in an array of pre-planned activities. Professor Ben Buhman will be leading the improv event leading games with props and communication skills. Students from the department will participate to aid in entertainment for the people gathering to the Mount's beautiful fall time campus.

More events are certainly to come, especially from the various groups the music subject area has. The Chorale, Big Band, Lab Band, String and Wind Ensembles, will all have showcases later in the year. In addition, several vocal performances by students and faculty will be hitting the stage this year as well.

What is most important to note about the Mount St. Mary's University's Visual and Performing Arts groups is that they are open to students of any



The Theatre Production class on their second day of class determining which part of the Mainstage Production they will to contribute to.

major and background. The V&PA strives to create an inclusive environment, and believes that music, art, and theatre is for everybody.

The Mount St. Mary's University's Department of Visual and Performing Arts is located in the Delaplaine Fine Arts Center and can be contacted by phone at 301-447-5308. Like our Facebook

page @msmuvpa for more updates, photos, and videos. For more information about the department in general, search for Visual and Performing Arts on the Mount St. Mary's University official website at www.msmary.edu.

To read other articles by Chloe, visit the Author's Section of Emmitsburg.net.

The Gettysburg Choral Society of Trinity UCC announces auditions

The Gettysburg Choral Society is happy to announce auditions will be held on Monday, August 19th and Monday, August 26th from 6 – 8 p.m., at Trinity UCC, 60 East High Street, Gettysburg. Each person auditioning will be asked to sing a simple song and will be evaluated for vocal range. Anyone interested in auditioning should contact John McKay at 717-476-1054.

The Gettysburg Choral Society is a group of dedicated singers who seek to perfect the choral art. Members have varying lev-



els of experience, but all share this desire to excel. The group performs a Christmas concert and a spring concert and other special concerts that might be requested. Starting on September 9th, rehearsals are held each Monday evening from 7 – 9 p.m., at Trinity UCC, Gettysburg.

Kramer's
PIANO SHOP
Family-owned & operated since 1974

SALES • TUNING • LESSONS • MOVING
12049 Woodsboro Pike, New Midway
301-898-3245 www.kramerspianoshop.com

Little Shop of HORRORS
OPENING SEPTEMBER 20th

THE Way Off Broadway DINNER THEATRE
5 Willowdale Drive | Frederick, Maryland
Box Office: 301.642.6400 www.wayoffbroadway.com

Springfield Manor
Winery ~ Distillery ~ Brewery
CRAFT BEER



Award Winning Wine & Spirits



Voted Frederick's Best Distillery & Best Event Venue

Food ~ Music ~ Events
Food Trucks Friday & Saturday

Friday 3-9 p.m. ~ Saturday 12-9 p.m.

Sunday 12-6 p.m.

11836 Auburn Rd., Thurmont

301-271-0099

www.springfieldmanor.com

LOCAL SPORTS

CHS fall sports outlook

Mia Ferraro
CHS Class of 2022

Most can agree that there is not much one can do to truly be prepared for fall. For student athletes, this is not the case. They have to train and ensure their spot in the Catoctin sport of their choice. However, the hard work doesn't stop there. With the 19/20 school year upon us, the Catoctin fall sports have begun.

All tryouts began on August 14th and ended on August 16th, with the exception of cheerleading and soccer, which ended on the 17th. The teams' first games are set to occur within the first two weeks of September. Coaches and athletes alike have been working their hardest to prepare for a tireless but rewarding fall season. Coaches have high and reasonable expectations for their team members. Athletes are advised to eat healthy and nutritious meals and get eight hours of sleep. At practices, they are to bring personal water bottles, sunscreen, and of course, the required equipment.

Every athlete sets their own per-

sonal goals to keep them motivated. According to Catoctin High School's website, however, there are three main goals every athlete must have in common. The first is that while they will not only be better athletes when the season comes to an end, they will also grow as better people. The second is that the teams will constantly show "class and sportsmanship." The Cougars hope to be recognized for their note-worthy sportsmanship at county and state levels, while representing the school with their high moral standards. Lastly, they are determined to win, while demonstrating "integrity and principle." The site states that it is the school's goal to be the following: the classiest, best prepared, most disciplined, most sportsmanlike, and top academic team in the state. While sports are very important to the player and to his or her family, Catoctin reminds them every year to keep in mind what is most important. Family and family matters should always be at the top of every student's and athlete's priorities. Education and all

academic goals come second. Following these come athletics.

This season consists of the following sports: boys cross country - coached by Kevin Dorsey; girls cross country - coached by Lois Strickland; field hockey - coached by Miriah Stone; football - coached by Doug Williams; cheerleading - coached by Stephanie Munday; golf - coached by Tyler Ausherman; boys soccer - coached by Clyde McClain; girls soccer - coached by Megan Olsen; tennis (Unified) - coached by Charmane Nesbitt; and volleyball - coached by Wesley Fream. The Athletic Director is Keith Bruck, the Assistant Athletic Director is Kim Flabbi and the Athletic Trainer is Mark Schatz. The Catoctin coaches think very highly of their teams. They have high hopes for their students and are doing their best to shape them into strong and motivated athletes, while keeping a positive and productive environment.

This year, the girls' varsity volleyball team is notably young. On the team, there are five juniors and only one senior, while the remaining members are sophomores and freshmen - most likely making them the youngest volleyball team in the county. However, their age will not keep them from achieving what they set out to do. As Catoctin Varsity Volleyball Head Coach Wesley Fream described, "Though we are a young group, we have a lot of talent and are expecting a great season." This will be Coach Fream's seventh season coaching varsity volleyball at Catoctin High School and his first as head coach. Dave Gadra coaches JV



The Catoctin varsity volleyball team prepares for a successful season.

volleyball, and this will be his fourth season coaching. Elise Manning is a volunteer coach and this is her second season. They all have high expectations for their skilled teams.

The Catoctin varsity volleyball team is not the only young team for the Catoctin's fall sports. The CHS golf team consists of only three seniors and seven freshmen. According to Coach Tyler Ausherman, the seniors have a lot of potential this year, and the freshman - although new - are eager to improve their game. This is Coach Ausherman's sixth year coaching the CHS golf team. He has also coached baseball and taught math at the high school for the last nine years. He is excited to see what the season has in store for the team.

Adam Buffington is a senior on the golf team, and this will be his fourth year. He has been practicing all summer and is always improving. Another senior is Jeremy Brawner, who is entering his third year on the team. He is a very strong player and takes the time at practice to really work on his game. Karsyn Shugars is another senior who shows great

potential. She came very close to qualifying for States last year, but unfortunately missed it by only one stroke. This year, however, she is determined to make it to States. With all of her hard work, this appears to be very possible. At practices, the team does drills for the first hour and a half. "Then, on my own, I break apart my swing piece by piece to try to make myself better," Shugars explained. "I go to driving ranges on my own and work on everything." It is safe to say that the team appears to be very prepared for a successful season.

Since the Cougars are working so hard, we should show our support for them this fall. There are plenty of ways you can help out. You can join the Sports Boosters, the main means of fundraising through special events in the community. You can also volunteer as a team representative to the boosters and help your team out. Or, if you would rather, you can volunteer to work at a concession stand or even manage the scoreboard, act as a clock operator or announcer, etc. You can also show your support just by coming to the games and cheering them on! According to the school's website, Catoctin High School's Athletic Department is offering Annual All Sports Passes as well as Seasonal All Sports Passes. The Annual All Sports Pass is for any non-playoff, non-tournament, regular season home game for any sport during the 2019-2020 school year. The Annual All Sports Passes can be purchased for a student at \$25 and for an adult at \$80. Family Annual All Sports Passes can be purchased for \$185, which includes two adults and up to three school-age children.

If you would prefer to acquire a pass for the fall season only, the high school offers seasonal All Sports Passes as well. These passes are for any non-playoff, non-tournament, regular season home game for Fall, Winter, or Spring during the 2019-2020 school year. Seasonal passes are offered for adults only. They can purchase their Fall All Sports Pass at \$40, Winter All Sports Pass at \$40, and Spring All Sports Pass at \$25.

If you are interested in buying a pass, there are two ways to do so. The first option is to secure a mobile pass by using the GoFan app or website, <https://gofan.co/app/events/27612>. The mobile pass can be used on your phone. The second option is to complete a form and send it to the Athletic Department, or bring it to a game. The form can be found on the athletic section of Catoctin High School's website. See you at the games!

September, October and November are awesome months to play golf!

Get a 2020 Membership Now and play Now! The remainder of this year is FREE!

Unlimited anytime \$1400 w/cart \$2000
Weekdays & weekends after 1 p.m.,
\$1075 w/cart \$1475

We have family & junior memberships too!

Offer valid on memberships paid in full.
Offer Expires October 15th

15 minutes from Gettysburg
4099 Bullfrog Road, Fairfield
BOOK ONLINE OR CALL: 717-641-7380

Wednesday Nights Sliders & Flights and Live Entertainment Every Weekend!

CARROLL VALLEY GOLF EVENTS

Fore! & Pour
Carroll Valley Golf | Eagle & The Owl

Lesson and Tasting
Sept 16: Whiskey & Chipping
Oct 21: Beer & Flop Shots

NINE&DINE
Sept 27 / Oct 25

Includes nine holes of golf with a cart after 4pm, plus a shareable and meal at Eagle & The Owl for you and a partner—all for just \$80!

Limited space is available, call the Pro Shop at 717.642.8252 to reserve your spot!

Stop in and sign up to be a LMR Insider to receive our weekly newsletter highlighting exclusive restaurant, golf and spa specials.

Visit libertymountainresort.com for more information!

LIBERTY MOUNTAIN RESORT

THE FURNACE
HOT CRABS COLD BEER

Grill & Crab House
240-288-8942

Closed Monday • Tuesday - Thursday 3 - 11 p.m.
Friday & Saturday 11 a.m. - 2 a.m.
Sunday 12 - 9 p.m.

Delicious Steamed CRABS SHRIMP & CRAB LEGS!
Crabs available by the dozen, half bushel & bushel!

A.Y.C.E. EVERYDAY!
Call For Pricing!

Tuesday - 75¢ Wings & Yeungs!
Wednesday - \$5, \$6 & \$7 Appetizers And TRIVIA!
Thursday - Kids Eat FREE!
with purchase of an adult meal.

12841 Catoctin Furnace Rd., Thurmont

MOUNT SPORTS

Fall Sports Preview

Collin Riviello
MSMU Class of 2020

Now that school is officially in session, each athlete is getting ready to show off the work they put in since the beginning of the summer. The Mount has quite a bit riding on its athletes' training; after all, the men's cross country team is the defending NEC champion, and women's bowling took both the entire NEC and NCAA by storm last season posting an unheard of 78-39 record in its inaugural season with only freshmen on the team. In this article, I'll be covering the fall sports' fall schedules and news about planned upgrades to the ARCC!

The men's and women's cross-country teams kicked off their seasons already with the 15th annual Mount 5k duals on August 30, but unlike every other meet on their schedule, this meet was just a tune-up as the standard racing distance for division I cross country teams is an 8k for the men and a 6k for the women. On September 20, the Mount will race at the Elizabethtown Short Course Invitational hosted by Elizabethtown. 10 men and 10 women runners will then have a chance to race at Lehigh University in the annual Paul Short Run on October 5. The team will then split up between the Gettysburg Invitational and the Princeton Invitational on October 19 before racing one last time before conferences at the Lebanon Valley Last Chance to Run Fast Invitational on October 25. The 2019 NEC Championships will be hosted by Central Connecticut State University on November 2. A select few runners will then have at least one last shot at running a personal best when the Mount travels back to Lehigh for the NCAA Mid-Atlantic Regional Championships on November 15.

In men's tennis action, the team has four separate events on their fall slate. Coached by second-year head coach Barrett Elkins, the teams hopes to eventually make repeat the success they had last

spring, where as a five-seed in the 2019 NEC Men's Tennis Championships, advanced to the semi-final round for the first time since 2013 after upsetting number four-seeded Sacred Heart 4-2. The men will host the annual Mount Invitational across three days from September 13-15, and then travel to play in the Loyola Invitational from September 20-22. From October 11-13, the team will play at Navy in the Navy Invitational, before heading to ITA Regionals hosted by Virginia Tech from October 17-20.

For the women, their first taste of competition will be at the Bison Invite from September 20-22 in Lewisburg, Pa. Then, senior Alexa Quintanilla will be the lone Mountaineer to travel to the prestigious Oracle ITA Masters in Malibu, Ca. taking place from September 26-29. Entry into the tournament was by invitation only. Meanwhile, the rest of the women's team will be competing at the Loyola Invitational from September 27-29. In October, the rest of the team will once again come back together and head up to the Temple Invitational spanning from October 4-5, and the 16. The team will then join the men's team and the entire squad will head up to ITA Regionals together from October 17-20.

The men's soccer team looks to improve upon last season's 2-10-4 record. In their second year since being reinstated in the fall of 2017, the team will kick off their season at home against Winthrop on September 1, before heading out to play at Bucknell on September 6 and Howard on September 10. The team will then head back to Emmitsburg to play a game against Navy before going on a three-game road trip to play Army West Point. James Madison and Robert Morris on September 17, 21 and 27 respectively. A four game homestand will then ensue to start off October play: St. Francis Brooklyn on October 6, Loyola on October 8, Central Connecticut on October 11 and American on October 15. Other



The Women's cross country team hopes to build upon last year's fourth-place NEC Championship finish.

NEC opponents in October include Sacred Heart (18), Bryant (25) and the newest member to the NEC family, Merrimack (27). The team will then have two final games at home against Saint Francis University on November 1 and Long Island University on November 3. The final game of the regular season will be at Fairleigh Dickinson on November 10.

For the women, September games include back-to-back home games against UMBC and Campbell on September 1 and 5 respectively. A two-game road-trip will then ensue with matchups against Penn on the 8th and American on the 15th. NEC Play will start on September 20 with a home match-up against Saint Francis University. The team will then travel to Robert Morris on September 22 before heading back home for a matchup against the defending NEC champions Central Connecticut. On October 4, the Mount will travel to Merrimack in Rhode Island for a game and then head to Bryant on October 6. Long Island University will then make a trip to the Mount for a game on October 11 and then St. Francis Brooklyn will follow suit on October 13. The Mount will then travel to Sacred Heart on October 20 before hosting one final home game against Wagner on October 26. The women's final game of the regular season will be against Fairleigh Dickinson on November 3. Last season, the women qualified for the NEC tournament for the first time in

21 years with a 4-2-2 record.

In women's rugby action, the defending NIRA Tier II champions will start off their season on September 7 at home by hosting the American International. They will then travel to Queens College in North Carolina on September 21. Long Island University and Molloy College will then both make a trip up to the Mount on September 28 for a game. West Chester will then travel to the Mount on September 6. The Mount will travel to Brown on October 12 and then Sacred Heart on October 20. The NIRA Tier II semifinals will then take place on November 9 with the Championship game taking place on November 16.

On June 5, 2019, President Trainor announced that a \$6 million donation had been made to improve and upgrade the current Mount's athletic facilities as part of the Forward! Together as Once capitol campaign. Donated by John

J. Rooney and his brother Patrick J. Rooney, both alums from the Class of 1960, and along with their respective spouses JoAnn and Sandy, the money will go towards building a new performance center for the athletes that will house a renovated Dillon Field House, expanded sports medicine area, campus recreation space, and a new Legends Concourse at the entrance to the ARCC. In addition, new tennis courts will be made. The Dillon Field house will include four multipurpose courts for basketball, volleyball, and tennis.

"We're deeply grateful to John and JoAnn and Patrick and Sandy Rooney for investing in the Mount to provide our students with this incredible facility," said President Trainor. "These upgrades and enhancements will be instrumental in helping all our students meet or even exceed their athletic and fitness goals."

Construction is slated to begin sometime in 2020.

Gateway to the Cure
COVERED BRIDGE
5K
THURMONT, MD
SEPTEMBER 8, 2019

Sign up now for Thurmont's Annual Gateway to the Cure
Covered Bridge 5K Run/Walk!
8:30 a.m.
Eyler Road Park
15 Eyler Road, Thurmont
2 Ways to Register:

1. Register at RunSignUp.com and enter Gateway to the Cure 5K.
2. Sign up in person at the Municipal Offices at 615 Main St. Monday - Friday, 8 a.m. - 4 p.m.

Cost: **\$35**
Pre-registered participants get an event shirt
All proceeds benefit the Patty Hurwitz Fund at FMH/James Stockman Cancer Institute.

Your Community's Trusted Auto Repair Center Since 1969

FOR ALL MAKES/MODELS
hybrids · domestic · imports

HIS PLACE
INC. complete automotive repair & restoration Est. 1969

Check us out at: hisplaceautorepair.com

QUALITY SERVICE & KNOWLEDGE YOU CAN'T BEAT!

- Complete Automotive Service
- Two ASE Certified Master Techs
- NAPA NIAT Diesel Techs On Hand

WELCOME BACK TO SCHOOL!
WE DO IT ALL!

Brakes • Oil
Struts • Engine
Alternator • Belts
Plugs • Bearings
Bearings • Brakes
Shocks • Struts • Tires

ATTN: RESPONSIBLE PARENTS
Bring your teen's car in for a Back-to-School Safety and Maintenance Check! Usually \$75.00 but with this ad...
just \$79.99

EXPIRES 9/30/19
Must mention ad when making appointment!

Like Us On Facebook

Call Us Today!
301.447.2800 • 1.800.529.5835
M-F 8 a.m. - 5 p.m.

20 Creamery Way Emmitsburg

COMPLEMENTARY CORNER

Words create our world and health

Renee Lehman

We are surrounded by words. We use words to speak with one another and to ourselves in our own brain. Words are used in the music that we listen to and in the news we tune into, and currently you are reading words in this article. The words that we use in our speaking about the “world” shape both our external environment, and our internal state and subsequent actions.

“The language we use to communicate with one another is like a knife. In the hands of a careful and skilled surgeon, a knife can work to do great good. But in the hands of a careless or ignorant person, a knife can cause great harm. Exactly as it is with our words.”

-Unknown

In previous articles I have written about how our beliefs affect our health. In these articles it was discussed how our biology adapts to our thoughts and beliefs. When we truly recognize that our thoughts/beliefs are that powerful, we hold the key to freedom (Bruce Lipton, The Biology of Belief). Well, what comes before a thought or belief?

Words! Words create thoughts, which create emotions, which then create behavioral and physical conditions.

Words Have Power

Words can teach, guide, encourage, inspire, reassure and unite. Words can also destroy visions and dreams, and tear relationships apart. With words, we both create life and destroy life.

For example, there is no past, only what you say about it: “I had a terrible childhood.” The present is what you declare it to be: “It’s going to be a horrible day.” The future is not separate from what I say it will be: “I’m never going to find love.” Think about this excerpt from the book, My Stroke of Insight, by Jill Bolte Taylor, PhD (a neuroanatomist who had a stroke at the age of 37 years old) about what she learned during her recovery:

“One of the greatest lessons I learned was how to feel the physical component of emotion... I learned that I had the power to choose whether to hook into a feeling and prolong its presence in my body, or just let it quickly flow right out of me... I made up my decisions based upon how things felt inside... I learned that I could use my left mind, through language, to talk directly to my brain and tell it what I

wanted and what I didn’t want.”

What kind of life do you want to create with your words? It is your choice! We can choose to build a heaven or construct a hell.

The words we use in our thoughts trigger our brain cells to release neuropeptides (our brain’s chemical messengers to our body). These messengers will cascade throughout our bodies and will either be health-promoting or health-destroying. Thoughts create emotions, and particular emotions are associated with a particular neuropeptide, so that over time, if we are prone to experience a particular emotion, our cellular structure actually changes to accommodate more of the neuropeptide associated with the emotion. In this way, our neural pathways build up to become like well worn roads along which the electrical impulses (which stem from the power of the mind) travel (2004 movie, What the Bleep do we know!).

“You are literally thinking with your body. The words you say... actually affect the neural networks forming in the brain.”

-Candace Pert, PhD, author of Molecules of Emotion

Words and Illness

Are negative words precursors to illness and disease? The article written by Barbara Frederickson in the March 7, 2000 edition of the American Psychological Association journal Prevention and Treatment, (Cultivating Positive Emotions to Optimize Health and Well-Being) demonstrated that research has shown that negative emotions like poorly managed anger, fear, anxiety, depression, and prolonged grief have been shown to compromise immune functioning, lead to heart disease, cancer and other stress-related physical disorders. What comes before negative emotions? Negative words!

What is the impact of how you speak about your body and yourself?

I once had a woman referred to me for physical therapy because of pain at the base of her skull and upper neck. She had x-rays and other tests completed that showed no structural problems. One day when working with her, she said, “I know in the back of my head that my husband (who has



Peanut Butter Cup is a 7-month-old, orange-and-white girl who arrived at the shelter as a stray, so we don’t know a lot about her, but she is quite a sweetheart. She loves attention and just wants to be near people. Peanutbutter cup would love to find her person. Could that be you?

For more information about Peanut Butter Cup call the Cumberland Valley Shelter at 717-263-5791 or visit them online at www.cvaspets.org or better yet, visit them in person at the shelter.

cancer) is going to die soon.” I asked her if she realized what she just had said! The back of her head... where her pain was located! She suddenly realized that the pain dealt with her husband’s condition. Her pains did go away shortly after her husband died.

What do you notice when you repeat the following statements to yourself? “That just kills me.” “This anger is eating me up inside.” “This is going to be the death of me!” How do you feel?

Now repeat the following statements: “That brightened my day!” “I’m so excited!” “There’s a weight off my shoulders.” Now, how do you feel?

One of my mentors in life and acupuncture, Dianne Connelly, PhD, once said: “There are three things of which we can be relatively certain. We are here. We are here together. And there will be a time when that is no longer so. What is the conversation worth having in the meantime?”

Finally, here is an ancient story about the power of words.

A group of bunnies were hopping along when two of them fell into a deep well. All the other bunnies gathered around the well. When they saw how deep it was, they told the bunnies in the well that they were as good as dead and would never make it out alive. The pair of bunnies, not wanting to give up, tried as hard as they could to make it out. The other bunnies dis-

couraged them saying that they would never survive the steep climb. Finally, one of the bunnies, exhausted after having made it halfway up the well’s wall, and discouraged by his friends’ words, simply gave up. He fell to the bottom of the well and died.

But the remaining bunny did not give up. Instead, he exerted even more effort, jumping harder and harder through the jeers of his “friends.” He finally made it to the top and over the ledge. The other bunnies were shocked and amazed that he had made it out safely. Once the bunny landed on the grass, the other bunnies asked why he had continued jumping even though the odds were stacked against him.

As it turns out, the bunny was deaf. He did not hear the jeers and negativity of his friends. Instead, he interpreted their words as encouragement and their taunts as cheers. What might have happened if the first bunny hadn’t truly heard the words the others were shouting at him? Might he have made it out alive, too?

This story shows us the power held in words. There is no cost to offer encouraging words, but discouraging words quickly break the spirit.

Renee Lehman is a licensed acupuncturist and physical therapist with over 30 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.



amber hill
PHYSICAL THERAPY, INC.
where patients come first — since 1985

120 Frederick Road, Suite D
Thurmont, MD 21788
301.271.9230

Our Knowledge & Experience Will Get You Back to Enjoying Life!

- Adult Physical and Occupational Therapy for orthopedic conditions, neck and back injuries, sports injuries, automobile and work injuries, and neurological conditions
- Pediatric Physical, Occupational and Speech Therapy for autism spectrum disorders, congenital conditions, developmental delays, orthopedic conditions and torticollis
 - New patients evaluated within 24hours
 - In-network with most insurance companies
 - Private treatment rooms
 - Early morning, evening and Saturday hours

PROUDLY SERVING FREDERICK FOR 29 YEARS

FREDERICK 301.663.1157 DAMASCUS 301.253.0896
JEFFERSON 301.473.5900 URBANA 240.529.0175

www.amberhillpt.com Owned and operated by Donald J. Novak, PT, DPT
*Speech therapy provided by Frederick Pediatric Therapy, LLC at the Frederick location

WHEN ONLY THE BEST WILL DO



BEST OF FREDERICK

**VOTED: BEST OF THE BEST ASSISTED LIVING 2017 & 2018
BEST OF FREDERICK SENIOR LIVING 2018 & 2019**

- Five Star Dining Experience, featuring chef-prepared meals
- Celebrating 20+ Years providing exceptional assisted living

Call to schedule a tour of Frederick’s Best Assisted Living Community!

HEARTFIELDS 1820 Latham Drive
ASSISTED LIVING AT FREDERICK Frederick, MD 21701
301-663-8800

www.HeartFieldsAtFrederickAssistedLiving.com
ASSISTED LIVING • MEMORY CARE
RESPIRE STAYS

Hearing Problems? Or is it just wax?

Find out for yourself FREE!

Has the price of hearing aids kept you from reaching a solution to your hearing loss?
Wait no longer - Save at least 40%!

SEPTEMBER 1ST - SEPTEMBER 30TH
Call ahead to schedule an appointment with John Straw
866-430-9222

<p>STARKEY SERIES FULL-SHELL</p>  <p>Starkey’s most affordable hearing instrument maximizes the ear’s sound gathering design in a comfortable size. ITE instruments offer the right combination of appearance and affordability to meet a variety of hearing losses. Credits: \$35 up to \$5-\$40 off. Only \$395 <small>Reg. \$790</small></p>	<p>STARKEY CUSTOM CANAL</p>  <p>Starkey’s Custom Canal aid is made with the precise electronic circuitry controls to match your particular requirements. The components are contained within the customized shell that fits snugly and comfortably in your ear. Credits: \$35 up to \$5-\$40 off. Only \$695 <small>Reg. \$1390</small></p>	<p>STARKEY DIGITAL MINI-CANAL</p>  <p>Starkey’s 100% digital mini-canal will allow for a variety of circuit and personalization options in an extremely small space. ITE instruments provide amplification solutions in a compact size that previously required a large instrument. Credits: \$35 up to \$5-\$40 off. Only \$839 <small>Reg. \$1680</small></p>
---	--	--

VILLAGE HEARING AID CENTER

10200 Coppermine Rd. WOODSBORO (301) 271-9222	46 Chambersburg Street GETTYSBURG (717) 642-5902	76 Frederick St. TANEYTOWN (866) 430-9222	2 North Church St. THURMONT (301) 271-9222
--	---	--	---

FITNESS AND HEALTH

You are never too old or young to exercise

Linda Stultz
Certified Fitness Trainer

Now is the time to exercise, whether it be taking a walk or going for a swim. Exercise is good for everyone, young or old and anywhere in between. Moving keeps our joints, muscles and mind in better shape than sitting in a chair.

Babies are never still. They move their arms, legs and even just their fingers but it helps them strengthen their muscles. We look at kids and think, I wish I had that much energy. Running around and playing gives kids more energy. It is important for children to do some type of physical activity at least 60 minutes a day. This activity helps develop their muscles and minds by trying new

things and exploring their ability to run, jump and balance while learning new games.

Today's electronic world is very different from years ago when kids rode their bikes more and played outside. Video games are great for them to learn and play but not for exercise. Young people today are faced with health concerns that were not even thought about years ago. High blood pressure and high cholesterol are found in younger people today. Our way of eating and living is changing. While advances in technology are great, we have to remember that our body needs just as much exercise as it ever did. Our work and play time has changed and we need to remember to add exercise to our daily routine. Obesity is the cause of many other health prob-

lems and we are at a high number or overweight children and adults than ever before.

It is easier to keep active when we are going to school or working at our jobs as adults. As we age we naturally slow down a little but it is important to be conscious that we don't become sedentary. Exercise is important for all ages because it keeps us in good physical shape. During the age between 20 and 50 or 60 we are busy taking care of our family, the lawn work, house work and whatever else comes into our lives. Depending on the type of job you have, adding an exercise routine to your week may be needed. Sometimes people think they get enough exercise in their day but may be surprised how much better they feel if they start taking a walk at

lunch or after dinner. Strength training by lifting weights can also increase energy and balance. Doing something new not only helps your body but can help your mind and memory. Physical activity has been shown to increase energy, improve memory and mood. Endorphins are released when we exercise and even when we laugh. Some people don't think of laughter and exercise as going together but if you find someone to share these activities with, you just may be surprised how much fun you will have.

When we reach retirement age we look forward to doing the things we enjoy but didn't have time for when we were working. In order to be physically fit enough to enjoy our retirement we need to keep our body in good shape.

Starting an exercise program and keeping it as part of your routine will make it as important as brushing your teeth or eating. It will become part of your day and you will not even think of it as work.

Start children out as young as possible with exercise and they will grow up thinking it is just part of their lives. If exercise is not something your family is doing it may be the time to have a family meeting and decide what activities you can incorporate into your day. Come up with something that you all enjoy and something that you can all do together. Not only will it help your physical health but it will also bring you closer together as a family.

Remember to Keep Moving! You'll be glad you did.

To read other articles by Linda, visit the Authors section of Emmitsburg.net.

Frederick County goes purple

Allison Young
Frederick County
Department Health

Frederick County will observe National Recovery Month this September by launching Frederick County Goes Purple. Frederick County Goes Purple is a massive grassroots call-to-action to unify our Frederick County community and reduce substance-related deaths and overdoses. According to the Frederick County Sheriff's Office, there were 279 non-fatal and 55 fatal opioid-related overdoses in Frederick County in 2018.

Frederick County Goes Purple is a partnership between the nonprofit organization crossedBRIDGES, Frederick County Government, Frederick County Chamber of Commerce, Frederick County Health Department, Frederick County Public Schools, Frederick County Sheriff's Office, Frederick County Municipalities, community organizations, private businesses, and individual community members.

There are three Key Messages promoted by the campaign:

- We Care - Frederick County supports those who struggle with addiction and their loved ones.
- Hope/help is here - The Frederick County community offers hope and resources.
- Let's talk - We invest in the youth of Frederick County through prevention education.

The kick-off event will take place Saturday, September 7th with a National Recovery Month Proclama-

tion by Frederick County Executive Jan Gardner and Health Officer Dr. Barbara Brookmyer at Carroll Creek Linear Park.

Additional events will occur throughout September, including:

- September 5th Recovery's Got Talent show in Baker Park
- September 10th viewing of Conrad Weaver's documentary Heroin's Grip at Frederick High School
- September 14th Hot Rod Car Show at Nymeo Field at Harry Grove Stadium
- September 28th Music is Medicine's Third Annual Hope for Change Fest

Music is Medicine founder Chasity Fox, a recovery advocate whose brother Richard "RJ" Holmes died from a heroin overdose, started the Hope for Change Fest because, "Music brings people together, no matter your skin color, your sex, no matter what. I wanted to have a music venue, and I wanted to honor my brother, because he was a musician."

The entire community is encouraged to "Go Purple" this September and throughout the year to bring awareness and understanding of mental health and substance use disorders, and to celebrate those living in recovery.

Individuals, families, community-based organizations, schools and businesses can "Go Purple" by wearing purple shirts, decorating their homes and workplaces in purple, displaying Frederick County Goes Purple banners, distributing brochures, and organizing prevention and recovery events. Key Messages can be

shared on websites and social media with the hashtag #FrederickCountyGoesPurple.

For additional information about Frederick County Goes Purple, visit the Frederick County Goes Purple website at www.FrederickCountyGoesPurple.com. For questions about how to

get involved, contact Jonathan Switzer, co-founder of crossedBRIDGES, or Santita Prather, Recovery Services Manager at the Health Department, at FrederickCountyGoesPurple@gmail.com.

RSL AUTO SALES INC.

Serving Maryland, Pennsylvania, Virginia & West Virginia for over 10 years!

Used Cars, Trucks, Vans, Wheelchair Vans & Handicap Accessible Vehicles

<h3>2014 Nissan Pathfinder</h3>  <p>4 wheel drive, cloth interior, cruise control, audio controls on steering wheel, multi zone air conditioning and heat, AM/FM/Stereo/CD/MP3 Player, variable speed intermittent wipers, 3rd row seating, aluminum wheels, almost new tires, deep tinted windows, and child safety rear door locks. It has less than 78,000 miles on it. #4220</p>	<h3>2009 Jeep Commander</h3>  <p>Nice 2009 Jeep Commander with a rebuilt motor in it that has less than 35,000 miles on it. This Jeep drives beautifully, has all wheel drive, and has been treated like royalty! Has 3rd row seating, lotsa get up and go when asked. #9946</p>
--	---

1021 Francis Scott Key Highway, Keymar **301-845-4188**
www.rslautosales.com

Rehabilitation • Long Term Care

Meet Jerry Barzal

• Housewife and Mother: 41 years
• St. Joseph's Ministries: 47 days

Jerry came to St. Joseph's Ministries for short term rehabilitation as a result of a spinal cord injury.

"St. Joseph's Ministries has been a God send to me. Everyone has been fabulous to me. I couldn't have expected anything better. I am now able to walk with my head up due to the excellent therapy received. I will miss everyone when I go home, they are like family." Jerry Barzal

A CMS 5-Star facility, St. Joseph's Ministries offers:

- Comprehensive Rehabilitation
- Private Rehab Rooms
- Warm Water Therapy Pool
- Short Term Care
- Long Term Care
- Person Respected Focus
- Faith-Based Environment

Call today to learn more about us, or to arrange a tour of our facilities.



St. Joseph's Ministries

Our neighborhoods include:
St. Catherine's • St. Vincent's
331 S. Seton Avenue, Emmitsburg, MD
(301) 447-7000

www.stjosephsministries.org

FAMILY DENTISTRY
TIMOTHY B. BRINGARDNER, D.D.S.
Serving Emmitsburg for over 25 years



101 South Seton Avenue
P.O. Box 538
Emmitsburg
(301) 447-6662

New Patients Welcome

ASTRONOMY

The night sky of September

Professor Wayne Wooten

For September the moon will be first quarter on September 2nd, just to the west of Jupiter. Two days later the waxing gibbous moon is just west of Saturn. The full moon, the Harvest Moon, is on September 14th. The Autumnal Equinox begins fall at 2:50 AM CDT on September 23rd. The last quarter moon is on September 21st, and the new moon on September 28th.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spotting specific deep sky objects. For a detailed map of northern hemisphere skies, about August 31st visit the www.skymaps.com website and download the map for September 2019; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. Another aid is the wonderful video exploring the September 2019 sky, featuring many different objects, available from the Hubble Space Telescope website at: http://hubblesite.org/explore_astronomy/tonights_sky/. Sky & Telescope has highlights at <http://www.skyandtelescope.com/observing/astronomy-podcasts/> for observing the sky each week of the month.

Mercury, Venus, and Mars are all still too close to the Sun for easy



A stellar nursery in the Lagoon Nebula, M-8, easily visible with naked eye on a dark night. Sadly finding a good dark spot without the glare is becoming harder and harder as mindless spotlights seem to be popping up on houses in the country these days.

observing. Jupiter is visible in SW evening twilight, but getting lower each evening in Ophiuchus. At dusk, Saturn lies due south, just east of the teapot of Sagittarius, and its rings are tilted widely open for great telescopic views now. Its large and fascinating moon Titan is also easily seen in small scopes.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Jupiter is just NW of Spica, a little brighter and more yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare

due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell... really, he does love her as well, and the marriage itself works well.

But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the crops, which

wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and even our own civilization.

To the south, Antares marks the heart of Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big enough to swallow up our solar system all the way out to Saturn's orbit! Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. Our featured photo is of this stellar nursery.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, "The Double Double". This is fine sight under steady seeing conditions over 150X with scopes 4" or larger. Between the two bottom stars; the Ring Nebula, marked "M-57" on the Skymap, is a smoke ring of gas and dust expelled by a dying red giant star while its core collapsed to a white dwarf. A similar fate is expected for our own sun in perhaps five billion more years.

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. At the other end of the "northern Cross" that makes up the body of Cygnus is Alberio, the finest and most colorful double star in the sky. Its orange and blue members are well resolved at 20X by any small scope. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area.

Farmers' Almanac

"September is the month of maturity; the heaped basket and the garnered sheaf. It is the month of climax and completion. September! I never tire of turning it over and over in my mind. It has warmth, depth and colour. It glows like old amber."

—Patience Strong (1907-1990)

Mid-Atlantic Weather Watch:

Scattered storms (1) with tropical rain (2, 3, 4); fair and hot (5, 6) with more scattered storms (7, 8). Fair and very warm (9, 10, 11, 12) with yet more storms (13, 14) turning fair and warm (15, 16, 17, 18, 19, 20, 21); periods of more storms (22, 23, 24, 25, 26, 27, 28) turning fair and cooler (29, 30).

Full Moon: September's Full Moon has been famously-known as the Harvest Moon. It is the Full Moon that falls closest to the Autumnal Equinox. During this time, the moon would rise soon after the sun would set on several successive days, giving the farmer a few extra hours of 'light' and more time to finish up their daily chores. This year, the Autumnal Equinox will occur on Monday, September 23rd and signals the beginning of

Autumn. The Full Moon closest to that date will occur on Friday, September 13th and is therefore, the Harvest Moon of 2019.

Holidays: Labor Day falls on the first Monday of the month which is September 2nd in 2019. We must never forget to remember those who perished on September 11th, 2001 and to also honor all of the brave first-responders as well. These heroes ran into danger, sacrificed their lives trying to minimize the loss of life and the many who suffer today with long-term life-threatening health effects. And finally, they will now be properly supported with the passage of the September 11th Victim Compensation Fund that commits funding through to 2090. Citizenship Day is observed on Tuesday, September 17th, Rosh Hashanah begins on Monday, September 30th.

The Garden: Fall is a great time to plant and divide perennials and shrubs for next year's garden. By planting in the fall, your plants do not endure the stressful summer heat during establishment and have time to form sufficient root systems before the onset of winter

dormancy. Consider planting cabbages, peas, fennel, cauliflower, lettuce, Swiss chard, onions, leeks, Chinese peas, and endive crops for late autumn harvest. Also, try beets, turnips, spinach, radishes, collards and broccoli. Other fast-growing vegetables to consider are arugula and kale. For the best flavor, pick green beans when they are still thinner than a pencil. Pick lettuce when the outer leaves are four to six inches long. Pick tomatoes 5 to 8 days after color has fully developed. Pick zucchini when it is five to eight inches long.

The Farm: Best for planting root crops (17, 18, 19); weeding and stirring the soil (24, 25); planting above-ground crops (3, 4, 30); harvesting all crops (0, 11); the best days for setting hens and incubators (6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23); the slaughtering and butchering of meat (1, 2, 3, 4, 28, 29, 30); transplanting (1, 2, 3, 4, 28, 30); the weaning of all small animals and livestock (5, 6, 7, 8, 9, 10, 11, 12, 13, 14); harvesting and storing grains (21, 22, 23, 24, 25, 26, 27).

J. Gruber's Thought For Today's Living

"It is often true that the more one learns, the more one realizes how little one knows"

Serving the area for 61 Years!

McLaughlin's

Energy Services

Specializing in Propane and Heating Oils Delivery and Service

McLaughlin's Products

- Gas and Oil Furnaces and Boilers
- Oil and Gas Parts and Fittings
- Gas Logs and Fireplaces
- Custom Order Premium Grills
- Gas Emergency Generators
- Tankless Water Heaters
- Outdoor Living Products

No Worries with our easy switch over service.

- Low cost or no cost installs
- No hidden costs or fees
- Automatic or Will Call delivery
- Equal Monthly Payment Plans
- 24 Hour Emergency Service
- Lowest competitive price possible
- Can service almost ANY application

Over 30 Working Gas Logs, Fireplaces and Heaters on Display.

McLaughlin's offers a wide range of tank applications for all your gas needs, from 5 to 1,900 gallons. Inquire today!

We are a Generac Generator sales and service dealer. Let McLaughlin's take care of all your power needs from home standby to portable!

We also offer free quotes and estimates for any application you may need for your home or business.

www.McHeat.com

Located Just Over the Mountain in Rouzerville!

A family owned and operated business since 1954!

Dedicated to providing your propane and Heating Oil needs!

11931 Buchanan Trail East, Waynesboro, PA
Phone: 717-762-5711 | 1-800-463-5711

COMPUTER Q&A

Mac V.S. PC – What you need to know before you buy

We get customers that have been long time Windows users who are told by family or friends to just “get a Mac” whenever their computer has issues. There are benefits to both a Mac and a PC but choosing which one is right for you requires a little background information and knowledge. Read on to find out what you should consider whether you are purchasing a computer for the first time or consider making the switch.

Hardware differences between Mac and PC's

When it comes to hardware you're paying for the Apple name. You can typically purchase a PC computer with the same or better specifications for less cost than that of a Mac. What you won't get with a PC is proprietary hardware that is designed to work specifically with the Mac machines. This means that there are generally less hardware issues and better support resolutions among the Mac machines. The bottom line for hardware is that you will pay more for a Mac and get less value than with a PC but in general you will have less hardware issues with the Mac. Before you switch from a PC to a Mac ensure that any devices you use with your current computer are compatible or make sure you allow your budget to replace those devices.

Software differences between Mac and PC's

Software for Mac's are generally more reliable. This goes back to the fact that there is limited hardware being used for Mac machines and most of the Mac software that you purchase directly through the Apple App Store is high quality although it is still a good idea to read reviews for your current operating system to ensure compatibility. Mac's are also much less likely to obtain any viruses although that doesn't mean your 100% immune and you can still receive fake virus alerts from infected websites via the Safari web browser. Most popular software is available for both Mac's and PC's although you should always verify that any software you rely on is available on the Mac. I recently discovered that although you can install Microsoft Office on a Mac machine you won't be able to install Publisher or Access since they are not available for the Mac OS. Since much of the software on a mac is proprietary along with the proprietary hardware, you are much less likely to see crashes compared to a PC.

On a PC you may find that you have more available to you which can sometimes be a good thing and sometimes not so much. You have a lot more software available to you and while some of the free software options can be desirable you should be wary of any free software, many times they come bundled with what we call “potentially unwanted programs” that can slow down your machine and cause pop-ups. With any Windows PC virus software is a must and should always be used to keep your machine protected especially if you do any kind of online banking or purchasing over the web.

When it comes to external hardware such as printers, webcams etc. you will find that there is more available now for Mac's but there is still a lot more compatible devices for PC's over Mac's.

Using a Mac for the first time

New users will have the easiest time navigating a Mac. One difference users will notice between a newer Mac and a PC is the requirement to create a password on the Mac. Without setting up or using an existing apple id account you will find yourself limited when using the Mac devices. If you were previously a PC user you will quickly find that some of the normal PC functions

are different on a Mac for example scrolling down on the mouse will move your screen up rather than down like on a PC.

Using finder on a Mac can make finding your documents easier for new Mac users. Previous PC users may have some difficulty learning how the Mac File explorer works since some things are hidden by default. In my opinion, the Mac was very difficult to get use to as a long time PC user. If you are considering making the switch to a Mac I highly recommend that you try out a friends Mac computer or visit your nearest Apple store to try out the computers they have on display before you make the jump.

PC v/s Mac



If you need additional support or advice and are considering switching from a Mac to a pc or a PC to a mac, or for more assistance resolving computer related issues please contact Jester's Computers located at 5135 Fairfield Road in Fairfield PA. You

can reach by calling (717) 642-6611 or by visiting us on the web at www.jesterscomputers.com We are a small family owned and operated business that has been open since 1998 and we offer reliable, affordable and fast computer repair services and training.

KAWALITY KLEAN
 Bonded & Insured
 Business & Residential
 Marc - 410.596.7214 Office - 301.447.3350
 Amy - 410.733.3496 www.KawalityKlean.com

Gettysburg Transmissions LLC
 Automatic or Maunal
 Most Makes, Models & Years
 Automotive Repair & Services
 Certified State Inspection Facility
 Custom Exhaust Systems
 Over 15 Years Experience ~ All Work Guaranteed
 22 Weikert Road, Gettysburg
717-642-9700
 Bill Eiker

Alexander's Plumbing & Pumps, Inc.
 For All Your Plumbing Needs
 Specializing In:
 Water Filtration &
 Purification Equipment!
 4236 Fairfield Rd.,
 Fairfield
717-642-5285

JESTER'S COMPUTER SERVICES
 5135 FAIRFIELD ROAD FAIRFIELD PA 17320

\$20 OFF CLEAN-UPS
 September 1st-30th - regular price \$99

MON-WED-FRI 9AM—5 PM (717)642-6611 TUE & THURS 9AM—7PM

What's included with a clean-up?

- ✓ Remove temporary files
- ✓ Scan, Detect & Remove Malware, Viruses & More
- ✓ Turn off Start-up Programs
- ✓ Detect & Repair Registry Errors
- ✓ Defragment Hard Drive
- ✓ Perform all Windows & Common App Updates
- + 28 additional maintenance tasks that will improve your PC performance

E-X-P-A-N-D
 Your Living Space With
 A Retractable Awning!
 Gas & Pellet Grills & Smokers
 Big Green Egg
 The Ultimate Cooking Experience™
Battlefield Hearth & Solar
 2031 York Road, Gettysburg, PA
717-334-1232

DAVID E. LITTLE Custom Painting
 Interior ~ Exterior
 Residential ~ Commercial
 Power Washing ~ Free Estimates
 MHIC #41079
 11530 Simmons Rd., Taneytown
301-447-2315 301-676-0064

AFFORDABLE SELF STORAGE
 NOW WITH PORTABLE STORAGE UNITS!
Need Room? Let Us Store It For You!
 Storage Units For The Public & For Business!
 12917 Catocin Furnace Rd., Thurmont
 Conveniently Located On Maple Drive, Across From Thurmont Feed Store
 Mike Jensen, Owner
 VISA VISA & MC ACCEPTED
301-271-7455

MOTORCYCLES, CARS, TOOLS, FURNITURE, ANTIQUES, COLLECTIBLES, OLD FILES, NEW FILES, APPLIANCES, HOUSEHOLD ITEMS & TOOLS, CONSTRUCTION EQUIPMENT, LANDSCAPING TOOLS, LAWN MOWERS, POOL SUPPLIES, BUILDING MATERIALS, SPORTS EQUIPMENT, MEMORIES...
 WHATEVER YOU CAN THINK OF INCLUDING THE KITCHEN SINK!

UPCOMING EVENTS

September 6

Strawberry Hill's & Tutoring Art present paint night. Choose your favorite Animal Ambassador - Strix the barred owl, Bob the box turtle, or Nelson the American toad - and create an original 12 x 16 canvas painting! No experience? No problem! For more information call 717-642-5840 or visit www.strawberryhill.org.

September 6, 7 & 8

Thurmont & Emmitsburg Community Show. For more information about the Community Show, please visit www.thurmontemmitsburg-communityshow.webs.com.

September 7

Frederick County Master Gardeners presents: "Storing the Garden's Bounty." Now that you have grown it, what can you do with it? We will discuss drying, canning and freezing; dry storage; and other tried-and-true methods. 330 Montevue Lane, Frederick.

September 7 & 8

Gettysburg Wine & Music Festival. Enjoy a fall weekend at central PA's premier wine event. Sample and purchase wine from 27 Pennsylvania wineries, take in offerings from more than 50 food and craft vendors and dance to the region's best live music. For more information visit www.gettysburgwineandmusicfestival.com.

September 8

Nature Book Club at Strawberry Hill. September's discussion will focus on Andrea Wulf's "The Invention of Nature," followed by casual networking. The public is invited to attend one or all of these meetings held in the Strawberry Hill Nature Classroom at 1537 Mount Hope Road, Fairfield. For more information call 717-642-5840 or visit www.strawberryhill.org.

September 12 - 23

The Great Frederick Fair. Frederick County's single largest event, featuring 18,000 competitive exhibits,

ranging from livestock. For more information visit www.GFFAIR.com.

September 13

Music Gettysburg! Presents John A. Wolfe, organist. Music, Gettysburg! is a premier concert series featuring international, regional and local musical artists for the greater south central Pennsylvania region. For more information about this and other concerts in the Music, Gettysburg! schedule, visit www.musicgettysburg.org, call 717-339-1334.

September 14

EOPCC's Wine Tasting & Auction. St. Joseph's Catholic Church Hall. A donation of \$35 per person is suggested. Please RSVP 301-447-2690.

September 15

The Adams County Heritage Festival is a celebration of ethnic music, food, and crafts that reflects the multicultural atmosphere of Adams County, Pennsylvania. Ethnic foods are offered for sale

by local citizens, church groups, restaurateurs and community organizations. Local non-profit organizations have display booths, usually grouped in tents. Carriage and pony rides are offered by a local vendor. Gettysburg Area Recreation Park, 909 Fairfield Road, Gettysburg. For more information visit www.ywcagegettysburg.org.

September 21

Strawberry Hill's Fall Power Hike: Looking for a great workout? Join Strawberry Hill team member, Jared, for an intense power hike! Jared will lead hikers on a 5 to 6-mile trek on the Foothills Trail. This hike is not suitable for children. Stay after the hike for a cold beer and BBQ at our free event, Trailgating! Trailgating is full of family fun for all ages, with yard games, interactive trail stations, a cornhole tournament and live music! End the evening with an old-fashioned campfire, tasty smores, and professional storytelling. For more information call 717-642-5840 or visit www.strawberryhill.org.

September 21 & 22

Gettysburg's National Park's World War II Weekend. Several hundred living history enthusiasts from over forty organizations will portray military personnel from the European Theater in 1944. Living history volunteers will present programs on World War II medical services, weapons and equipment, communications, military vehicles, and the life of the common soldier. Dozens of World War II jeeps and

trucks will be displayed and mock Army Air Force bomber squadron mission briefing reenacted. Throughout the weekend, WWII veterans will share their experiences in the European and Pacific Theaters. For more information contact the Eisenhower National Historic Site at 717-338-9114 or visit www.nps.gov/eise/index.htm.

6th Annual Sweet Potato Festival. Food, music and sweet FUN! Please bring lawn chairs. The gift shop will be open all day.

Thomason's Olde Thyme Herb Farm and Gift Shop, 170 Stoney Point Road, East Berlin, PA. For more information call 717-642-1527.

September 21 & 28

Adams County Arts Council's Scavenger Hunt. Participants will match art images from the event program with the participating businesses where they can be found. The Hunt will take place in downtown Gettysburg. The hunt will start and end at the Arts Education Center, 125 S. Washington Street. The September 28th hunt will start and end at the Dobbin House parking lot and will include businesses in the south end of town. Online registration for both hunts is available at www.adamsarts.org. For more information, contact the Arts Council at 717-334-5006.

September 22

Cuddle's Cat Rescue's: Miles for Meows' 5K & family fun run, a pet parade, rabies/microchip clinic, pet

Thurmont Community Ambulance Service

Proudly Serving Northern Frederick Co. for Over Half a Century

A Y C E

Crab Legs & Steamed Shrimp Feed

Saturday, September 14th
\$40 Per Person

Includes: Crab Legs, Steamed Shrimp, Fried Chicken, Crab Soup, Baked Macaroni & Cheese, Baked Beans, Cole Slaw, Dessert and Soda.

BEER & WINE COOLERS
(Photo I.D. Required)

Doors Open: 4 p.m.
Dinner 6 - 8 p.m.

Call 301-748-5359 or 301-271-3820
For tickets and more information

THURMONT EVENT COMPLEX
13716 Stafford Drive, Thurmont
Just 4 miles south of Thurmont on Rt. 15
301-271-7550 • thurmonteventcomplex.com



TIP JARS!

50/50!

ATM Available

Images of U Hair Studio

NOW HIRING LICENSED STYLISTS, BARBERS & NAIL TECHNICIANS

OPEN INTERVIEWS

SATURDAY, SEPTEMBER 11th - 11 a.m. - 4 p.m.

QUALIFIED CANDIDATES WILL RECEIVE \$100 SIGN ON BONUS! - MUST BRING THIS AD

Call 240-288-7240 Ask For Rhonda



Choose When You Want To Play!

THURSDAY NIGHTS
Great Food! Huge Jackpot!
Doors Open @ 5:30 PM
Bingo Starts @ 6:45 PM

TWILIGHT BINGO
1st Friday Of Every Month!
Food! 3 Jackpots! Larger Payouts!
Doors open @ 5:30 PM
Bingo starts @ 8 PM

Fairfield Fire & EMS
Follow Rt. 116 To Fairfield
Turn Onto J. Harry Kane Blvd.

• Handguns • Rifles • Shotguns • Antiques • Knives
• Military • Collectibles • Ammo • Collectibles

Gettysburg, PA GUN SHOW

Gettysburg Allstar Conference Center
at Eisenhower Hotel
2638 Emmitsburg Rd., Gettysburg

September 14 & September 15

Saturday 9 a.m. - 4 p.m.
Sunday 9 a.m. - 3 p.m.

Up to 500 Tables!
New & Used • Buy • Sell • Trade

FREE PARKING • FOOD
\$8 Admission

Contact: Eagle Arms Productions
610-393-3047 • www.eagleshows.com

UPCOMING EVENTS

photo booth. For more information visit www.cuddlescatterescue.org.

Music Gettysburg! Presents Music by, for, and about women performed by Trio Alexander, a flute/viola/harp ensemble. For more information about this and other concerts in the Music, Gettysburg! schedule, visit www.musicgettysburg.org, call 717-339-1334.

September 27

Gettysburg's Annual Salsa on the Square. Come on out for a fiesta to celebrate the contributions of Latino people to the economy and culture of Adams County. The Salsa Dance will take place on the first block of Carlisle Street in Gettysburg Featuring live Latino music.

September 27 & 28

Frederick's Oktoberfest - Bratwurst, Oktoberfest beer, German wines, dancing, music, children's events and much more! And it all benefits Frederick County charities. Spearheaded by the Rotary Club of Carroll Creek, and the Rotary Club of Southern Frederick County this annual, family-friendly event promotes cultural exchange and supports both clubs' efforts in the community to raise tens of thousands of dollars for local non-profits. Frederick Fairgrounds, 797 E. Patrick St., Frederick. For more information visit www.frederickoktoberfest.org.

September 28

Gettysburg Outdoor Antique Show. More than 120 antique dealers and collectors from the North and the South will converge in Gettysburg.

Sprawling out from Gettysburg's historic Lincoln Square, the antique event is billed as a "buyers and sellers" paradise, with high quality antiques and collectibles. For more information visit www.gettysburgretailmerchants.com.

Wings, Wheels and Pancakes. Enjoy the best airport breakfast this side of Chicago's O'Hare field! Sponsored by the local chapter of the Experimental Aviation Association or "Gettysburg "Barnstormers," the all-you-can eat meal. For more information visit www.1041.eaachapter.org.

Frederick County Master Gardeners presents: "Pawpaws, a Lit-

tle Known Treasure." Discover a native gem you can grow right in your own backyard! Find out how and why to grow this large, tasty fruit—and how native plants can help your entire garden thrive. Tour the pawpaw patch in our Demo Garden. Register online: bit.ly/FCMG-GIEI-9072019. Doors open 30 minutes prior to start times. Walk-ins are welcome if there is room. 330 Montevue Lane, (off Rosemont Avenue), Frederick.

September 29

Join Strawberry Hill and special guest speakers for this new two-part series on foraging! Part 1: Safety & Sustainability - Penn-

sylvania Master Naturalist, Susan Thomas, will provide in-depth classroom instruction on safe and sustainable foraging. For more information call 717-642-5840 or visit www.strawberryhill.org.

Music Gettysburg! presents Buzz Jones Jazz Quintet Presenting their own take on the Great Amer-

ican Songbook! Music, Gettysburg! is a premier concert series featuring international, regional and local musical artists for the greater south central Pennsylvania region. For more information about this and other concerts in the Music, Gettysburg! schedule, visit www.musicgettysburg.org, call 717-339-1334.

THE REAGAN YEARS
September 14 - 8-11 p.m.
Doors Open at 6:30 pm
VHC Activities Building
(Formerly the Emmitsburg Ambulance Building)
17701 Creamery Road, Emmitsburg

Ticket Price \$20 per person to benefit the EBPA and Local Charities
Only 500 Tickets will be Sold!
Tickets Available now on Eventbrite at <http://bit.ly/reaganys19>
Cash Bar with Beer & Wine - Refreshment Food Available for Sale
(No Outside Containers will be Allowed)
Visit our website! emmitsburgbusiness.com for more information!

63rd Annual THURMONT & EMMITSBURG COMMUNITY SHOW
Catoctin High School, 14745 Salfordville Road, Thurmont
FREE ADMISSION • FOOD VENDORS COMMUNITY ORGANIZATION & BUSINESS DISPLAYS!
- Free Parking in courtesy of Thurmont Boy Scout Troop 270 -
*** FREE ENTRY OF EXHIBITS IN LARGE GYM ***
Thursday, Sept. 5 from 6-9pm & Friday Sept. 6 from 8:30-11:30am
For Exhibit Entry List and Activities Information, visit: THURMONT&EMMITSBURGCOMMUNITYSHOW.ORG

Friday, September 6
6pm Community Show opens to the public.
7pm Opening Ceremonies, Auditorium
Begins with our 43rd Annual Community Organizations Flag Ceremony
Honoring three community organizations:
- Thurmont's Edwin C. Creger, Jr. American Legion Post #166
- Emmitsburg's Francis X. Elder American Legion Post #121
- The 50th Anniversary of Emmitsburg's Seton Center
Highlights: The 2019-20 Catoctin FFA Ambassador's announcement
Baked Goods Auction, Auditorium - Bays are welcome!
Grand & Reserve Champion Baked Goods sold

Saturday, September 7
9am-2pm Market Goat, Beef, Sheep and Swine - Fitting & Showing and Show, Ag Center
10am-3pm Pony Rides, Petting Zoo, Face Painting & Farm Animals Display, Upper Parking Lot
10am K-9 Demonstration by Thurmont Police Department, Front Lawn
10:30am Pet Show, Front Lawn
1pm Flower-Sicilia Productions Dance Program, Auditorium
1pm-2pm Thurmont Academy of Self Defense Program, Auxiliary Gym
3-7pm Thurmont Orange's Roast Turkey & Country Ham Supper, Cafeteria
Adults - \$14, Children under 12 - \$7 & Carry-Outs - \$15
7pm 45th Annual Catoctin FFA Alumni's Market Goat, Beef, Sheep & Swine Sale, Ag Center - Bays are welcome!
- Selling approximately 9 Goats, 16 Swine, 10 Lambs and 16 Steers -
7-8pm Thurmont's Gateway Brass Ensemble Concert, Auditorium
8-9pm Richard Trossell Musical Performance, Auditorium

Sunday, September 8
9am Dairy Goat & Dairy Cattle - Fitting & Showing and Show, Ag Center
10am-3pm Pony Rides, Petting Zoo, Face Painting & Farm Animals Display, Upper Parking Lot
Noon until Sold Out Catoctin FFA Alumni's Chicken BBQ, Cafeteria
12:30pm Adults - \$10, Children under 12 - \$7 & Carry-Outs - \$11
1pm Kiddie Pedal Tractor Pull Contest, Ag Center
1pm 36th Annual Catoctin Mtn. Log Sawing Contest, Ag Center
1pm 39th Annual Robert Kaas Horseshoe Pitching Contest, Softball Field
1-3pm Catoctin Mountain Boys Musical Entertainment, Auditorium
3-6pm Exhibitor entries may be removed

Fall is here and that means **BACK TO SCHOOL!**

Jubilee foods
Premium MEATS • SEAFOOD • DELICATESSEN
EMMITSBURG, MARYLAND
www.shopjubileefoods.com

We have everything you need for great lunches and after school snacks!
Meats ~ Deli ~ Bakery ~ Dairy Produce ~ Seafood ~ Frozen

Free Item! Check your email for Great Value's "SATURDAY STEALS" & enjoy a FREE downloadable item, available to download Saturdays only!

2 GREAT WAYS TO SAVE!
DOWNLOAD OUR APP or SIGN UP at www.shopjubileefoods.com. Get our circular emailed to you each week and get limited time deals emailed to you!

EMAIL:

Enter email address & drop off at our Customer Service desk.

As we get Super Deals we will pass them on to you through our email list. Our email subscribers are the first to receive these limited time offers! SIGN UP TODAY!

301-447-6688

We've Gone Mobile! Add Up To 100 Items to Your Cart!
Available on the App Store
Available on Google play

DOWNLOAD our app & start saving today! HERE'S HOW IT WORKS!
DOWNLOAD the store app to your mobile device & create your account.
SHOP the ad, LOAD digital coupons, and PLAN your shopping list!
SCAN your personalized barcode at check-out to SAVE!



1920-076-AUG

Just about every Mountaineer made a visit to campus before deciding to come here.

And why not? You can tour the 1,400-acre campus, meet students and professors, try the food, check out the residence halls, join an information session or a student-led tour, go to classes, have lunch with current students and talk with our admissions team. You can even spend the night!

Schedule Your Visit Today!
msmary.edu/visit

16300 Old Emmitsburg Road | Emmitsburg, MD 21727

